





### About This Book and This Teaching

The teachings contained in the books distributed by the Ascended Master Teaching Foundation are based on the instructions of Divine Beings, also called Ascended Masters. Jesus, Mother Mary, Saint Germain, Moses, Lord Buddha and Confucius are among them. A new phase of their teachings commenced in 1930, when the Ascended Master Saint Germain gave instructions to Mr. Guy W. Ballard on Mount Shasta. These dictations were complemented in the 1950's, when Geraldine Innocente, the twin ray of Ascended Master El Morya, received much new information, consisting altogether of 6000 pages. The title of these new dictations was given as "The Bridge to Freedom Dispensation."

This new edition is a greatly enlarged version of the former title "Mother Mary's Assistance Today in Having Perfectly-born Children." It now includes priceless information of the detailed research of the "Bridge to Freedom Teaching" on the subject of birth, life after so-called death and re-embodiment. The text is presented in simple, easy-to-understand-language.

This type of knowledge originating from the Ascended Masters has never been published, by anyone in such detail and in graded, chronological order. Experiences after death include: meeting family members, judgment before the Karmic Board, assignment by the Karmic Board to Temples of Learning (in preparation for re-embodiment), Mother Mary's assistance and her service at the Temple of the Sacred Heart, the selection process for embodiment, creation of the pattern for a future physical body, preparation and schooling

for new embodiment and how parents are selected. Also included are explanations how to maintain perfect health, the “Fountain of Youth,” how individuals can have a longer life-span and steps that can be taken today to have more perfectly-born and healthy children. In addition, this new edition includes many dictations by Mother Mary on the subject of healing.

Werner Schroeder, who compiled the books “Man, His Origin, History and Destiny,” “21 Essential Lessons” and “The Law of Precipitation,” studied the teachings of the “Bridge to Freedom” for 34 years. He traveled 30,000 miles to verify and research the authenticity of the original teachings of this activity. His search resulted in becoming acquainted with Alice Schutz, a member of the original Board of Directors of the “Bridge to Freedom” and a member of its Philadelphia Group. This relationship enabled Werner to include in this book details provided by Alice Schutz.

Beloved Mother Mary and beloved Jesus are still active today, supporting mankind at many levels. We can call on them for assistance in healing and guidance in our daily affairs.

Ascended Master Teaching Foundation

*Mother Mary's Assistance  
Today*

*Compiled from the Teachings of the  
“Bridge to Freedom”*

*by*  
WERNER SCHROEDER

QuickTime™ and a  
TIFF (Uncompressed) decompressor  
are needed to see this picture.

**Ascended Master Teaching Foundation,  
Mount Shasta, California**

Copyright 2003

Ascended Master Teaching Foundation

Mount Shasta, California

ISBN 0-939051-47-8

**TABLE OF CONTENTS**

CHAPTER 1 FUNDAMENTAL CONCEPTS .....	14
Answering Some Frequently Asked Questions .....	15
Ascended Masters And The Great White Brotherhood .....	20
The First Two New Age Dispensations .....	24
The Teachings of The Bridge To Freedom.....	32
The Ascended Master Teaching Foundation .....	36
The Offices of The Spiritual Hierarchy.....	38
God.....	39
The Karmic Board .....	40
The Seven Chohan .....	43
The Angelic Host.....	44
The Elemental Kingdom.....	45
The Seven Elohim .....	48
The Law of Karma .....	49
The Karma of Omission .....	51
The Redemption of Karma .....	52
CHAPTER 2 LIFE, DEATH AND RE-EMBODIMENT .....	54
Man, a Co-Creator With God .....	55
Man in the Garden of Eden .....	59
Individual Re-embodiment.....	62
The Fall of Man .....	63
The Laggards.....	63
Effect on Individual Man .....	66
Life, "Death" and Re-embodiment.....	67
Preparation for Judgment .....	71
Judgment Before the Karmic Board .....	76
Assignment by the Karmic Board.....	77
Selecting Individuals for Re-embodiment .....	81
Allotment of Karma .....	82
Selection and Meeting of Parents .....	84

**CHAPTER 2 (Continued)**

The Forming of the Etheric Pattern.....	86
The Function of the Temple of the Sacred Heart .....	87
The Formation of the Physical Body.....	90
Final Preparation for Embodiment .....	91
Pregnancy .....	92
Unwed Mothers.....	95
Assistance to Incoming Lifestreams and Their Parents .....	97
Birth.....	99
Physical Appearance of Children.....	100
Unwanted Children.....	101

**CHAPTER 3 CHILDREN AND FAMILY LIFE .....** 105

The Immaculate Concept.....	107
The Importance of Your Birth Date.....	109
The Home as a Temple of the Family Unit.....	110
Working Together as a Team .....	111
The Law of Harmony .....	112
Mother Mary, as Peacemaker .....	114
How You Are Loved.....	118
Gratitude .....	120
Forgiveness .....	122
The Chela's Duty to God and Family .....	123
Celebrating Christ-Mass .....	125
Providing Homes for Advanced Lifestreams .....	127

**CHAPTER 4 GROW MORE BEAUTIFUL AS YOU GROW OLDER**

How You May Become More Beautiful.....	130
Old Age and Disintegration Not Natural .....	130
Grow More Beautiful As You Grow Older .....	131
How to Draw Light to Your Bodies .....	132
How to Have Eternal Youth.....	135
Your God Presence, the Fountain of Youth .....	138
The Restoring Power of the Resurrection Flame .....	139

**CHAPTER 5 THE PHILADELPHIA GROUP OF "THE BRIDGE TO FREEDOM"**

The Background of the Group .....	143
The Record of the Group .....	147

**CHAPTER 6 A PROPOSED PLAN OF ACTION**

Achieving Our Goal.....	190
The Timeliness of Ascended Master Teaching.....	191
Ascended Masters Asking for Our Help .....	193
Relationship Between Ascended Host and Students .....	195
A Team Effort .....	196
Preparing a Purer Vessel.....	198
The Determination to Succeed .....	199
The Chart of the I AM Presence .....	200
Forcefields.....	205
Symbols for Forcefields.....	206
Thoughts are things .....	207
Redeeming Our Karma .....	208
The Importance of Decreeing.....	210
Suggested Daily Application .....	214

**CHAPTER 7 THE TEACHING OF MOTHER MARY**

Mother Mary's Experiences in a Former Embodiment.....	221
Listening Grace .....	226
Mother Mary's Petition for Incoming Chidren.....	228
What Happens Between Embodiments .....	230
Creating the Heart of Incoming Lifestreams .....	233
Mother Mary's Offer to Help the Students .....	237
The Concept of Man Created in the Image of God .....	248
Strengthening the Family Unit.....	253
Angels Are Real Friends and Always Answer Your Call .....	256
Archangel Gabriel Will Help You .....	261

Helping the Angelic Host.....	262
Uninterrupted Harmony .....	270
Love, a Positive Quality.....	272
Loving Someone You Dislike.....	274
Expressing Positive God-Qualities .....	275
What is Grace?.....	276
Raising the Consciousness .....	280
Magnifying Appearances of Imperfection .....	282
Accepting Only Perfection .....	285
Holding the Immaculate Concept of Man .....	286
The Power of Thoughtforms.....	290
How the Ascended Masters Create .....	293
The Conscious Qualification of Energy .....	296
Daily Radiation of the Chohans.....	303
Becoming a Conductor of God-Qualities .....	305
Chelas Acting as Step-Down Transformers .....	307
Group Activity and Forcefields .....	311
Respecting the Radiation in a Sanctuary .....	318
The Law of Healing Explained .....	321
The Establishment of Healing Centers.....	329
Perseverance .....	337
Consecrating Yourself .....	339

**DEDICATION**

This book is dedicated to Beloved Mary, Mother of Jesus, in appreciation for her tireless service in assisting mankind, today, and for her instructions showing students how they may effectively cooperate with the Ascended Host in bringing forth children, born perfect, in mind and body.

## FOREWORD

I had been a seeker of truth since early childhood, but it took many years before I realized the importance of studying the books that contained the teaching of the Ascended Masters.

In 1975 I had the good fortune of becoming acquainted with Alice Schutz, who had attended Mr. Ballard's lectures, which included dictations of the Ascended Masters. This took place in the 1930's, during the "I AM" Activity. Alice Schutz wrote the original fundamental lessons for this group. Later, in the 1950's, she left this organization, and assisted with the recording of the messages that the Ascended Masters gave through Geraldine Innocente. She became secretary of the *Thomas Printz' Private Bulletin*, a weekly publication of the "Bridge to Freedom."

Alice Schutz was kind enough to invite my wife and me to her home, and during a 20-hour interview, we were introduced to the fundamentals of Ascended Master Teaching. When confronted with the question of why the public did not know more about the subject, she said, of existing organizations, "Those who give it out, haven't gotten it straight and those who have it straight, won't give it out." This remark, of course, was given in reference to the countless "channels" of today who give out partial truth, and the two organizations which, in 1975, refused to make the dictations of the Ascended Host available to the general public. This visit established the momentum needed for future work.

At the interview I became acquainted with the fact that Miss Schutz had been a member of the original Philadelphia

Group of the "Bridge to Freedom." However, it was not until much later, that I realized the importance of this, and the opportunity it gave to present, to mankind, the unique accomplishments of this group, which the Masters later characterized as among the greatest accomplishments of any group, in millions of years.

When analyzing these accomplishments, it seems to me that the members did not employ any unique methods. They just followed the routine application of the teaching, recommended by the Masters, to the students. However, this group excelled in one important area, and that was persistence of effort. They were ready to go to the sanctuary to give decrees, at the slightest wish of the Masters. This included having group meetings between Christmas and New Year, when most of the Christian world is busy with parties and visits with relatives. The students of the Philadelphia Group had a higher sense of family. Jesus said, some time ago, "Whosoever shall do the will of my Father, who is in heaven, the same is my brother and sister and mother." (Matt: 12, 50)

I am humbly grateful for the opportunity to compile this book from the myriad of bits and pieces found in the original material of the "Bridge to Freedom."

Now that the record of the Philadelphia Group of the "Bridge to Freedom" has been preserved, it is my hope and sincere prayer that some of the students of today may wish to follow the example given by that group, by following the "Action Plan" outlined in this book.

Werner Schroeder

## Chapter 1

### Fundamental Concepts

## ANSWERING SOME FREQUENTLY ASKED QUESTIONS

### WHO IS AN ASCENDED MASTER?

Mankind, en masse, has forgotten the great Cosmic Laws that govern the Earth and humanity, and has forgotten that there is a divine blueprint for each of us, which, when fulfilled, brings love, peace and happiness into our worlds, and they have forgotten that there is a great Spiritual Hierarchy, which has guarded and endeavored to guide them, for eons of time, to prevent their completely destroying themselves and the Earth.

This great hierarchy, known as the Great White Brotherhood, is composed of Ascended Beings, many of whom lived on this Earth in physical bodies, even as you and I now do, and who, by the understanding and application of the laws governing life, were enabled to "graduate" into a higher sphere of service. They have foresworn serving in those spheres of beauty and perfection, and have remained "prisoners of love," in order to assist the struggling mankind of Earth – when invited to do so – for, by Cosmic Law, they are not permitted to intrude upon the FREE WILL of even the least of men. Jesus, beloved Mother Mary, Buddha, and Moses belong to this Great White Brotherhood.

The Ascended Masters are REAL AND TANGIBLE BEINGS, ready to assist mankind, PROVIDED THEY ARE ASKED TO DO SO. The Masters ask to be recognized as a potential force for the common good of mankind, but they do not demand obedience and do not ask to be worshipped. The Ascended Masters are the Directing Intelligence of the Godhead. They are

God's helpers. It as simple as that.

Through the teachings of the "BRIDGE TO FREEDOM," these Great Beings have given, to you, the explanation of creation, and have answered questions which we all have asked, at some time or other: "WHERE DID I COME FROM?" "WHY AM I HERE?" "WHERE AM I GOING?" The Ascended Masters KNOW the answers to these questions, since they once lived on Earth, as we do. By understanding and applying the principles which helped THEM to gain THEIR ascension, you may gain your freedom, as well.

#### **WHY DO WE NEED THE ASCENDED MASTERS? WHY CAN WE NOT GO DIRECTLY TO GOD?**

No one has ever gained his mastery over all outer conditions, without the assistance of the Ascended Host of Light. The calls that people make to God are actually taken up and answered by these Ascended Masters, who are the messengers of God. The vibrations of the higher spheres are so fine and delicate that very few are able to receive them, clearly enough, to act upon the promptings received. If the Ascended Masters do have, in physical embodiment, a trained and proven contact, who is able to clearly receive their instructions, and if they have the benefit of a special dispensation, granted by the Karmic Board, this makes it possible to transmit new information during the duration of that special grant.

### CAN PEOPLE BE "SAVED" BY VICARIOUS ATONEMENT?

IT IS NOT POSSIBLE for ANYONE TO "SAVE" ANOTHER! THE IDEA OF A PERSONAL "SAVIOR," AND THAT JESUS WILL "SAVE" THOSE WHO BELIEVE IN HIM, IS NOT TRUTH! JESUS WILL GIVE EVERY POSSIBLE ASSISTANCE TO THOSE WHO LOVE HIM AND ASK FOR IT, BUT NEITHER HE NOR ANYONE ELSE CAN "SAVE" YOU, ANY MORE THAN SOMEONE ELSE CAN GET WELL FOR YOU, WHEN YOU ARE SICK! NO ONE IS BORN FOR YOU, NO ONE LIVES FOR YOU, NO ONE DIES FOR YOU, AND NO ONE CAN SAVE YOU. EACH MUST DO THAT FOR HIMSELF!

### WHY DO YOU BELIEVE IN REINCARNATION (RE-EMBODIMENT)?

The arguments for re-embodiment are many. To start off, does it not make sense, that an individual who committed a wrong (by thoughts, feelings, or actions) against God's Law of Harmony, should be responsible for such action, rather than to have somebody else carry that burden for him? Also, is it not logical, that a loving God will give man another chance to right the wrong committed in a previous embodiment? In addition, how can the actions of a prodigy be explained, a person who at the age of 10 composes entire symphonies, without previous training? Does this action not point out that such skill was obtained as part of a previous embodiment?

Most of the Earth's population believes in re-em-

bodiment; the Christian religion of today is one of the few who do not. Several researchers believe the doctrine of re-embodiment was removed from the Bible, as part of the Church Councils of Nicea and Constantinople.

### HOW CAN WE RECOGNIZE A GOOD CHANNEL?

This is, by far, the most frequently-asked question. The most seasoned chelas have difficulty (despite their claims), in mastering the subject of discrimination. It is suggested that the sincere seeker of truth consult the many references given by the Masters on discrimination, as shown in several Bridge to Freedom publications. Here are some major points distinguishing authorized channels of the Great White Brotherhood, from those who are not:

1. On the average of once every 100 years, a cosmic stockpile of energy is given to the Brotherhood. This stockpile is awarded to a particular Master, as part of a special dispensation. This dispensation is used to give out new information on Cosmic Law, the current activity of the Brotherhood, their retreats, and other information that THE INDIVIDUAL CAN USE TO CONSCIOUSLY COOPERATE WITH THE BROTHERHOOD.
2. After initial contact, the new channel is trained, for many years, before he/she is allowed to give dictations to the public.

3. There is never any glorification of the outer self (such as newly-assumed titles). Any semblance of ego or arrogance immediately shuts the door to the Ascended Realm.

4. There is never any condition of trance or losing consciousness, nor losing control of mind or body.

5. A special cherubim (angel) is appointed to the channel, to ensure that there is a continuous, clear line of communication between the Ascended Realm and the physical octave.

6. The true contact knows that all information, so obtained, remains the property of the Great White Brotherhood. As such, it must be shared freely with everyone, and at a reasonable cost. There can be no restrictions, whatsoever, in the distribution of literature.

7. The messenger is aware that the Master who obtained the dispensation, originally, is responsible for replenishing the cosmic stockpile. He went out on a limb, so to speak, hoping that the students would return the energy thus spent, through decrees, visualizations, songs, the distribution of the literature, or translating such material into other languages, for the greatest benefit of all.

8. The true contact practices the rules of spiritual courtesy. He acknowledges and gives credit to other MASTERS of the Brotherhood.

9. A true messenger does not charge for the services he/she performs for the Great White Brotherhood. (Freely have you received; freely shalt thou give).

Channels who do not match, in all respects, this criteria, fall in a different category. They may make a constructive contribution, but they are channeling only PARTIAL TRUTH. Thus, they are unable to give a clear and truly reliable message. So far, 64 individuals have asked to be the channel for the AMTF. All of them were rejected, because they failed to exhibit the high standards that the Brotherhood sets for their authorized messengers.

Many individuals both see and hear on the inner levels of consciousness, and also receive many promptings, which prove advantageous for the GOVERNING OF THEIR OWN LIVES, but these individuals have not been chosen by the Masters to be an instrument who is QUALIFIED to bring forth a WORLD-WIDE INSTRUCTION for an ERA OF TIME!

The accomplishments of the “Bridge to Freedom” are many. Some of them have been reported in the book “The Law of Precipitation.” In this book we shall focus on the efforts and accomplishments of the Philadelphia Group of the “Bridge to Freedom,” as they pertain to incoming children.

#### **ASCENDED MASTERS AND THE GREAT WHITE BROTHERHOOD**

There is only ONE God. He is in every part of life. Every living thing lives, moves, breathes and has its being within the body, intelligence and love of God, at all times.

Embodiment on a planet is the voluntary commitment of

individuals to grow spiritually, to emulate God, and to become co-creators with God, albeit on a smaller scale. Truly, then, "Ye are Gods" in embryo.

The purpose of creation is to allow each lifestream, called forth from the Universal Heart of God, to unfold his spiritual nature, and become master of energy and vibration, through the conscious control and use of his own creative faculties (thought and feeling). In order to become such a Master Presence, the student needs to undergo several tests, called initiations. All lifestreams are given the opportunity to re-embody, a sufficient number of times, to redeem the majority of their misqualified energy, learning the lessons that each life offers.

The goal of all life is the ascension. Once an individual has constructively qualified more than 51% of the energy allotted to him, throughout all of his embodiments, he is eligible to make the ascension and to become an Ascended Master. Then, after having ascended into his spiritual body, called the I AM Presence, the Master has the choice of remaining in the proximity of the Earth, to help mankind, or to advance further. Those who choose to help mankind, join the Great White Brotherhood.

The Ascended Masters are part of a group of divine messengers, who, since the fall of man, have carried the word of God, for the enlightenment of the human race. The Masters ask to be recognized as a potential force for the common good of mankind, but they do not demand obedience and do not ask to be worshipped.

The Great White Brotherhood is not an organization that

an individual can join, while still on Earth. However, one can establish a working relationship with the Brotherhood as a co-worker, by assisting in implementing the plan of the Great Ones. Only by living and expressing the perfection of the heavenly realms on the physical plane, through SELF-CORRECTION OF HUMAN WEAKNESSES AND SERVICE GIVEN, WITHOUT ANY THOUGHT OF FINANCIAL GAIN OR PERSONAL ACCLAIM, can an individual draw himself into association with the Brotherhood. The Ascended Host directs the attention of the chela, but it is up to the student to make the right choices. No individual has ever made the ascension without the assistance of an Ascended Master.

After the "Fall of Man," ways and means had to be devised, whereby the inhabitants of Earth would be awakened to their own responsibility in creating an aura of Light around the Earth, sufficient to meet the demands of the Cosmic Law. Sanat Kumara, as head of the spiritual hierarchy of the world, prepared for this event by founding the Great White Brotherhood. The Great White Brotherhood is comprised of Ascended Beings, who are all specialists along some particular line of spiritual service and endeavor. Members of the Brotherhood live only to serve God. They have forsaken serving in the spheres of beauty and perfection, and have remained "prisoners of love" in order to assist the struggling mankind of Earth.

The service of this spiritual order is to teach interested students Cosmic Law, whereby, with sufficient self-application, they may gain mastery and finally, the ascension.

It is the purpose of the Great White Brotherhood to train Master Teachers for the development of the human race and to show each individual the road back to the Heavenly Father.

In doing so, the Great White Brotherhood is limited by several factors:

1. The help, to mankind, must be warranted and consciously invited.
2. The help is subject to the Cosmic Laws applying to this planet. These laws must be obeyed; any deviation, therefrom, must be approved by the Karmic Board. There must be a very good reason given, in order to obtain a variance. According to these laws, MANKIND'S SPIRITUAL PROGRESS IS PRIMARILY DETERMINED BY SELF-EFFORT and if this effort is not forthcoming, the Masters are not allowed to further assist mankind.

One Master said, "We are allowed only a certain amount of energy, in a given cycle of time, to invest in the evolution of the race. Had it been possible for us to direct and expand our energies, to an unlimited degree through the atmosphere of Earth, without the cooperation and assistance of the mankind which was to be benefited, we should long since have transferred the Ascended Master Octave to and through the Earth, and our task would have been completed. The great, impersonal, Cosmic Law demands a balance for the investment of our energies, in assisting mankind. If we show such a balance, almost without question, the law gives to us additional energies to further our cause." Mother Mary added to this, stating: "WE ARE GIVING YOU EVERY GOD-HELP THE

**GREAT LAW WILL PERMIT, BELIEVE US!"**

3. In order to accomplish its purpose, the Great White Brotherhood is given a Cosmic stockpile of energy, which on the average, is given only once every 100 years. This stockpile is then used to contact an individual to act as a messenger and a bridge, to convey to mankind, the ongoing activities of the Brotherhood and to give out new explanations of Cosmic Law.

Given these severe restrictions, you will understand the joy of each of the members of the Great White Brotherhood, once there has been a good response by mankind, and their efforts have fallen on fruitful ground.

**THE FIRST TWO NEW AGE DISPENSATIONS**

The first "New Age" dispensation was primarily the effort of the Ascended Master Saint Germain. He saw enough reason to carry the message of the Ascended Masters to America and the people of the Earth. The Ascended Lady Master Nada assisted his efforts.

This new dispensation shows an entirely new approach. Saint Germain did not use, as a foundation, any established religious teaching, and add to it. He and other Ascended Masters made no attempt to revive Theosophy, and only sparingly did they refer to the Vedic literature of India. Starting totally anew, Saint Germain, and other Ascended Masters, explained Cosmic Law in clear terms. The method of instruction was based on logic and common sense. In addi-

tion, the Masters added their radiation, which helped the instruction gain acceptance through the feeling nature of the students. Saint Germain gave out this new message in America, which, at this particular time period, is to be the leader of the human race. He presented, to the world, a new style of Ascended Master Teaching.

There were changes in the substance of the teaching, as well. For the first time, since the sinking of Atlantis, the Ascended Masters could give the knowledge of I AM Presence and the Violet Flame, in public (The Violet Flame erases the karma of the past). Before this time, it was only permitted to be given in retreats, to people of considerable spiritual advancement.

Under the dispensation given to Saint Germain, instructions did not need to be veiled. Mysticism is no longer the requirement of the hour. The Occult Law had governed all religious teachings prior to this event. Under the Occult Law, certain truths could not be given simply and directly, but had to be veiled in parables, myths, legends, plays, or phrased in such a way that only an initiate, and not the masses, would understand. When Plato, an initiate in the mysteries of the Occult Law, wrote about Atlantis, he did it in the form of a dialogue.

For these reasons, commencing with this dispensation, Ascended Master Teaching did assume a new approach, unique from any other previous method of instruction, and this effort by Saint Germain has been labeled by the Masters "The beginning of a New Age."

When Saint Germain first conceived the idea of putting

forth this work, he explained, to the Master called the Great Divine Director, that he had two people in embodiment (Mr. and Mrs. G. W. Ballard), whom he felt were strong enough to carry his message. The Great Divine Director asked him if he were certain of this. Saint Germain replied, "I shall try it out, and we shall see!"

The messenger, Guy W. Ballard, first met Saint Germain in August of 1930, on Mount Shasta. After the experiences on Mount Shasta, Mr. Ballard returned to his home in Chicago, where further explanations were given him by Saint Germain, as part of many discourses. These instructions were given to the Ballards via the Light Ray and the Sound Ray. Some were delivered by Saint Germain, in his Ascended Master Body.

Following this period of preparation, the work of the "I AM Activity" was started, in 1935. Mr. Ballard gave classes, and talked to large audiences all over the United States. Mrs. Ballard talked over the radio. Together they reached hundreds of thousands of people.

With the introduction of the I AM Activity, the Masters, for the first time, placed emphasis upon the art of invocation. They explained that the students could best support their efforts if they would employ the power of the spoken word, called decreeing. The student body responded to this request, and this helped, greatly, to bring about a manifestation of the plan of the Great Ones.

Often, Mr. Ballard did not know what he was going to talk about. All he knew was that Saint Germain requested that he rent a certain auditorium, in a certain city, on a cer-

tain date. After this was done and the audience was assembled, Mr. Ballard stepped to the platform. There appeared, before him, two-inch high letters of "golden living light." Those messages he read to the audience. Some people in the front row also saw those letters of light.

Brother Bill (William Cassiere), a messenger appointed by Saint Germain to work with the Ballards (and who, many years later, became a member of the Ascended Master Teaching Foundation), told us he "saw the letters of living light, several inches high, both from the front row and from the back row."

Twenty thousand healings were attributed to Mr. Ballard. Many people were healed while attending the lectures. Is there any greater proof needed, for the validity of the message and the quality of this messenger? Jesus said, "By their fruits shall ye know them."

In April of 1936 Mr. Ballard had qualified for his ascension. He decided to continue with this instruction, to help Saint Germain bring in the Golden Age. Mr. Ballard made his ascension on the last day of 1939. He had lectured to the very end.

In 1951 the Ascended Masters Saint Germain and El Morya were able to obtain a second dispensation, and additional details of Cosmic Law and the history of mankind were given. The Masters emphasized the new dictations were not to serve as a substitute for the earlier teachings, but as a supplement to the former. The main reasons for the new endeavor, later called "The Bridge to Freedom," as given by the Master El Morya, were as follows:

1) After the ascension of Mr. Ballard, the dictations and publications of Saint Germain's dispensation were no longer available to the general public. None of the material was ever translated by Mr. Ballard's successors. This was done against the wishes of Master Saint Germain, who had urged, repeatedly, to have these publications distributed on as wide a basis as possible.

Why is the Great White Brotherhood so concerned about getting this message out to all of mankind? It is because the Law of Conservation of Energy applies just as much to the Ascended Masters, as it does to mankind. The tons of energy, released by the Great Ones, need to be returned by mankind. How can this energy be returned if new students do not have access to the original dictations?

El Morya stated, "If the students are not given an opportunity to learn the Law, and are denied, by language restrictions, and by not having access to the tremendous accumulated store of wisdom that lies unprinted, how can they be counted upon to contribute their Light?" "It was the purpose of reaching these millions, that this endeavor [the 'Bridge to Freedom Dispensation', Ed.] was started, not as a new activity, but as a complement to the former, a supplement, not a competitor."

It was primarily for this reason, that the Masters had to look elsewhere, to carry forward their message. Starting in 1946, Geraldine Innocente, the twin ray of the Ascended Master El Morya, received dictations. She gave these dictations to a small group of students. However, it was not until 1952, when El Morya received a 20-year dispensation to give

new aspects of Ascended Master Teaching, that Geraldine became an authorized messenger of the Great White Brotherhood.

As an express condition for being granted the dispensation, El Morya had to agree to replenish the cosmic stockpile of energy, himself (through increased application, such as decreeing) if there was an inadequate response from the students. Again, here we see the Law of Conservation of Energy in action.

Geraldine had been embodied, several times, as an Oracle of Delphi. The Masters were able to use Geraldine, as a channel, by accelerating the vibrations of her mental and emotional bodies. Frank C. Pita and Mrs. Francis Ekey volunteered to become the manager and associate editor of the monthly "Journal of the Bridge to Freedom." Its first publication occurred in April, 1952. Geraldine's mother, also the twin ray of an Ascended Master, helped; she wrote articles in the Journal under the pen name of "T.D. Marches." El Morya became the editor of the Journal, using the name "Thomas Printz." According to El Morya, he chose the name Thomas from his former embodiment as Thomas Moore, an Irish poet. So, "Thomas is printing," became "Thomas Printz."

2) El Morya reasoned that a well-meaning student cannot consciously cooperate with the Ascended Masters, unless he knows what they are doing. Intuition is fine, but it is insufficient for billions of lifestreams stumbling through the blind mazes of human creation. He stated, "How can a Hierarchy direct the progress of the race, unless it can reach the consciousness and outer mind of the lifestreams who are in

distress, through a bridge, a link, a connection over which our counsel may reach mankind."

The Spiritual Hierarchy meets twelve times a year, at different retreats. As part of this gathering, a certain amount of radiation is given to the people of the Earth. Mankind, not knowing of these events, does not respond and offer energy, in return. Consequently, the Masters are prohibited, by Cosmic Law, to continue this effort beyond a certain point. There was a great need to acquaint students with the knowledge as to which retreat would be open during a particular 30-day cycle, and to have the students return the energy sent by the Masters.

3) Thanks to the efforts of the student body, more than the original amount of energy available to the Masters, in 1935, was available in 1952. This could be used for a new effort.

Once El Morya had received his final dispensation, all members of the Great White Brotherhood joined his effort. The scope of the message was enlarged. It included many details of the early history of mankind (reported in the book "Man, His Origin History and Destiny"). Also given, for the first time, were the following subjects:

How to gain mastery over the four lower bodies and how to pass the Seven Initiations necessary to gain the ascension, in this embodiment

How to mitigate and transmute the karma for incoming children

The purpose and function of the body elemental

Past embodiments of some Masters and some students

The colors, qualities and activities of each of the Seven Rays.

The names and activities of the Seven Archangels, their Archaii, the Seven Elohim, their Divine Complements, and the ray on which they serve. Most of them gave addresses for the first time (described in the books "The Angelic Kingdom" and "The Seven Mighty Elohim Speak.")

This time the wishes of the Masters were followed, and some of this work was translated. New groups came into being. This created new permanent forcefields, magnetic centers which drew angels closer to the Earth and which gave the Masters greater freedom in bringing forth specific instruction and radiation. Of this effort, the Masters said that the task of the "Bridge" will never be complete, until the very last lifestream has crossed over it, on the way to his ascension.

Geraldine Innocente ascended in June of 1961. Unfortunately, after her passing, most of her channeled dictations were no longer published.

### THE TEACHING OF THE BRIDGE TO FREEDOM

Ascended Master Teaching is not new. It has been presented, throughout the ages, through several enlightened individuals. In the nineteenth century Joseph Smith, Mary Baker Eddy and Helen Blavatsky were among those sponsored by the Hierarchy, and they were able to bring forth certain phases of Cosmic Law.

Just prior to 1919, the Ascended Master Djwal Kul received a dispensation, to present a portion of the Law of Life, through the messenger, Alice Bailey. Later, Baird Spaulding acquainted the western consciousness with some of the teachings of the Ascended Masters through his books, "Life and Teachings of the Masters of the Far East."

Ascended Master Teaching is a harmonious blend of Western and Eastern teachings. It complements the consciousness of the Orient (which is predominantly worship) with the vital energies of the Western consciousness (which is predominantly works). It is the teaching that was originally recorded in the New Testament. Later, according to the Masters, the Bible suffered through many translations, and was embellished by many personal imprints. The Masters stated that Genesis, and all of the succeeding Biblical chapters, needed to be rewritten. This time the text was written by Ascended Beings.

Ascended Master Teaching stands on its own, and is neither Christian, Moslem, Jewish or Hindu. It may be called the root, the Fountain of Truth, from which all known religions had their source.

We are talking about scientific, demonstrable principles. Sincere seekers of truth now have the opportunity to study and apply this wonderful teaching. This way the student may walk the path of Light, through which, alone, permanent happiness may be found.

No emphasis is placed on psychic phenomena. We go beyond the psychic realm, into the Realms of Light, the octave of the Ascended Masters and their activities.

Ascended Master Teaching is presented in a loving, suggestive way. The Ascended Ones never threaten or demand obedience. They explain that true knowledge should be shared, but never forced upon anyone. The Masters of Wisdom offer guidance; it is up to each individual to select his own path.

If a student looks at the simplicity of the language employed, the many fields covered, and the type of detail given, one realizes that THE ORIGINAL PRESENTATION, AS GIVEN THROUGH GERALDINE INNOCENTE, IS UNIQUE, AND APPLIES TO TODAY'S CONDITIONS, AS WELL AS TO THE FUTURE.

The Ascended Masters placed great emphasis on the need to form study groups. By attending these study groups, individuals are not only given the opportunity to learn about the Law, but also to offer the Masters much needed energy, through songs, visualizations and the use of the spoken word.

For those interested in the history of mankind, Ascended Master Teaching offers fascinating details of the Garden of Eden, the "fall of man" and of ancient continents and civilizations.

The Great Ones called Geraldine Innocente a “temporary contact.” They knew that this contact would last for a limited number of years. Therefore, they utilized her, as much as possible. In the span of nine years, about 6,000 pages of dictations were published.

Regarding the “Bridge to Freedom Activity,” Archangel Uriel stated, on May 16, 1954:

“Genesis and all of the succeeding Biblical Law is being written again. It is being written, now, not by unascended beings, but by God-free Beings. It is a Bible made up of the energies of the Archangels, the Cosmic Beings and the Ascended Masters, that will stand for the rest of the civilizations being brought forth on this planet, Earth.”

The beloved Maha Chohan added, on May 20, 1956:

“You may be given too much of the Law for your outer minds to digest at one time. However, we feel that, for the sake of those following after you, an entire evolution of people, who would, perhaps, benefit by the instruction that you may never even need to use, we had better take advantage of the temporary contact between the Ascended Masters' Realm and the human, and get as much of this Law, to you, as possible. We are writing an entire Bible, that will live and be read by millions of people, long after you have come home.”

The Masters of Wisdom stated that the effort, started in 1930, is the last effort to free mankind. The overall plan is to redeem the Earth quickly, restore it to perfection, and bring mankind, again, into conscious communication with the As-

cended Host, so that a NEW, GLORIOUS, GOLDEN AGE MAY MANIFEST. In this New Golden Age, science and history will work hand-in-hand with religion, and religion will no longer be a matter of ceremony alone. It will be a matter of daily, hourly living.

Ascended Masters are still at work today. Assistance by the Masters of Wisdom comes through many avenues, and no one particular individual or organization can claim the exclusive radiation of the Great Ones. Some organizations, however, teach higher concepts of truth, and explain God's Law – Cosmic Law – more fully.

Commenting on the dictations of the 1930's and 1950's, the Masters emphasized that the material given mankind was ten times more than that required, to gain their ascension. Hence, the requirement of the hour is to focus on the teachings given by the Ascended Host, through these two authorized messengers, and to disseminate the works of the Ascended Masters.

### **THE ASCENDED MASTER TEACHING FOUNDATION**

Unfortunately, after the ascension of Geraldine Innocente, in 1961, the earlier mistakes were repeated. Again, the messages of the Masters did not find the widest possible distribution. After 1961, less than 5% of the original material was published. There was the danger that most of this precious material would be lost to mankind. During the summer conference of the "Bridge to Freedom," in 1979, it was announced that the "Bridge to Freedom" had accomplished its goal, and that its name was now changed.

Two group leaders of the "Bridge to Freedom," who attended this conference, did not feel that this decision was done in accordance with the wishes of the Ascended Host. The Masters had stated that the task of the "Bridge" would only be complete, after every member of the human race had passed over this spiritual bridge, connecting the human realm to the divine realm, and gained his ascension. This experience, and the unwillingness of the leaders of the "Bridge to Freedom" to publish most of the original dictations, led to the establishment of the AMTF, as a non-profit corporation, in 1980.

Over a period of twelve years, all of the material that was originally published by the Bridge to Freedom, was recovered and re-published. It is now freely available, in its entirety and original purity, without additional channelings. The AMTF was founded for one purpose alone, namely, to save the original dictations of the Ascended Host from oblivion, to again make them available to all mankind and to com-

plete the plan of the Masters for the “Bridge to Freedom.” The AMTF now features a most complete literature in the field of the teachings of the Ascended Host.

If a student seriously investigates this teaching, he will find that the material of the original “Bridge to Freedom” is authentic, stands on its own and needs no updating by one of today’s channels. If practiced, it will enable the student to make the ascension in this embodiment. These instructions are timeless; they apply to mankind’s situation of yesterday, today and tomorrow. The Masters called this material, “the New Age Bible, written for generations yet to come.”

HOW FORTUNATE WE ARE THAT SO MUCH MATERIAL WAS GIVEN TO US, MORE THAN ENOUGH, TO MAKE OUR ASCENSION IN THIS EMBODIMENT.

All are cordially invited to participate in the worldwide activities of the AMTF.

## THE OFFICES OF THE SPIRITUAL HIERARCHY

### Introduction

The structure of the Hierarchy of the Earth may be compared to that of a business such as General Motors. There is always another level of supervision. So does the great Godhead have many assistants of varying grades in charge of each one of the different departments of life, who report to their superiors. The Ascended Masters and Cosmic Beings are the directing intelligence of the Godhead. They are God's helpers. There is a great God-Being in charge of every department of life. Some work with individual mankind, others with groups, nations, the elemental kingdom and nature. Others work with the angelic host, but each is a specialist in his or her particular field of service.

The purpose of creation, as well as the sustenance of any system of worlds, is to allow each lifestream, called forth from the Universal Heart of God, to unfold a spiritual nature and become master of energy and vibration, through the conscious control and use of his own creative faculties (thought and feeling). In order to become such a Master Presence, the student needs to develop, within himself, the qualities of the God-parents. All lifestreams are given the opportunity to re-embody, enough times, to redeem a majority of their misqualified energy, learning the lessons that each life offers.

Embodiment is the voluntary commitment of individuals

to grow spiritually, to emulate God, and to become co-creators with God, albeit on a smaller scale. The ascension is the goal of all life. Embodiment on Earth gives one the opportunity of becoming a co-creator with God, at some future time, together with the ability to create planets, suns, and entire solar systems. When 51% of all of the energy given to an individual, during all of his embodiments, has been qualified in a constructive way, and after passing various initiations, the ascension may be achieved.

### God

GOD, THE GREAT "I AM," IS THE CREATOR, OWNER AND GIVER OF ALL LIFE IN THE UNIVERSE. His powers, abilities and consciousness are beyond human comprehension. There are Great Beings that govern several galaxies.

A galaxy is composed of the Central Sun and several planetary systems. Each planetary system consists of one sun and several planets.

The foci of the Godhead of our galaxy and planetary system are the Central Sun (governed by Alpha and Omega) and our Sun (governed by Helios and Vesta). The Beings Alpha and Omega are the supreme authority governing this galaxy. They administer Cosmic Law applicable to this galaxy and they direct the activities of the Central Sun. Alpha and Omega distributed elemental life substance to Helios and Vesta, who are the authority for the planetary system of which our Earth is part. Helios and Vesta, in turn, provided

the Electronic Body of the I AM Presence for each individual in their system.

It is the nature of God to allow his children the opportunity of becoming co-creators with him. The purpose of embodiment is to master energy on a lower vibratory plane. Thus, in the denser substance of the Earth-plane, mankind learns how to wield the powers of thought, feeling, spoken word, action, and to consciously create as the Father does.

Creation is more difficult on a lower vibratory plane, than on a higher one. Hence, individuals who have had this additional experience, and have gained mastery, have the opportunity to progress farther than those electing to have no embodiment.

### **The Karmic Board**

The KARMIC BOARD has the following responsibilities:

1) To administer Cosmic Law (the laws of the galaxy as they apply to the planet, Earth). The decisions of the Karmic Board are final. It meets twice a year, to consider petitions from the Great White Brotherhood, and from unascended beings. Those petitions that are backed by the largest amount of energy, have the greatest chance of being approved (generally, those petitions with the greatest amount of support from both the human kingdom and ascended realm will be chosen).

2) To open the Book of Life, which is the summary of the experiences of the last embodiment for each individual who

passed through the experience called death, showing the individual how he used the energy of the last embodiment, in a constructive way or otherwise.

3) To grant or not grant individuals the opportunity to re-embodiment at a certain place, at a certain time.

"No lifestream receives, in any embodiment, more karma than his development will allow him to completely transmute, within that lifetime. There is no disease, no distress or condition which, through the Law of Justice and Mercy, is to be experienced by any lifestream in that embodiment, that is greater than the developed consciousness and power of the individual to whom that karma rightfully belongs. This is the Law, and you may tell it from the housetops." (Kwan Yin)

The Karmic Board does not have the prerogative to allow only chelas of Ascended Masters to embody. The masses must also come in, for spiritual development and mastery. Therefore, the members of the Karmic Board are not beings waiting to mete out punishment. Their one service to God is to find ways and means by which each individual can be given the greatest opportunity for spiritual progress, to balance his debt to life, and to complete the goal of all life, the ascension.

The tremendous fear and dread which the orthodox world has induced, in mankind, concerning the day of judgment, is unfounded and unfortunate, indeed. It is primarily built upon the fact that very few individuals live up to their promises to the Light, and, therefore, reap the fruits of their harvest. The Karmic Board is a merciful body of helpful intelligences, not a scourge to punish the bewildered lifestream.

The Karmic Board meets every year at the end of June, and also at the end of December, and has done so for a long period of time. During these time periods, petitions that may benefit the spiritual development of the human race, are courteously heard. Petitions may be submitted by Ascended Masters and by students. Students wishing to submit petitions should write them down, in ink, during the period from June 16 to June 20 and from December 16 to December 20. They should then project them, in consciousness, to the Keeper of the Scrolls, at the Teton Retreat. Here they are placed on a gigantic bulletin board.

Later, they are discussed and, perhaps intermingled with other petitions of Masters and students. They will be acted upon by July 4 and January 4, of each year, by the Karmic Board. Which petitions are given preference? It is those that are backed by the largest amount of energy. The student must be prepared to offer additional energy of application, such as decreeing, in support of the petition.

The decisions of the Karmic Board, in connection with the disposition of the affairs of mankind, are final, except in instances where petitions are placed before it and "dispensations" are granted to accelerate the progress of the race.

The current members of the Karmic Board are Portia (Goddess of Justice, Spokesperson for the Board), the Goddess of Liberty, Nada (Goddess of Love), Pallas Athena (Goddess of Truth), Elohim Vista, Kwan Yin (Goddess of Mercy), and the Great Divine Director (Manu of the Seventh Root Race).

#### THE SEVEN CHOHANS

A Chohan is in charge of each one of the seven rays. Each of the seven rays radiates a certain God-Virtue to the Earth (for example, truth or love). The word "Chohan" means "Lord." "Maha Chohan" means "Great Lord" (He supervises the action of all seven rays).

#### **Names of Present Chohans and Their Retreats**

First Ray: El Morya — Temple of God's Will, Darjeeling, India

Second Ray: Lanto — Teton Retreat, Wyoming

Third Ray: Paul the Venetian — Liberty Retreat, Marseille, France

Fourth Ray: Serapis Bey — Luxor, Egypt

Fifth Ray: Hilarion — Temple of Truth, over Crete

Sixth Ray: Nada — Mt. Meru, South America

Seventh Ray: Saint Germain — Retreat at Transylvania, Romania

### THE ANGELIC HOST

After the Earth was created, the angelic host was directed to guard and nourish the spiritual nature of mankind, to radiate the seven God-qualities into the evolving God-consciousness of mankind. This helps to develop individual mastery.

The angelic host is under the direction of the seven great Archangels. Each of the seven Archangels embodies, guards and radiates one of the seven God-virtues, or rays, as do all angels. To gain the ascension, the chela must master the God-virtues of all of the seven rays.

The seven Archangels were the first to hold the offices of the Chohans (Lords) of the seven rays of creative power. They embody the FEELINGS of the Father-Mother God, as the Elohim embody the MENTAL qualities. In the 1950's, for the first time in centuries, the seven Archangels came forth to give discourses to the students of the Bridge to Freedom, at Saint Germain's invitation.

The names of the Archangels and those of their Archaii (divine complements) are:

Ray	Archangel	Archaii
1	Michael	Faith
2	Jophiel	Constance
3	Chamuel	Charity
4	Gabriel	Hope
5	Raphael	Mother Mary
6	Uriel	Donna Grace
7	Zadkiel	Amethyst

Millions of years ago, when we first took embodiment, an angel volunteered to minister to us, to help us on our journey toward our goal of expressing God in a sphere of lower vibration, on a planet. This beautiful being called a "Ministering Angel," has served our very needs, embodiment after embodiment, in spite of our transgressions and misqualification of energy.

This angel daily blesses us, with his feelings of divine love and grace, thus helping us to maintain peace, regardless of human aggravations. Prior to being joined with our individual lifestream, this angel was trained at inner levels, for this specific endeavor. Therefore, our ministering angel is well acquainted with the task of the individual – namely, to express the God-virtues of the seven rays. This precious angelic being has vowed to stay with us, until we have reached our ascension.

### THE ELEMENTAL KINGDOM

When the Earth was first created, it was made beautiful by the nature kingdom. Under the supervision of beloved Virgo (Director of the Earth Element), Amaryllis, who is the Goddess of Spring, and the Maha Chohan (the Great Lord of Rays), beautiful flowers, shrubs and trees were brought forth. Mighty Neptune (Director of the Water Element) created the crystal-clear waters; beloved Aries (Director of the Air Element) brought forth the air, which the children of the Earth breathe. The angels came as guardians of the God-

virtues, and the divine plan was for the three kingdoms – the elemental, angelic, and human kingdoms – to serve together, each one evolving ever upward, into greater perfection.

Elementals were created to SERVE MANKIND through their own particular element; the salamanders served through fire, the undines through water, the sylphs and fairies through the air, and the gnomes through the earth element. Some are called nature spirits and nature devas. Elementals are the workers of nature. They may supervise the creation of a garden and mountains, valleys, and lakes. The elemental kingdom evolves, from the tiniest intelligence, into builders of form, nature devas, Elohim, and Directors of Elemental Life (air, water, earth and fire). The Maha Chohan works closely with the elemental kingdom.

The builders of form create the physical bodies of mankind. They perform this service together with beloved Mary (mother of Jesus), who forms the heart. They are the invisible expression of God's creation, molding electronic light substance into an etheric pattern, which acts as the mold for the physical body.

Before taking his first embodiment on Earth, each individual was called before the Karmic Board. In a solemn ceremony, he was joined with an elemental being, called a "body elemental." At this ceremony, the body elemental assumed the obligation to stay with the particular lifestream during each embodiment on the physical plane, until the individual reached his ascension.

It is the main purpose of the body elemental to perform certain "involuntary functions" of the physical body, such as

breathing and taking care of the proper functioning of the organs in the physical body. In addition, this elemental keeps the physical body, as well as the etheric, mental and emotional bodies in good repair, and, in all ways, endeavors to make the physical body a habitable temple.

Both the builders of form and the body elemental cooperate, in the creation of the physical body, during pregnancy. It is through the effects and use of their life, that these little beings supply mankind with the garments of flesh which they wear, the water they drink, the food so abundantly supplied, the air they breathe, and everything required to sustain man on Earth. The divine plan was for man to be SERVED IN LOVE and, in turn, MANKIND WAS TO POUR LOVE AND GRATITUDE and blessings back to the elemental kingdom.

Elementals range, in size, from less than one-eighth of an inch, to eighty feet. There are some large undines of that size, in the oceans. Elementals, in their natural state, act only in divine love. Their nature is to mimic, or outpicture, that which they see. They are primarily mental beings (elemental meaning "mind of God"). Young children often see and even play with fairies and other beings of the elements, for which (if they let it be known) they are usually chastised by their parents and others.

### THE SEVEN ELOHIM

The seven Elohim are mighty beings of love and light, who responded to the invitation of the Sun of this system and offered to help manifest the divine idea for the system, created in the minds and hearts of our beloved Helios and Vesta, God and Goddess of our physical Sun. Through ages of time, the Elohim have learned to use, successfully, the creative powers of thought, feeling, spoken word and action, as God intended them to be used, from the beginning. In a cooperative endeavor, the Elohim drew forth our entire system in perfect manifestation, of which system the Earth is just one, small planet.

Great nature devas serve, with the seven Elohim, to create and sustain the beauty of nature.

The seven Elohim represent the mental activities and qualities of the Creator. A tiny flame from each of their lifestreams is anchored in the forehead of every individual embodying on Earth. Through this sevenfold flame, the Elohim extend their faculties and consciousness into every lifestream.

### THE LAW OF KARMA

Let us start at the very beginning of creation. Every individual, just before his embodiment, is given the following comforting words by the Goddess of Liberty: "You are at liberty, beloved ones, to take pure and primal substance into the earth-plane. You are at liberty, beloved, to utilize life as you will, in the appearance world. You are at liberty, beloved, to call on any and all of us [Ascended Beings, Ed.] as you may choose, to assist you when the momentums of energy of your own world seem insufficient to handle conditions and to radiate the Light to fulfill your divine plan."

During the time period called "The Garden of Eden," there was no discord. Life, in all its expressions, manifested only in a perfect way. Man worked only to perfect himself on the physical plane, to bring the perfection of the heavenly realm into a lower vibratory level. Since there was no dis-harmony, there was no karma, and since there was no karma, there was no need for a Karmic Board.

It was only after the event called "The Fall of Man," that things changed drastically, and mankind accumulated karma at a rapid pace. It should be understood that, when we speak of "karma" we are always using it in a negative sense. It shows the recoil of using energy in a discordant manner. If we use energy in a constructive way, we use the word "ac-cumulated good." This is stored in the Causal Body.

What did the Great Ones say about the law that governs karma? Let us quote: "The glorious, pure energy of God, each electron of which contains the fullness of the divine plan, continues to flow for the individual's use, under the conscious direction of the I AM Presence. For every electron

LOANED to the individual, shall be rendered an accounting. Energy is man's to command. Energy becomes power through use, whether through the wielding of a sledge hammer, or in using the power of God-Almighty to build a momentum of victory, in commanding the electronic light to manifest a decree.

This Law of Balance is also referred to as the Law of Retribution, as set forth in the old axiom, "as you sow, so shall you reap." It was not intended as a threat of punishment to evil-doers, but as an expression of the mathematical precision of life, that one must so sow the seed of perfection in concise, mathematical accuracy, that the reaping will be in exact proportion to the sowing.

It is not generally understood by mankind, that as self-conscious expressions of life, they are held responsible, by Cosmic Law, for every particle of this precious energy received from the heart of the Godhead.

Every individual has created a certain amount of, what is loosely referred to as destructive karma, in his earth-life, since the fall of man. This karma acts on many planes, its action determined by which body is the chief offender. For instance, the physical body, performing acts of violence, releases a tremendous amount of misqualified energy, that sooner or later attaches itself to the physical body. Likewise, acts of discord on the mental plane, such as crimes of mental cruelty, result in the mental element being charged with the vibratory action and stamp of the individual. At some future time, these pressures return to the mental body. Individuals who perform acts of emotional cruelty, charge the substance of the emotional plane with certain vibratory ac-

tions, which will be recorded in the emotional body of the individual.

When a discordant vibration is emitted from an individual, the distance it covers, before returning, depends on the intensity in which it is projected, both on its outward and also its homeward journey. It obeys the Law of the Circle and while it is absent from the aura of the individual, who is responsible for its projection, it attracts, to itself, vibrations corresponding to its own rate. So, by the time it completes the circle and returns home, it is accompanied by a good number of the same quality of thought and feeling vibrations with which it started.

#### THE KARMA OF OMISSION

Now, there is the karma of commission and omission. A karma of commission means the use of energy in a discordant way, whereas the karma of omission means to omit something that we really should be doing. For example, if a Master has given a certain dictation that is recorded in some book, and a lecturer puts this information in his own words, but misinterprets the Masters' dictation, through insufficient study and preparation, then this is an example of the karma of omission. Also, when the "Bridge to Freedom Dispensation" was given to beloved El Morya, the following warning was given to El Morya, "If the students do not return the energy of the dictations through study and application, you are creating karma [of omission, Ed.] for them, and you, yourself, will have to make up that karma through application, in doing some constructive project." It was only after agreeing to this provision, that the dispensation was granted

by the Karmic Board. This is also the reason that gurus, in the East, give out the "Laws of Life" very sparingly.

Here are other examples of the karma of omission, as given by the Great Ones: "Those of you who do not now have financial freedom, at one time did have much wealth to contribute to God's Plan, and you withheld it, or used it freely for personal pleasures. Others, who have limitations of mind and body, had, at one time, perfect health and opportunity to serve God, but used those minds and bodies for baser ends."

#### THE REDEMPTION OF KARMA

Under the action of the Occult Law, the redemption of misqualified energies was only possible through suffering and disease. The Occult Law was set aside in 1930, by the Cosmic Being Victory. Now this energy can be redeemed and set free through a variety of methods, involving individual effort and application of the instructions of the Ascended Masters.

The primary means of transmuting karma is by calling to our I AM Presence and the beloved Ascended Master Saint Germain, to blaze forth the Violet Flame. Everyone has had more than 100 embodiments, and all of us have accumulated a great deal of karma. Since, as students of the Light, we know of the Violet Flame, and karma is returning to STUDENTS at a much faster pace, the Cosmic Law expects us to use that flame, more than once a day.

It is better to use the Violet Flame two or three times a

day, for a minimum of say five minutes, than to use it for a half hour one day and then not at all the next. As you can understand, however, its use for periods of longer duration will be more efficacious.

Now there are other ways of redeeming karma. For example, karma may be redeemed through decreeing, individually, or in groups. We can redeem a portion of our karma and that of others. This method was used by the Philadelphia group of the "Bridge to Freedom." This group deserves the most credit in enabling hundreds of thousands of babies during the year 1954, to be born with perfect bodies, instead of being born blind, of unsound mind or with crippled bodies. How this was done will be discussed later in this book.

Another way to redeem karma is by use of the Law of Forgiveness. When we call on the Law of Forgiveness, we should do so just prior to calling the Violet Flame into action.

At the end of each year there is established, over the Royal Teton Retreat, a lake of violet fire, called the "Violet Fire Cauldron." This "Violet Fire Cauldron" serves to redeem the karma committed through unintentional actions during the past year. The lake, itself, is one thousand feet in diameter. On the last days of each year, every individual is placed in the essence of the "Violet Fire Cauldron." Since, as students of the Light, we know of this activity, we can call on the Angels of the Violet Flame to bathe us many times, in this lake of violet fire, each time transmuting some of our unintentional karma.

*Chapter 2***Life, Death And  
Re-embodiment**

**MAN, A CO-CREATOR WITH GOD**

In order to embody, to function on the physical plane, and go through the experience world, every individual must have seven bodies. Of these seven bodies, three are higher bodies, which are divine and already perfect. The remaining four, known as the "lower bodies," contain energy which must be redeemed and transmuted into perfection, by the individual who has imposed imperfection upon them, through many ages of living.

The three higher bodies function in the octave of the Ascended Masters; the four lower bodies operate in the lower-vibratory astral, or psychic plane, which contains mankind's misqualified energy. All seven bodies contribute, in some manner, to the consciousness of the individual. The three higher bodies are: the I AM Presence, the Causal Body, and the Christ Self (also called "Holy Christ Self" or "Higher Mental Body"). The four lower bodies consist of the etheric body, the mental body, the emotional body, and the physical body.

The three higher bodies hold a consciousness of perfection, but the four lower bodies are constantly adding to the sum total of the consciousness of the lifestream, through their reports of good and evil. These lower bodies, by reason of their limited unfoldment, accept the appearance world at its face value, and add to the conglomerate mass of human thinking, which forms the average consciousness of mankind, as a whole.

In the undeveloped student, these four lower bodies look like ovoids. However, the more spiritually-developed the cheila becomes, the more form these bodies take on. Then, your

emotional body has a figure and so have your mental, etheric and physical vehicles. This may be verified by those having the gift of inner sight.

The relative position of the four lower bodies is as follows:

1. Interpenetrating and extending 4 to 6 inches around the physical body, is the etheric body.
2. Interpenetrating and extending around the etheric body and the physical body is the mental body.
3. Interpenetrating and extending around the mental, physical and etheric bodies is the emotional body, the largest of the four lower bodies. The emotional body extends 3 feet from the physical body, and in some persons, more than that.

The **I AM Presence** is the individualized focus of God, connected to the heart of the physical body through the silver cord. It is the "real you," the being through which you will function, after you have achieved your ascension. It is the God within you, and knows only perfection, and is ever pouring it forth, expanding it. It is your permanent self, which never dies. This individualized focus has the potential power of the God-parents. Therefore, we may say that man is a co-creator with God. The Threefold Flame, in the heart of man, provides anchorage of the I AM Presence to the physical body.

All of the constructively-qualified energy, gathered during all of your embodiments, is contained in the great reservoir of good and perfection, shown as seven concentric cir-

cles of color around the I AM Presence. This is known as the **Causal Body**, and, within this body, are stored the “treasures in heaven, which can neither be stolen, rust, nor decay.” The Causal Body contains the “accumulated good” – the opposite of karma – which is the energy qualified in a harmonious manner, through all of our embodiments.

The **Christ Self** is the PROVISION WHICH THE I AM PRESENCE HAS MADE, TO GIVE US ASSISTANCE IN THE HUMAN WORLD. Therefore, we may call it “the tool of the I AM Presence.” It is a replica (in form) of the I AM Presence, but vibrates at a lower rate. Operating at a lower vibration, it is aware of imperfection, such as disease, but does not take it on nor accept it. The Christ Self abides in a position between the I AM Presence and the physical body.

The **Mental Body** was designed to be the chalice for the receptivity of divine ideas. It has the power to mold these ideas into workable form. The mind is contained in the mental body. The mind, also called consciousness, is to be the servant of the individualized flame, not its master. The mental body was created to be the instrument to hold the pattern, or vision of perfection, to build the form of whatever you desire to manifest, holding it until the feelings energize it for physical manifestation.

The **Emotional Body**, the largest of the four lower bodies, contains our feeling world. Its correct service is to nourish divine ideas with the positive feeling of accomplishment, to radiate the nature of God and every virtue of happiness, purity, mercy, forgiveness, and peace. The mental body was designed to create form. The feeling body was created to

nourish that form with qualified life. Having total control of feelings is a desirable goal.

In the **Etheric Body** are contained the memories of all past deeds, thoughts and feelings during this and former embodiments – both good and evil. The accumulation of these records is called “etheric consciousness” or “soul.” The etheric body, therefore, is the envelope of the memory record of the individual. When an individual is not in embodiment, he lives in his etheric body, and carries the memory record (etheric consciousness) of his former embodiments.

The etheric body is the one most closely connected to the physical, and it is the one in which you travel at night, when you sleep. So, the more purified that etheric body is, and the more sensitive it is to divinity, the easier it is, when that etheric body slips back into and around the physical body, to remember the divine truths and happy experiences that take place at the inner levels – to know the joy of being in the presence of the Divine Beings and bringing that association back into the world of form.

The **Physical Body** provides the anchorage to the Earth. It is the vehicle through which man functions and expands the borders of God's kingdom, into a lower vibratory plane. The physical body, therefore, is the “temple of the living God.”

The silver cord enters the physical body at the top of the head (at the soft spot of a newborn baby), and provides the connection to the Christ Self and the I AM Presence. It is the life-giving, life-maintaining fount of energy. If left without this fountain of life-force, the physical body could not oper-

ate, and so-called death would ensue.

The brain is the physical organ through which the mind functions. It registers impressions from the outer world. The brain is the vehicle of the mind.

What enables the seven bodies to function? It is a steady stream of life-giving energy (electrons), originating from the Central Sun, flowing through the physical sun, the I AM Presence, the Christ Self, to the four lower bodies. The moment an electron is invoked by an individualized Threefold Flame (by means of thought or feeling), this electron is stamped with the individual's distinct pattern, such as a Maltese Cross or lotus flower. For every electron so invoked, man must give an accounting.

The electronic light in the universe created all form. This primal substance forms the aura of God.

#### **MAN IN THE GARDEN OF EDEN**

"And God saw everything that he had made and behold, it was very good" (Genesis 1:31). This account refers to the first two Golden Ages and the first three root races, during which time there was no imperfection. (There are seven root races. Most of mankind today belong to the fourth and fifth root races. For further information see "Man, His Origin, History and Destiny"). Mankind lived in the Garden of Eden, E-Don meaning obedience to divine wisdom, the all-knowing activity of divine consciousness.

During this time period, no lifestream used energy to

create a discordant vibration. The Earth was as harmonious as heaven. Each individual was part of a great symphony of harmoniously-qualified energy, and in complete obedience to his Christ-Self and his I AM Presence. Each one's inner bodies were vibrating in perfect harmony. Mankind's attention rested upon the things above, not upon things of the Earth.

We may ask, "What was man's appearance at this time?" Since the vibrations of his garments were much higher than those of today, man's physical body, at that time, was of lesser density, and could be compared to the present etheric body, which is of vapor-like substance. Therefore, it is highly unlikely that the members of the first three root races left any fossil evidence.

During this Golden Age, man's bodies were luminous. As far as his hands could reach, there was a self-luminous radiance, visible to the outer sight of everyone. No deception was possible, because the color of the radiance showed thought and feeling. Mankind looked as our Christ-Self looks today. Since the luminosity of the electrons shone through the outer garment, no artificial lighting was required. Day and night, as we experience them today, were unknown.

The blazing sphere of pure, white light formed a natural armor of protection, keeping out rates of vibration that did not belong to the perfection of the Presence. (Students of Ascended Master Teaching know how to re-establish this protective armor of light, today.)

This was a period of time when everyone could see his own I AM Presence, and walked and talked with the angels and Ascended Beings. There was no veil between them.

Through the power of thought and feeling, men designed and precipitated the requirement of the moment, whether it was food, clothing, shelter, or lovely temples. Through the power of feeling, man energized thoughtforms by using universal light-substance. All that was drawn forth was used for the good of the whole. Everyone was about the Father's business. All were interested only in widening the borders of the kingdom, by coalescing, into form, the divine ideas which daily passed from the I AM Presence of each individual, into his outer consciousness, through the silver cord. Each lifestream was like a fountain, drawing forth new ideas from the Presence, coalescing, around himself, elemental substance, which responded instantly to his call, since he was a co-creator with God.

So many magnificent ideas poured forth in one day, that the outer self could not fulfill them all. The outer self then chose those ideas which would be of the greatest blessing to the universe.

Whatever man did in those early ages, he did well, and in great detail. Many hours, months, or even a lifetime, was often spent in carving out one figure or weaving one rug.

Those were days of great happiness and beauty, and there existed only perfection in every avenue of life. The "Curse of Cain" (labor by the sweat of the brow), disintegration, and death were unknown.

### INDIVIDUAL RE-EMBODIMENT

During the first two Golden Ages, the physical bodies for new Earth inhabitants were created, by the parents, by means of light rays. Through the projection of two rays, (one of a masculine and one of a feminine being), a new body was created at the point where the rays crossed. This body was formed to full stature; infancy was unknown. Then the incoming lifestream took possession of the newly-created form. Each individual life-span lasted for thousands of years, since the vibration of each electron, atom, and cell was held in harmony with the I AM Presence.

Toward the end of an embodiment, the individual informed his relatives and friends of his coming transition. Then he searched among the embodied, for new parents, and, having their consent, left, with them, some of his earthly possessions, such as books and research papers, to be used by him in his next embodiment.

Now the individual stepped into the Transmuting Violet Flame, which was anchored and maintained by the priesthood, in a temple. The flame instantly etherealized the physical form, and the elements returned to universal life substance. The lifestream's memory record, also called the soul, entered inner realms, for a time, and was drawn back later, at a self-chosen time, by the individual. This way, each obtained the full memory of his past life or lives, was then ready for another embodiment, and for renewed opportunity for growth and fulfillment of his divine plan.

A minimum of seven embodiments, one for each ray, was necessary to gain the ascension. This process occurred,

without interruption, during the first two Golden Ages, whereby the first three root races flourished, and all members of these root races gained their ascension.

### THE FALL OF MAN

#### The Laggards

It was during the incoming of the fourth root race, that a Cosmic Council convened, whose decision changed, drastically, the course for all evolutions of Earth's mankind, guardian spirits, angels and elementals.

This council, attended by the Spiritual Hierarchy of the Earth, was called to decide what to do with billions of lifestreams who lived in other planetary systems. These lifestreams were of insufficient spiritual development to earn continued habitation upon their own planet for evolution. As part of the divine plan, their planet was to undergo one step of the Inbreath, bringing it one step closer to the sun.

According to Cosmic Law, closer proximity to the sun requires an acceleration of the vibration of a planet and its inhabitants. The individuals refused to go along with the divine plan. They were complacent in their thoughts and feelings, and lagged behind in their natural process of evolution. Hence, they were not qualified to move forward with their planet. Those individuals were referred to, by the Masters, as "laggards."

One plan was to have them pass through what we call "second death," which forces the lifestream to start all over

again, back to the event, called "Journey to the Seven Spheres." It was then that the Hierarchy of Earth, as an act of mercy to the laggards, offered the Earth as a planetary home, to help them complete their evolution. It was hoped that the laggards would be guided by the purity and perfection of the thoughts and feelings of the people of Earth, and by holding to this example, they would gradually transmute their karma.

What did the laggards look like after they came to Earth? Tied now to the same laws which applied to the remainder of mankind on Earth, they were provided with similar bodies, and therefore were not distinguishable from the rest.

The chief faults of the laggards were arrogance, rebellion, resistance to progress, stubbornness, lack of desire for truth and resentment toward change. Naturally, they brought these qualities with them. The impure thoughtforms of the laggards spread into Earth's atmosphere, like smog. It was the beginning of the "mist" the Bible talks about ("and a mist arose and covered the whole ground," Genesis 2:6).

In time, the people of Earth succumbed to the subtle temptation of curiosity. They tuned in to the impure thoughtforms of the laggards, and started to play with them. This experimentation with the misuse of free will caused what is known as the "Fall of Man." Mankind started to listen to the "wrong crowd." Independent of God-direction, mankind deliberately chose to experiment with impurity.

In this way, man's attention no longer rested, exclusively, on his inner Presence, the director of his life-activity. Man became sense-conscious, instead of God-conscious, and so,

according to Cosmic Law, manifested that upon which his attention was directed and which he thought about most. He deliberately and consciously turned his back upon the perfection and dominion with which the Father endowed him, from the beginning.

When the mist first appeared, it was like a local wisp of smoke. Later, as the ages passed, it became an increasing fog, that gradually shut away the visible presence of the Ascended Host.

Thus, the glory of perfection of the first two Golden Ages came to an end. Later on, when the Atlantean culture flourished, there were other Golden Ages, during which the veil between the Ascended Host and mankind was partially rent; however, the perfection of the first two Golden Ages was unique and was never quite matched. The Masters assured the students that it is possible for us to rent the veil again, and that man, once more, may be able to walk and talk with the Ascended Host and the angels.

Since the Earth originally was created for three and a half billion lifestreams, and since, today, there are ten billion lifestreams using the Earth as a schoolroom (including those not presently in embodiment), we may assume that the number of laggards on Earth, from other systems, is over six billion.

### **Effect on Individual Man**

The “Fall of Man,” into a lower vibratory level, caused great changes in mankind's bodily structure. The form grew more dense, and creation by light-rays came to an end. Also, the I AM Presence, the focus of light and life in the heart center, began to decrease in size and influence. Fear, for the first time, registered in the etheric body, and man started to misqualify pure God-energy. Re-acquiring God-consciousness by qualifying energy in a constructive way, is the need of the hour. It is “The second coming of the Christ.”

The growing density of the physical body caused changes in man's bodily form, and for the first time, man experienced the present form of birth.

The veil, once it was in total effect, shut off the visible presence of Divine Beings; also, the Music of the Spheres could no longer be heard. The outer consciousness was left in confusion, groping in darkness.

Commencing with the “fall,” very few individuals gained their ascension. Nearly everyone, through the misuse of energy, acquired karma, and this way became tied to the wheel of birth and rebirth.

### LIFE, "DEATH" AND RE-EMBODIMENT

THERE IS NO DEATH, THERE NEVER WAS! All is life and its eternal expression and manifestation. So-called death is just a withdrawing of the life-giving silver cord of the I AM Presence. This leaves the physical body inactive. The real self is but released of this habitat, and free to enter higher realms – realms of beauty, harmony and peace. The individual, that part of man “made in the image and likeness of God,” just passes from the physical realm of expression into greater freedom.

Beloved Jesus referred to this immortality of life when he said:

I AM the resurrection and the life.

I AM the open door that no man can shut.

You shall know the truth and the truth shall make you free!

I AM the way, the truth and the life.

Lo, I AM with you always!

None of us die, even if we wanted to, because we are an individualized flame of life, created by God, himself, and this flame never dies. What is known as “death” is man-made; God did not make it or impose it upon man. Since man created it, by not obeying God’s law of harmony, he has to learn how to uncreate his disharmonious creations, and overcome death, as Jesus taught and exemplified. Death is the last enemy to be overcome.

Those who pass through so-called death, simply step out of their physical bodies and function, at inner levels, in their finer bodies, which they had before they ever had the physi-

cal forms. These bodies were originally all pure Light substance. After leaving the Earth-plane the individual is not dead, but more alive than before. This applies also to the so-called sinners. The person is no longer functioning in the limited three-dimensional body, but in a body of higher vibratory action, which is motivated by individual consciousness.

The belief that, on the last day, the buried bodies of all the good or God-fearing people will be resurrected, is but a belief, and false theory, and is not according to Cosmic Law. It is absurd and ridiculous, out of all reason and common sense. Yet the idea has been expounded upon and hammered into the consciousness of the people by some, until they actually accept and believe it, although it is contrary to what Jesus taught.

So-called death is but an opportunity for rest and reattunement. This is to free the individual from the turmoil and discords of Earth, long enough, to receive an inflow of Light and strength, which will enable him to take up the work of physical experience, again. The individualized identity is eternal.

The physical body is but a garment, and the individual has just changed garments, as one changes coats at the change of seasons. Being in a finer body, after transition, he is much more alive than before. Therefore, let us not dwell on the feeling of personal loss but let us substitute for it, the feeling of gladness for the new opportunities which will be afforded this lifestream.

We, ourselves, do not consciously keep the heart beat-

ing, nor do we consciously direct the organs to keep them functioning in perfect order. Yet, some intelligence does. Then, where does it come from? It is certainly not produced by the physical body. This intelligence comes from a higher source. It comes from one's individual source, which is a focus of Light, a body of light-substance, as tangible in its own octave, or realm, as the physical body is here. It is this intelligence, along with the body elemental, that keeps the physical body functioning.

When one has cast off the body, he is more alive than while in the limited form. There is no reason for grief at the passing of an individual, because there really is no death; that one abides at inner levels in his finer bodies. In these realms he can obtain rest, peace and good instruction, to renew his energies to try again, in a future earth body, to fulfill his destiny. Every individual is given a span of time, in physical embodiment, at certain intervals, for the purpose of giving a balance to life, by reason of his prior misuse of energy, as well as by his unfulfilled mission, or divine plan.

Saint Germain stated, "Life always has been, is now, and always will be. No one can really destroy life. The physical body can disintegrate, but the consciousness of the individual is eternal, and it can control all substance, everywhere in manifestation, when the God-life, within, is acknowledged as the 'knower, giver, and doer' of all good in creation."

Everyone is responsible, to the Cosmic Law, for the energies he uses. There is a lot of condensed, misqualified energy in the etheric, mental, emotional and physical bodies of mankind. When a person passes on, he leaves the physical

body behind. He is responsible for all of the energy loaned to him during his many embodiments. In order to purify his four lower bodies, life grants him a chance, through transmuting his misqualified energies, during an ensuing re-embodiment.

One's own Christ Self is the judge that terminates life in a given embodiment. When one's work is done, or when the Christ Self sees there is not enough being accomplished, it refuses to supply the outer self with the stream of Light any longer, and it withdraws its anchorage, the permanent atom in the heart, and so-called death ensues.

Under a new action, started in the late 1950's, the cycle where an individual returns to Earth, in a seemingly endless cycle of re-embodiments, has closed. At this critical juncture, all of mankind's ten billion lifestreams will be given a last chance to make amends, and to give manifest expression to man's destiny, as a co-creator with God. According to the Masters, a plan has been accepted that provides a last opportunity for all of mankind. Under this plan, those who are presently in embodiment, will have their last opportunity to turn to God and to serve Him in a constructive way. Those who are not embodied, will be allowed one final embodiment.

According to the account of the Masters, there will be a division of mankind, and only those who make a conscious effort to improve their habits, their thoughts, feelings and actions will be allowed to return to Earth for a new embodiment. All others will find hospitality on another star, created just for the purpose to accommodate the laggards of today. (Additional details on the subject "The Division of Mankind"

may be found in the AMTF-Publication "Man, His Origin, History and Destiny.")

When 51% of all the energy that has been given to an individual, during his many embodiments, has been qualified in a constructive way, the individual may make his ascension.

Upon death, the physical body should not be buried, but cremated. Through the purifying process of cremation, some discord in the emotional body is transmuted, which frees the individual to go to higher realms of Light. Prior to cremation, the body should be held, without embalming, on ice, or in cold storage, for 72 hours.

In ages past, the body was placed in the Sacred Fire, and was instantly transmuted. The substance, having fulfilled its mission, was returned back to the universal, and that was done in accordance with the great Law of Etherealization.

In the new era, when mankind has raised itself out of the degradation of the present-day experience of birth and death, a child will be born in dignity, through the direction of the Light Rays from the hearts, heads and hands of the parents, into electronic Light. At that time, the Threefold Flame of the incoming lifestream will be established. Around that flame, a beautiful Light body will be created.

### **Preparation For Judgment By The Karmic Board**

At the moment when an individual is about to leave the physical body, the Great Being, known as the Maha Chohan, who represents the Holy Spirit to the Earth, prepares to accept the final breath. It is also he who breathes the first breath into the body when the individual is born. As he accepts the final breath, the silver cord is severed, and an angel or an Ascended Master await the individual, who is then functioning in the etheric body, and escort it to a beautiful realm for "rest," which is the orthodox heaven of mankind's general belief. It may be called a spiritual vacation, given before the individual is placed for judgment before the Karmic Board.

Until 1954, individuals who had passed from physical embodiment, and who had certain magnetic attractions to the discords of Earth through habits of thought, feeling, spoken word and deed of a like nature, lived within Earth's atmosphere, for long periods of time. These individuals were called, by the Masters, "The Earthbound."

This condition has now been changed, by the calls of the students of the "Bridge to Freedom," who gave certain decrees, including using the Transmuting Violet Flame. Now, no outgoing individual is allowed to remain in Earth's atmosphere, after leaving the body. Individuals, functioning in their etheric body, are now taken to realms of higher vibration, where they are assisted in gaining their freedom more quickly. (For additional details, see AMTF-Publication "The Seven Mighty Elohim Speak On The Seven Steps To Precipitation.")

Prior to about 1954, the length of stay at inner realms

(the life between embodiments) varied from 100 years to 1000 years. This time period is now much shorter.

As an individual leaves his garment of flesh, in what the world terms "death," that one is met by Angels of the Violet Fire. Those individuals, who know nothing of the use of the Violet Fire, are taken to the River of Violet Flame (spoken of, in mythology, as "The River Styx").

This river has been provided, at inner levels, for the purification of those lifestreams from as much discordantly-qualified energy as possible, before either going to the "Sleepers' Realm," or before renewing associations with former family members.

The beauty of this river of Violet Fire is indescribable. Therefore, its appearance does not frighten these individuals who have passed on, when they are invited to step into It and bathe in its substance. This Violet Fire then dissolves much of the causes and cores of the physical distresses of the individual's past earth life, especially those which caused their recent demise. It gives one a very pleasant and soothing feeling.

A chela of the Ascended Masters is usually more interested in his spiritual progress and what service he can render. He is eager to re-embody. Therefore, he does not stay long with his relatives. When the karmic messenger comes with a scroll in his hand, signifying the request to come before the Karmic Board, such a chela typically takes the scroll immediately.

If there is a possibility that the ascension may be attained, the messengers of the Karmic Board often come for

the individual before he has finally passed through the change, called death. Such a one is examined, and if his energies qualify him to attain his victory, he is given the choice of either accepting the ascension, or waiting until a later date, in order to re-embody and better serve mankind. If he chooses to accept the ascension, sometimes a few days or weeks pass, before the silver cord is finally severed, and the lifestream, under the direction of its own great God-Presence, then completes its ascension into the I AM Presence. This process of gaining the ascension only applies to a few individuals, and not to the majority of mankind.

Most individuals, after having passed from this Earth life, and after being purified by the merciful currents of "The River Styx," are taken to the Sleepers' Realm, or to one of the beautiful homes and estates provided for a rest period, before that one is summoned before the Karmic Board. If the individual is placed in the Sleepers' Realm, he is bathed in this Violet Fire previous to the placing of his body upon a beautiful cot of Light, covered with blankets of flowers (flame flowers).

In the past, individuals stayed there for many years, even centuries, in a state of somnambulism. They did not go to the Halls of Karma to get their assignment and thus delayed their progress. This was changed in 1954, mainly through the efforts of the Philadelphia Group of the "Bridge to Freedom" cooperating with the Ascended Host, and they are now only allowed to stay in the Sleepers' Realm for one year or less.

Some, because of strain and stress in an earth life, choose to sleep. There is good reason for this, because the

consciousness has had such violent experiences, that it needs some time of absolute peace, during which there is neither thought nor conscious feeling, before it is able to absorb any of the good at inner levels.

Lord Michael, July 2, 1956: "The human creation around some individuals, living at inner realms, is so heavy, that the individual is practically inert, and cannot even arise, by itself, to enter the Halls of Karma, to receive its assignment. Sometimes the individual is so rebellious against God, he absolutely refuses to comply with the divine edict and universal law which governs those who have passed on.

"It takes a great deal of positive energy, qualified with the power of divine love, for us to be able to assist such lifestreams for whom you call, after they have passed on. Many times, at inner levels, I have stripped, from the inner bodies of students' relatives and friends, for whom they had called, as much destructively-qualified energy as the mercy of the Great Law would allow, so they could make the best possible showing before the Karmic Board. Some I have had to persuade to remain within the River of Violet Fire, until that substance of humanly-qualified energy, around them, was transmuted."

After a individual has passed through the change called "death," at the close of an Earth-life, beloved Kwan Yin renders each individual a specific service. She helps wash away many of the "scars" upon the etheric body of that one, of disappointment, feelings of apparent failure, remorse and the causes and cores of other distressing conditions, which the Law will permit her to remove. This makes it much easier for the individual to stand before the Karmic Board, and it enables that loving and merciful Karmic Board to assign that individual to the highest possible sphere for instruction and

help between embodiments.

While the individual (functioning in his etheric body) is in the higher realms, the etheric body gradually throws off the appearances of age and disintegration from the Earth-life. all elemental life is imitative, in the extreme. It mirrors anything and everything to which its attention attaches, through sight, hearing or any of the senses. Therefore, when the soul is assigned to a realm where there is perfect balance and symmetry of form, the etheric body will automatically drop the appearance of age and the distresses of its Earth-life and mirror the more perfect appearance of those with whom it associates.

Legions of Violet Fire Angels surround the Halls of Karma. These angels provide an atmosphere of purifying Violet Fire. Every individual, before appearing before the Karmic Board, passes through this beneficial radiation as he enters these halls.

#### **Judgment Before The Karmic Board**

The so-called "Last Judgment" takes place in the Halls of Karma, a large square, white building, a temple in the lower etheric realm. Every lifestream passes through this building after passing from physical embodiment. Here the experiences of the last embodiment are shown to the individual. He is made aware of missed opportunities, and he experiences feelings of remorse for discordant use of energy. Each one is really his own judge. When the individual is free from the dense physical body, sees clearly what he might have done while he had the opportunity, he experiences a feeling of deep remorse. This experience is sometimes, and, quite incorrectly, called "hell" or "purgatory."

Hell is not so much a place, as a state of consciousness; it is a lack of Light. It is human creation in the mental and emotional bodies, a condition in one's world of the accumulation of the misqualified energies throughout the many embodiments of the individual. It is an uncomfortable state of consciousness, in which the individual reaps the results of his misdeeds. It is really not a place of punishment, as is believed. This "hell fire" theory is used far too often as a threat, in order to get others to submit to human will and concepts, and follow their preaching. It is the doctrine of the wrath and punishment of Jehovah (or God), which has been incorporated into the theology of various creeds.

The tremendous fear and dread, which the orthodox world has induced in mankind, concerning the day of judgment, is unfounded and unfortunate, indeed. It is primarily built on the fact that very few individuals live up to their promises to the Light, and, therefore, are the victims of their own misdeeds. The Karmic Board is a merciful body of helpful intelligences, not a scourge to punish the bewildered lifestream.

Some do experience difficult and trying times, after passing on, because they do not want to let go of the human appetites, desires and wrong activities they indulged in, on Earth. They endeavor to gratify these, instead of obeying the Law of consciously expiating their sins from their mental and emotional bodies.<sup>33</sup>

The Karmic Board, an impersonal tribunal, is composed of seven Lords of Karma. It has, for centuries, been feared, if known of, at all, in the outer consciousness. The task of the Lords of Karma is not to mete out punishment, but to find ways and means of giving individuals opportunity, whereby they can balance their debts to life, so as to complete their

evolution on Earth. Individuals are afforded opportunity of learning how to control energy, not only in an earth life, but between embodiments, as well.

The Karmic Board, at all times, acts for the good of the individual, the unit and the entire evolution. A chela receives more attention from the Karmic Board. The chela looks upon the promises which he made before he took birth, looks upon his Causal Body, as also does his sponsor and the Karmic Board. He sees the size, the color and development of the Causal Body at the time of birth and then (superimposed upon that), sees the harvest, in the Causal Body, of the good done in the life just lived.

Sometimes the Causal Body expands very little in size and color, in one Earth life. That is the judgment which the Karmic Board and the individual chela make, together, to see what store has been laid up in heaven, by consecrated service, according to the life, talent, capacity and vows of the individual. There are no two individuals who can be judged alike, because the talents, the consciousness, the development and the opportunities of each lifestream differ, but each is judged according to his own greatest light and whether or not he has lived up to that light, in the course of his Earth life. Often, groups of hundreds of individuals are called together to enter the Judgment Hall and stand before the Karmic Board.

While the individual lifestream is standing before the Karmic Board, an Ascended Being is present. The Ascended Master watches, carefully, to see to which particular sphere, the individual is assigned.

### Assignment By The Karmic Board

The realm to which the individual is assigned for instruction, assistance and service, by the Karmic Board, is determined by his etheric record, at the close of that earth life. One's etheric record is the sum total of his use of life-energy, used constructively or otherwise, both in embodiment and between embodiments. He cannot go beyond the boundary of that realm, unless he has the necessary qualifications. Individuals are sent to certain realms of vibration, where they can best prepare for another earth-life. They are grouped together with hundreds, or even thousands, of others on the same level of development. The more developed they are in consciousness, the more attention is given to the individual. Certain training is given in schoolrooms. Individuals are given as much of the Laws of Life that they are able to understand and apply. Through use of the Violet Fire, they are also asked to transmute some past karma.

Illumined individuals (chelas), who have been very active, spiritually, usually do not require nor request any period of rest or vacation, after passing through the veil. Yet, they are sometimes given a short vacation, even against their own will, in order to vitalize the etheric body, through which the consciousness works at inner levels. The chela, after receiving certain directions from the Karmic Board, immediately sets to work, at inner levels, to transmute as much of his karma as possible. He uses the Violet Fire, extensively, to do this. So the lesson we learn from that is, THE MORE OF OUR KARMA WE ARE ABLE TO TRANSMUTE WHILE HERE IN EMBODIMENT, THE EASIER WE HAVE IT ON "THE OTHER SIDE."

When in embodiment, for the most part, the chela must

rely upon his own self effort to redeem his karma. There will be assistance from a Master, however, the Master will not allow himself to be used as a leaning post. Man must learn who he is, must recognize that he is a creator, and as such, he must become master of all that he creates. AS A CREATOR, HE MUST CONSCIOUSLY CONTROL HIS THOUGHTS, FEELINGS, WORDS AND ACTIONS, ON A DAILY BASIS. Cosmic Law is a stern teacher, and the law does not apply itself. All creation is a self-conscious effort, and if the individual, upon whom this great gift of life has been bestowed, refuses to take responsibility, his experiences will prod him with misery, until he does. THE SPIRITUAL PROGRESS OF EACH INDIVIDUAL IS STRICTLY DETERMINED BY SELF MERIT. Let us use the opportunity at hand!

When the light within the etheric envelope is sufficiently developed, and an Ascended Being sees the possibility for a personal intervention, he approaches the Karmic Board, and asks for the opportunity of assisting the individual, through training in beautiful schoolrooms, to overcome the problem which has caused failures in a past life. The Ascended Being helps him to become acquainted with the reality of the ONE God and helps him to learn how to harmonize his energies.

Those individuals, who are higher developed in consciousness, receive more attention from the Karmic Board. The Board assigns these to schoolrooms, wherein they are taught the Law, on a daily basis, and where, every day, the transmutation of their misqualified energy, through application, takes place. They must look upon and dissolve the discordant thought and feeling forms, some of which have been created by them, many, many hundreds of years ago. This is

done by using the violet fire and by application of the Law, as they understand it.

One of Mother Mary's activities is assisting those who have passed on. Archangel Michael, or some from his legion, also assist these individuals. Mary has said that, many times, through the centuries since her ascension, she has helped individual students, repeatedly, as they left their physical bodies and Earth, at passing. There, at inner levels, in their etheric bodies, with tears of remorse rolling down their cheeks, because of their misdeeds, she would comfort them as a mother would. Then she would go with them, to the Halls of Karma, and plead for them before the Karmic Board. Then, she would take them to the Sacred Heart Temple or even to her own home, where she would lovingly converse with them, pointing out the necessity of not allowing discouragement, disillusionment and depression to add further weight to their etheric bodies.

She would also explain the necessity of following the divine plan through to completion, in each succeeding embodiment, and would cleanse their etheric bodies, as a mother washes her child's garments and provides the child with clean clothes. Then she would return the individuals to the Celestial Beings, to whom they had been assigned by the Karmic Board, for further instruction on the Law.

After individuals receive their assignments in a particular sphere and activity, designed to further their spiritual development through instructions, Violet Fire Angels accompany them to their destinations. While in these inner spheres, the Violet Fire Angels often wear a very delicate shade of violet

so that, as easily as possible, they are able to minister to these individuals, without arousing the rebellions and resentments of their inner bodies, by too quick or powerful an *activity*, even of the Mercy Flame!

Some individuals are coaxed into temples, where they can witness and watch others working on the projection of the Violet Fire. These individuals might be likened unto the students who are allowed to sit around the glass enclosure, and watch the surgeon at work during an operation. Some of them watch skeptically. Then, as they see an individual who is willing to direct a Light Ray, under the direction of a Master or an angel, they get interested, and want to begin to experiment on their own.

Similar to the prevailing conditions on Earth, some individuals advance more rapidly than others. Temples have been established, so that orthodox people can, through worship and prayer, expiate some karma in that realm. This method is used until they come to the knowledge of the use of the Sacred Fire. They can go once a day, or more often, to these temples. The more karma they melt away, the sooner they are permitted to go into a realm of higher vibration. This step enables them to receive a better earth life when they re-embody. Some individuals study a minimum of the Law, while others avail themselves of every opportunity to learn and apply more, and therefore, they proceed more rapidly.

Here they abide, until the time when the guardian of the individual signifies to the Karmic Board, that he has had adequate rest, enough karma is transmuted and he has a suffi-

cient amount of nourishment. Then, the messengers from the Karmic Board are sent, signifying new birth for the one who is ready. Next comes the parting with friends there, which is difficult, and hard to accept, by some.

In recent years, mainly through the efforts of the Philadelphia group, great changes have taken place at inner levels, with regard to the disembodied. Now they are all required to learn the Law of Life, make application, and render service. The course of cosmic history has been changed, through the understanding of the Law and application of that Law, by a handful of students, who cooperated with the Ascended Masters and Divine Beings, in fulfilling the divine plan.

### Selecting Individuals For Re-embodiment

After the lifestream has completed this period of training, when a sufficient amount of his karma has been dissolved and enough time of rest has been given him, he is again asked to come before the Karmic Board. FROM JANUARY TO APRIL, OF EVERY YEAR, the Karmic Board selects the lifestreams who must embody. At the same time, individuals who wish to embody, present their petitions to do so.

Lovely Angels of Violet Fire stand around the Karmic Halls, circle after circle. The love and beauty of these Violet Fire Angels is beyond description. Here, again, they provide an atmosphere of mercy and purification, to assist the incoming individual who needs their help.

All those summoned before the Karmic Board line up, in

groups of three. One is chosen for embodiment, two are not. Those who are given the chance for re-embodiment go to the right; the others go to the left. This procedure is repeated one more time, and additional lifestreams are chosen to achieve a balance, so that all of the seven rays find equal expression. (Each individual is primarily on one of seven rays.) Those who are not chosen will line up in groups of three, again, the next year.

#### **Allotment of Karma**

After the Karmic Board has agreed to provide an opportunity for reincarnation, there comes the period in which the karma of the individual, who was chosen to incarnate, must be examined, and a suitable incarnation prepared, wherein a certain proportion of that karma may be transmuted, certain opportunities given to right wrongs of past lives and to build a momentum of good, by qualifying energy in a constructive way.

The overall amount of karma is examined, and a certain amount of it is allotted to the ensuing embodiment. A large amount of karma is held in abeyance, to be transmuted at a future time. Otherwise, the returning currents of karma would be too much for the lifestream to handle. So, we may say that the average individual is held in a state of protection, where ignorance is bliss. Therefore, the amount of karma is carefully meted out, so that there is not more for the individual to meet, in the forthcoming life, than his Light and strength can master!

Now, when the CHELA applies for embodiment, he

sometimes applies to transmute a large amount of his karma. Later, when embodied, he does not remember this request, when faced with difficult problems. Then, he sometimes blames the Karmic Board for his troubles, and occasionally wishes he were one of those who was denied embodiment. Therefore, let us not stand in judgment of anyone. WE CANNOT COMPARE AN INDIVIDUAL WHO HAS A HAPPY, SERENE, HARMONIOUS LIFE WITH A CHELA, WHO HAS A DIFFICULT AND ROCKY ROAD, FULL OF UPS AND DOWNS.

When in embodiment, for the most part, THE CHELA MUST RELY ON HIS OWN SELF-EFFORT TO REDEEM HIS KARMA. There will be assistance from a Master, however the Master will not allow himself to be used as a leaning post. The student may be on the path to his ascension, but this is insufficient reason to take away all of his karma.

After the karma has been allotted, the environment and race have been chosen, and the parents decided upon, then the individual, functioning in his etheric body, is notified, and the body elemental is called from the rest it has secured in its own realms. Then, Mother Mary, the builders of form, the Christ Self and the body elemental begin to prepare for the incarnation, and through the same Halls of Karma, the incarnating individual passes into embodiment, again.

There are three reasons why an individual is born into any particular race, religion, nation or family:

First, he may have earned a place in any of the above mentioned categories.

Second, he may have hated or persecuted the very race,

religion, nation or members of the family into which he is born.

Third, he may have volunteered to help that race, religion, nation or family.

INTER-MARRIAGE BETWEEN THE RACES IS NOT ACCORDING TO DIVINE LAW, BECAUSE OF THE SUFFERING CAUSED TO BOTH PARENTS AND CHILDREN, ALIKE. However, common worship is to be applauded, with a full realization that those in each race can best serve that race by lifting it from within. In the East, the greatest block to spiritual progress is this prejudice among the various races and religions.

#### **Selection And Meeting Of Parents**

Once each year, in the month of May, the Lords of Karma gather together all of the lifestreams who have been chosen to re-embody. All of the potential mothers are also brought, in their etheric bodies, by Meta, a guardian from Venus, Nada, and Mother Mary, to the assembly, and each individual, about to incarnate, meets and embraces the mother chosen. Often, the potential father is present, also.

Since the dictations state that, in the month of May, of every year, the Temple of the Sacred Heart is host to the millions who have been approved by the Karmic Board for future embodiment, it appears reasonable to assume that the process of selection of the parents takes place at the Temple of the Sacred Heart.

The ceremony of joining together the child and parent,

ordinarily is quite short, but in the case of a high initiate, such as Jesus, taking embodiment, it is much more elaborate.

The reasons for the choice of parents are past family ties, and the provision of an environment where a portion of past karma can be transmuted. In case of disapproval, by either the child or mother chosen by the Karmic Board, each is given opportunity to speak, but then the final decision is made by the Christ Self of each. Even when there is antipathy between the two, but the lesson to be learned will best benefit the incoming lifestream, the union is consummated at inner levels.

It was further explained that the Law of Justice demands that certain lifestreams be brought together, again, in embodiment, in order to give them an opportunity to mitigate and dissolve the karma that accrued from mutual participation in the same destructive cause or causes.

## THE FORMING OF THE ETHERIC PATTERN

### Introduction

The forming of the etheric pattern, which ultimately will be used as a mold for the creation of the physical body, takes place at the Temple of the Sacred Heart.

Before any physical form can come into manifestation, there always must be an etheric pattern, a blue print, so to speak, to form the physical body in the outer world.

This etheric pattern is formed from the elemental substance which the individual has earned, through many lives. The energy the individual has qualified, constructively or otherwise, through all of his embodiments, is imprinted upon this elemental substance,

Mother Mary, the builders of form, the body elemental and the Christ Self of the individual work with this substance, and construct a specific etheric pattern. It is this pattern that is the replica for the physical vehicle of the individual, in a particular embodiment. The new body's appearance, comfort and effectiveness is determined by that etheric pattern. If the individual has misqualified the energy loaned to him during his many embodiments, this causes the distortion of the form of the incoming physical vehicle.

### THE FUNCTION OF THE TEMPLE OF THE SACRED HEART

Every year, in the month of May, all lifestreams, previously approved for embodiment by the Karmic Board for re-embodiment, come to the Temple of the Sacred Heart. The temple is under the direction of beloved Mother Mary. Here the etheric pattern is developed for the incoming lifestream, and all individuals receive the benefit of a beautiful ceremony of blessing and consecration.

The Temple of the Sacred Heart is located, at inner levels, in a beautiful garden-type setting, with grass and various flowers, as far as the eye can see. Some of the flowers look like daisies, with golden centers. There are twin peaks which tower at the far end of the fields.

The temple is of Grecian style and its ceiling is open to the sky. There are marble steps leading from the surrounding fields, to the temple, itself. The walls are constructed of a pink marble-like substance, veined with gold. The colonnades are all covered with beautiful pink roses.

#### The Ceremony

I should like to describe, to the reader, the ceremony held in the Temple of the Sacred Heart, in May of 1954.

There were 300 million lifestreams who attended the ceremonies at this temple, and who stood before Mother Mary and Archangel Raphael. Standing at the front door, Mother Mary was wearing a blue veil, which covered, almost completely, her golden hair. As the large staircase was being

filled, all were kneeling, and Mother Mary stretched out her hand and blessed these individuals. Mother Mary has performed this ceremony (as well as the forming of the matrix of the physical heart of each one taking embodiment), for the past 2000 years, when she ascended as the mother of Jesus.

Next, Archangel Raphael poured forth his radiation, of the power of consecration, to all lifestreams, strengthening their feeling of consecration to further God's cause. All bent their knees in honor of their I AM Presence and as a token of their endeavor, pledged to play a constructive role in their next embodiment.

This radiance, of the feeling of consecration, includes the consecration of the mind, the consecration of the flesh to the Christ Spirit, within, and the divine union and spiritual marriage between the outer vehicles and the inner Christ, when emotions, mind and flesh promise to love, honor and obey the Christ power, within. When you consecrate your emotional vehicle to expanding God's kingdom, consecrate your mind to receiving only divine ideas and externalizing them, consecrate your etheric body to restoring those perfect patterns of the past, when you knew yourselves as God's children, consecrating your eyes to see perfection, your ears to hear it, and your lips to speak it, your feet to move upon the Master's way and your hands to go forth in blessing – you will find a great happiness, and it will become easier and easier, until finally, that cosmic initiation and marriage takes place!

All individuals so blessed stood before Mother Mary and

the Karmic Board, pledging a vow to serve Sanat Kumara, offering to do the best they could do, to honor his cause. Such a vow often is not remembered by the individual, when in embodiment. However, according to Cosmic Law, every vow must be fulfilled, at some time in the future.

The beloved Maha Chohan said, on May 30, 1954, "As they pronounced this sacred vow, the Threefold Flame within their hearts expanded, and glowed right through their garments. Their happy enthusiasm proved itself to be a contagion, because, as the Light of their Three-fold Flames shone and scintillated all around them, the seemingly recalcitrant individuals, although not interested in spiritual progress, by spontaneous and unanimous consent, dropped to their knees, and took the vow. It was a cosmic moment never to be forgotten."

#### **Activity at the Temple of the Sacred Heart**

After the ceremony of blessing, at the Temple of the Sacred Heart, the body elemental of each incoming lifestream, having enjoyed a period of rest in his own realm, joins each individual lifestream.

Beloved Kwan Yin, in an address to the students on April 19, 1958, describes the elemental substance the builders of form and the body elemental have to work with, as follows, "Those elements that make up your bodies now, are the same elements that have been used by the builders of form, every time you have taken embodiment. After a person passes on, those elements rest for a time, until the individual takes embodiment again.

Those elements have been charged with the tendencies of one's nature, [the habits, patterns and plans characteristic of the individual, Ed.] and that is all that Mother Mary has to work with. She uses the best to make the heart. The better of the rest are saved for the outer garments, so the individual looks comparatively good. Deep inside are the elements earth, water and air, which never see the light of day, nor the sun."

Then, the elemental substance, which the individual has charged with his energy – pure or otherwise – is given to the builders of form and the body elemental, to weave into the etheric body of the individual.

### The Formation of the Physical Body

As stated above, in cooperation with the builders of form, Mother Mary takes the best part of the elemental substance the individual has to his credit, and, together, they fashion the etheric substance that later forms the physical heart. This activity takes place, every year, in the Temple of the Sacred Heart.

The creation of the heart is the most crucial point in the creation of the physical body. In the heart abides the permanent atom, which is carried from one embodiment to the next. The heart cells are the most highly developed of any, in the physical form. The very best essence of the physical world is used for the heart, because the heart is the chalice in which the Immortal Threefold Flame of God abides. This gives identity and being to a personality, for the course of that embodiment. These cells require more durability and

resistance, in order to stand the heartbeats which give life to the physical body.

After Mother Mary and the builders of form have formed the etheric pattern, that later will form the physical heart, from the elemental substance the lifestream has earned, the remaining elemental substance is used to complete, first, the etheric pattern of the brain cells, and then, the exterior and interior of the body. The etheric pattern for the future physical body is now complete.

#### **FINAL PREPARATION FOR EMBODIMENT**

The individuals, chosen to incarnate within the next twelve months, are sent to schoolrooms for final preparation before embodiment. Conception will take place within a twelve-month time span, starting after the parent has been chosen in May of any year. Physical birth will normally take place nine months thereafter.

Just before embodiment, the bonds of forgetfulness are placed around the individual, a kiss of a Master is placed upon the forehead, and the individual passes into forgetfulness, to later awaken in the physical world. If the bands of forgetfulness were not placed around the individual, his etheric memories would be stirred up, and his consciousness would dwell on items of a discordant nature. This, in turn, could bring feelings of remorse, resentment and hatred to the foreground. Unless all of the karma is transmuted, the weight of remembrance would be too much to handle.

### PREGNANCY

The elemental substance of the incoming lifestream is now drawn, by the builders of form and the body elemental, into the body of the prospective mother, becoming a part of her flesh body. This may happen even before conception takes place.

Through the marvelous intelligence of the builders of form, the heart cells belonging to the new incoming individual, are segregated from the body of the mother. It is such a beautiful, mathematical and scientifically-accurate process, by which the builders of form magnetize the substance belonging to the incoming individual, and cast off again, again and again, one cell out of every two, until the heart is formed. Through the heart, the immortal Threefold Flame is focused into the outer, or physical world. Around the heart is drawn the elemental substance of the physical form.

A dictation by the Elohim of Purity, on November 7, 1954, states: "Your physical form is created by the builders of form and your body elemental. As each of the organs of the body is set into motion, the electrons (which spin around the central core of the atoms which comprise those organs) follow the same rhythm and pattern as your musical keynote."

### UNWED MOTHERS

Where women are bearing children out of wedlock, or reluctantly, and the qualities of fear, resentment, rebellion and shame are strongly charged into the feelings of the mother, these destructive feelings have a very detrimental effect upon the mind (mental body), brain structure and emotional body (feeling world), as well as the flesh body of the incoming individual.

Besides this, the censure of society (which is a great, living, mass entity in the atmosphere of Earth) drives its energies against these women and does more to cause unbalance in the minds of incoming children, than almost any other one thing, other than their own, individual karma. That entity is one of arrogant pride and scorn, terrible in its appearance. This entity forms a pressure of unhappy feeling around the expectant mother and the incoming child, against which pressure the body elemental must work. Many of those, who are to take embodiment, must face this condition, and their new bodies will be encased in the substance which is charged with those unfortunate qualities.

Beloved Kwan Yin, with her Sisters and Brothers of Mercy, as well as her limitless Legions of the Angels of Mercy, are dedicated to the complete removal, as quickly as possible, of the causes and cores of the scorn which the so-called "righteous" direct toward unwed mothers and their illegitimate children. One of her legions is always a guarding presence over all such homes and orphanages, where these lifestreams are given as much assistance as possible.

Her Flame of Mercy and Compassion always surrounds

the mothers and mothers-to-be, whether they are helped by their fellowman or not, and, in many instances, abortions and suicides often have been averted, by the protecting, faith-sustaining power of the Legions of Kwan Yin – the radiation from whom gives such tremendous help to those unfortunate lifestreams, who have become enmeshed in distresses of this nature.

One of beloved Meta's services to life is to raise up loving and generous lifestreams, who provide places where unwed mothers are allowed to bring forth their children in privacy, without the censure of society upon them and where these children are given a better start in life. Beloved Mother Mary, Nada and Kwan Yin and other Ascended Beings also serve with beloved Meta in this capacity.

An October 3, 1954 dictation, by Elohim Orion stated that, through the efforts of the Philadelphia group of the "Bridge to Freedom," a large amount of energy misqualified with fear, shame and rebellion, associated with the entity of scorn, had been transmuted, thereby weakening the pressure against unwed mothers. In addition, by the cooperative action of Masters and these students, a protective shield was formed around these mothers.

From the beloved Elohim of Purity, on November 7, 1954:  
"I direct your attention to our beloved Kwan Yin, the mother of mercy, WHO SPENDS AT LEAST ONE HOUR OUT OF EVERY TWENTY-FOUR, CALLING FOR AND WORKING WITH THOSE WHO ARE OUTSIDE THE BOUNDS OF LEGITIMACY.

"I also direct your attention to the Holy Mary, the mother of the most pure, who renders a similar service. If, at your

call, we can secure the assistance and the presence of the DEVAS OF PURITY in the auras of the parents at the time of conception, (particularly for the mothers) as well as the radiation of these pure beings, in the homes where the children are to live, we shall have much greater hope of doubling and tripling the number of more perfect bodies which the great law will allow us to provide for the incoming children, in the near future.”

#### ASSISTANCE TO INCOMING LIFESTREAMS AND THEIR PARENTS

##### Decrees By Students Most Helpful

Beloved Mother Mary was grateful for the decrees of the students of the “Bridge to Freedom,” which called for the purification of incoming lifestreams. These calls made it possible for her to purify and improve the etheric pattern later used to build the physical body.

Since the builders of form and the body elemental work here with the etheric body, it would be so helpful to the incoming lifestream if it were to have its etheric body purified – cleansed of all destructive energies and destructive impressions – BEFORE its physical body is built. These decrees are effective, AND MAY BE MADE ALL THE WAY TO BIRTH! As the harvest of the application of the Philadelphia group of the “Bridge to Freedom” shows, great results can be achieved by sufficient calls of the students.

Beloved Jesus, in a dictation of May 15, 1958, added to

this as follows: "Many students acted on the Law as given by Kwan Yin, and made application for the mitigation of the karma of the incoming lifestreams. That helps tremendously. It will help whenever you apply it, for any child yet to be born, even during pregnancy. APPLICATION CAN BE MADE, TO MITIGATE AND TRANSMUTE, THAT CHILD'S KARMA, AS WELL AS THAT OF THE PARENTS."

After the ceremony at the Temple of the Sacred Heart, Kwan Yin and Mother Mary make a pilgrimage to every home where a child will be born.

In the Sacred Heart Temple, at inner levels, Mary has provided a special room, where she gives extra assistance to those individuals with very heavy karma. She is aware of the distress it will cause them. Mother Mary's assistants lead them to this room. Here Mother Mary talks to them, individually. She explains the situation and shows or tells them what they can do to handle it. Then, sometimes, the prospective parents, while asleep in the physical body, are brought to this room, by Archangel Gabriel, for consultation. This assistance and radiation, received at inner levels, has many times supplied the incoming lifestream with the courage, strength and power to endure the difficult experiences and come out victorious.

Archangel Zadkiel, September 28, 1957: "Especially since 1954, whenever and wherever possible, the Angels of Mercy and Compassion accompany the incoming lifestream, going into places, sometimes, which are not too pure. They endeavor to prepare the home and its atmosphere (as well as the parents, as much as they can) for the coming of the in-

fant. After birth, this angel, may be permitted to remain with the infant, for a time. However, when the child is told, by the parents, that "there is no such thing as an angel" and a "shell of rejection" is set up in thought and feeling around the child, the beautiful angel must withdraw and return to the inner spheres.

### **Birth**

At conception, an angel is sent to stand in the aura of the mother. This angel cooperates with the builders of form, as the incoming lifestream takes possession of the tiny embryo, which is, in time, externalized as the physical body.

The Maha Chohan taught: "It is not so light a task, to give the first breath to the newborn infant, who knows yet the glory of the inner realms, knows yet some of the perfection of the Ascended Masters' temples in which he had dwelt, even though that infant form does not seem, for a time, to focus his attention upon the physical world, either through sight or any other of his outer faculties. This gives the builders of form and the Christ Self the time to anchor in, through and around that infant, the life, light and protection which are required, when the senses are ready to record the experiences of the individual's world."

Many of the lifestreams destined for embodiment, will not be born. In 1954, 100 million children, destined for embodiment, were not born, due to abortions, miscarriages and being stillborn. Archangel Michael called this a sad, but true fact.

### **Physical Appearance of Children**

The concept which the mother holds in her mind for her child, is a large factor in the molding of the infant's form, in her body. Greatly blessed, indeed, are the lifestreams of those incoming individuals who are wanted! The desire for the child, and the parental love which accompanies such feelings, are of tremendous assistance to the lifestream to be born. This love also automatically draws the builders of form and the angel (or angels, in some cases) who stand guard around the mother-to-be, particularly during pregnancy.

Therefore, maintaining the immaculate concept (outpicturing the child as the perfectly-created image and likeness of God) is of great help to the incoming lifestream.

The body of an infant has many of the characteristics of the physical parents, through whom it is born. This has something to do with the bone structure of the race to which it belongs. It has also the allotment of its own karma, which the great Karmic Board has allowed it to bring into its present Earth life. With this conglomerate mass of imperfection and perfection, the child is subject to change and to imitation of its surroundings, from the moment that its senses begin to record.

People who live in close proximity, and admire each other for many years, very often look and act alike. Even in the realm of the Ascended Masters, beloved Kuthumi, beloved Jesus and beloved Lord Maitreya are all much alike in appearance and nature. THE SENSES RECORD AND ELEMENTAL LIFE SUBSTANCE BEGINS TO OUTPICTURE THAT WHICH IT SEES. This "reflecting" activity takes place, whether it is done

by electronic light substance, or by the atomic consciousness of the physical body. The nature of elemental life is to mirror and duplicate that by which it finds itself surrounded.

It is a startling thing to see the changes which take place in a physical body, how much perfection is manifest in a child's body in its very early years, and then to see what has happened to that body by the time it reaches the age of forty years. Impurities, disintegration, coarsening of the physical features, old age and so-called "death," are all the outer manifestations caused by the individual's acceptance of the suggestions from the mass consciousness of mankind, by which he is surrounded in his life.

Does an individual carry the same facial or other bodily features into the next embodiment? The dictations are silent on this issue, except stating that the same elemental substance is used over and over again, in successive embodiments. One example supports the position, that, at least in some cases, individuals carry the same bodily features from embodiment to embodiment. Mr. Ballard looked much like George Washington (his former embodiment). He also was just as tall as George Washington.

### **Unwanted Children**

One may ask, and rightly so, "Why are children given into the keeping of those who do not want them?" Here are the reasons:

1. Due to the pressure of the times, a certain number must be born within the course of one year, especially now, when the planetary evolution is accelerated.
2. If previous association with the incoming individual and the mother-to-be has been unhappy, although she wants a child, sometimes when the feeling world of the incoming individual touches her aura, a great distaste and dislike for it comes into her feelings. Old memories of past disharmonies are stirred up, and she may decide to abort the incoming individual because of the antipathy, which karmically binds them together. Although she has sincerely wanted and prayed for a child, she suddenly does not want it.
3. Sometimes a sense of selfishness and irresponsibility, in a former embodiment, of the father-to-be, will require him to take care of that same lifestream in another lifetime, perhaps in even more unhappy circumstances. The cause for individuals having to take care of invalids, over a long period of years, nearly always is that, in the past, they walked out on the responsibility of parenthood, and now this new responsibility has befallen them.

### Summary

1. After "death," the following action takes place:
  - a) The elemental substance used to create the physical body during the last embodiment, which contains characteristics of the individual, as well as the imprint of the energy used by the individual, is removed from the individual, and this substance is stored at inner levels. This energy pattern may be of a constructive nature, or it may not.
  - b) The karma is removed from the individual and stored at inner levels.
  - c) The body elemental is no longer connected with the individual, and rests at inner levels.
  - d) The Individual is now functioning in his etheric body, having etheric consciousness.
2. After passing, the individual is normally given a period of rest and he meets family members.
3. The performance of the individual, during the last embodiment, is judged before the Karmic Board.
4. In preparation for embodiment, the Karmic Board assigns the individual to a particular realm, for training. The location and vibration of this realm is dependent upon the spiritual development of the individual.
5. From January to April of every year, the Karmic Board selects the individuals who will embody during a given cycle.
6. After the individual has been chosen for embodiment, a

certain amount of karma is allotted to him by the Karmic Board.

7. The incarnating lifestream is united with the new parents. This happens during the month of May of any given year.

8. Out of the elemental substance the individual has earned during his many embodiments, Mother Mary, the builders of form and the body elemental form the etheric pattern of the future physical body. This etheric pattern is woven by the builders of form, into the etheric body.

The etheric body now contains the following components:

a) The memory record of all of the former embodiments, sometimes called, in the dictations, "etheric consciousness" or "soul." These records may be of a constructive or of a negative nature, or both.

b) A portion of the karma of the individual

c) The etheric pattern that is the mold for the future physical vehicle

9. Decrees by students are effective, to remove a portion of the karma of the incarnating lifestream. They may be made at any time, all the way to birth. The karma of the new parents may also be mitigated.

10. Physical birth takes place within a 21-month period, starting in May of a given year and after the new parents have been assigned.

## **Chapter 3**

### **Children And Family Life**

## INTRODUCTION

The Master of Wisdom, whose cosmic office it is to oversee the children of the race, their teachers and guardians, is known and loved by many individuals as the Master Kuthumi Lal Singh. His loving counsel, directives and assistance may help all who are interested in children and young people, to a clearer understanding of how to cooperate with the incoming, or presently-incarnated child. At his school at Crotona, Kuthumi used the method which is being used in the school system today, but with this difference: He told everyone that, within the heart of each lifestream, is the REAL TEACHER! Because of the riotous whirling of the emotional and mental bodies, very few can make a contact with this teacher. Therefore, to master the four lower bodies is the need of the hour.

The Cosmic Being Victory is also very much interested in the spiritual development of children and will help you if he is called into action.

The spiritual path is more difficult for those with family ties, than for those who choose to stay single. There are additional tests and initiations. However, if parents pass these tests and initiations, this opportunity will enable them to progress faster on the spiritual path leading to the ascension.

True wisdom results in conscious cooperation with the divine plan of the heavenly Father. Such wisdom reaches the outer consciousness of the "few" who can accept the instruction of the Ascended Host, as given through an authorized messenger.

At that time, the parent will be literally bombarded with

"the latest truths," some of which have been channeled from a realm lower than the Ascended Master Realm. To distinguish between channelings from different authors requires discrimination, a most difficult task, usually taken too lightly, even by so-called "advanced students." The subject of how to distinguish between truth and partial truth has been discussed in great detail in the books "Man, His Origin, History and Destiny" and "21 Essential Lessons."

#### THE IMMACULATE CONCEPT

The concept of perfect creation by God should be maintained before and after birth. Why? BECAUSE IT TAKES SEVERAL YEARS BEFORE THE CHRIST SELF ASSUMES FULL CONTROL OF THE PHYSICAL BODY.

The love of the mother for her children is intense, and yet, at times, it is tinged very much with fear that the child will, in some measure, be harmed and injured through war or some other unhappy circumstance. That thought and feeling is a film, or coat of substance, that enfolds them like a coarse garment and hinders their progress. This is held around them while attention is upon them.

There is an old saying, "That which I feared came upon me." This is based on truth, and the stronger one's attention and vision for an individual is, the more power he has to directly influence the lifestream.

While children are yet in the pliable years, the parents

could mould their creative processes of thinking and feeling by SILENT, but determined, picturization. The silent work done for children can become a fundamental pattern which their Holy Christ Self is eager to cooperate with. People often picturize what THEY DO NOT WANT, and put as much, if not more, energy into the "do not want" as is usually required to manifest that which they do want.

Mothers who hold, in their hearts, this picture of fear about their children should change it, and hold for them a picture of perfect love and protection. The parent may call on Mother Mary, asking for her assistance in holding the divine concept for the child. Or one may call to Archangel Michael to surround the child with his Blue Flame.

Thinking of each one, as a perfect being, will not only undo the fear creation that is around them, but will help their thinking and feeling processes to take on a more constructive and selfless pattern.

On this subject, Mother Mary gave the following suggestion:

"We made a game of it, when Jesus was little, and he would come, as children do, with bruises on his feet or on his knees – all the various appearances that affect small growing boys. He would say, 'We shall not magnify that hurt or that scar. We shall magnify our Lord.' Then, turning our attention to that perfect pattern, the three of us, we would focus on the healing and peace of the Presence through our beings, until the appearance would disappear. We did this systematically, and we did it daily. This way, we built, together, a momentum and a positive power of resistance in the con-

sciousness of Jesus, against every appearance of evil, and a perfect trust in God.

"Do not magnify the appearance world. Acknowledge the all-power of the Presence."

#### THE IMPORTANCE OF YOUR BIRTH DATE

A Dictation by Ascended Master Kuthumi

A birth date signifies a new beginning, because the cycle of each lifestream completes a circuit every three hundred and sixty-five days, and the energy of the individual's world closes the circle of experience on the day preceding one's birthday.

On the day which is the anniversary of the embodiment of the spirit, the Holy Christ Self releases a new pulsation of light and life into the four lower bodies, and from the Presence, there comes an added forward impetus, with the hope that the succeeding year will find a greater expression of the individual's life plan. This is why it is usually noticed that, in the period just preceding one's birthday, there is a let up of life's energy and vitality, and the period immediately following the birthday is usually the most opulent in spiritual unfoldment and inner well being.

As the embodiment of a spirit gives new opportunity for such a one to unfold his spiritual nature, so in a minor cycle EACH BIRTH DATE IS A NEW BEGINNING, and a great deal of the karma of the lifestream, which the individual has drawn about itself, is dissolved at this time. It is also the privilege

and opportunity of the Ascended Host to give the gifts of their qualities to that lifestream, even as unascended beings present their gifts.

Every person who passes through the gates of a new birth date, receives an outpouring from every Ascended Being and the practice of extending gifts here, below, is but a faint reflection of that inner experience.

When an individual becomes a student of the masters and under the direction of the Ascended Host, he receives such a cosmic outpouring on his birthday it makes it the HOLIEST DAY OF THE YEAR! On your birthday, your lifestream is played upon by all the cosmic friends in the kingdom of eternal freedom. The richness, the opulence, the spiritual illumination which they will give to you, will remain a part of your eternal identity, for all time. Avail yourselves, when this holy day comes, to bathe in the effulgence of the presence of the godly.

#### THE HOME AS A TEMPLE OF THE FAMILY UNIT

The chela engaged in developing a family unit must use that unit as a "working ground," wherein he may establish harmony, peace, purity, love, cooperation and spiritual illumination, within this sphere of influence. Then, by reason of this very testing, trying and training, he becomes a powerful force for good in his community, and a conductor through which the Masters, on occasion, may pour their more-than-ordinary radiation, in times of crises.

Mother Mary explained: "The home is the temple of the family unit. It was builded to be a grail and a sanctuary. The home is intended to be the focus of a group of individuals, working together in harmony, trusting in the ability of another group member to PERFORM SOME SERVICE FOR THE GOOD OF THE RACE.

"The family was made as a unit to draw the blessings of God, in concentrated and cooperative prayer. The family unit is not understood by even the students, as a concentrated focus, a grail, through which the gifts of God should enrich and strengthen each member.

"Let us all cooperate to make every family on Earth a holy, blessed family unit. Thus, we will have the beginning of the New Era under the direction of the Ascended Master Saint Germain!"

### **Working Together as a Team**

Trite has become the expression, "Charity begins at home." The home life and your religious group life is the place where every good virtue, every good feeling and every good thought should begin.

Many times, students on the path live within homes where other family members are not yet ready to embark upon a path leading to spiritual development. In this case, the student should not adopt "a holier than thou" attitude. He needs to be patient, acknowledging the I AM Presence acting in everyone. In the silence of his room he may call on Ascended Master Kuthumi or Ascended Master Lanto and the

Illumination Flame to help awaken the other individual. WOULD IT BE MERCY AND THE WISDOM OF THE LAW TO PLACE ALL THE STRONG TOGETHER AND LEAVE ALL THE WEAK TOGETHER? NO! The love and mercy of God is such that an individual with greater light becomes the radiation of the Master's love, to generate a feeling of comfort and hope within the hearts of all connected, in home and business.

One of the necessities of working together, as a team, is really listening to each other. People can disagree, but, under no circumstances, should anyone interrupt when someone is speaking! Another foundation of a team is recognizing that everyone has an I AM Presence, and that it may be the other person, through whom God chooses to express himself, at that very moment. In an attempt to reach a conclusion, the deciding factor should be what blesses the family as a unit, rather what benefits one individual, only.

### **The Law of Harmony**

Maintaining harmony is one of the pillars of working together as a team, and maintaining the fibers of the family unit. Whenever we do not maintain self-control and we let a feeling of anger dominate us, this feeling immediately makes an impression on one or more of our four lower bodies, which, if not transmuted, will result in karma and discord. Another foundation stone is forgiving another member of the family for actions perceived to be made, not in accordance with the law of harmony.

If the individual abuses his four lower bodies through bad habits (smoking, alcoholic drinks, habit-forming drugs),

disharmonious thoughts, feelings and actions, his own body elemental finds itself continuously opposed in its endeavors to copy and outpicture the perfection of the Christ Self. Then the relationship of the individual with the body elemental may deteriorate, to the point where the elemental becomes openly antagonistic. This may result in the early disintegration of the functions of the physical body, resulting in diseases such as the onset of cancer.

THE LAW OF HARMONY IS ONE OF THE FUNDAMENTAL LAWS OF LIFE, UPON WHICH ALL ELSE RESTS. God, the giver of all life-energy, requires that every electron of such life-energy, loaned to man, will be qualified in a harmonious manner. In earlier times, when all such life-energy was qualified in the amount of 100%, the individual was eligible for the ascension. Today, mankind needs only to harmoniously-qualify 51% of all energy loaned to him, during his many embodiments. This includes the energy given to him, both during embodiments, and while "dwelling on the other side," when not in embodiment.

Many individuals think that for energy to be harmonious, it must all be spent in devotion, prayer, ceremonial service and solemn invocations, directly concerned with spiritual aspiration. The truth is, that ALL constructive and harmonious energy is a natural expression of the God life, whether it be the loving service of friend to friend, or the constructive creation of a bench, a chair, or a garment.

A woman may be scrubbing a floor on her hands and knees, immersed in suds and water, yet her energy may be very harmonious and peaceful in that activity, and there will

rise, to her Causal Body, every electron released in such an act. A priest may stand on an altar, in a state of rebellion, resentment or hate – and not one electron will add an ounce of energy toward his freedom!

Saint Francis of Assisi, and so many Holy Ones, dedicated their lives to humble service – walking the roads, serving the poor, feeding the hungry, and ministering to the ill. Saint Francis was a comforting presence, blessing life everywhere.

The “Kingdom of Heaven,” to which Jesus referred, when he said that that kingdom was within you, might well be called the “Kingdom of Harmony,” for it expresses the God-quality of undisturbed, sustained peace. It allows the Immortal Threefold Flame of Love, Wisdom and Power to be the God-authority acting for and through you. In just such a manner was the beloved Jesus enabled to instantly still the waves of the sea. As you practice, daily, this surrender of the outer personality to the flame within, you will find that the kingdom which is within you, will then be externalized through and around you.

Without sustained harmony in the thoughts and feelings, the pure life energy from God is unable to bring to you its blessings. Harmony, like mercy, love and compassion, is *not* a negative quality, but a powerful and positive force belonging to the strong, and cultivated through century upon century of self-discipline.

When we are in a crisis and our momentums of sustained peace are insufficient to hold a balance, we may call on an Ascended Being (such as beloved Jesus, Mary or Kuthumi), to draw the harmony of the Ascended Master

Realm, into our aura. Holding the attention long enough on a picture of the particular Master, and asking for the fully-gathered momentum of love, peace and harmony of the Master (which is the "nature" of a Master), will help bring these God-qualities into our experience.

Therefore, holding to the law of harmony, keeping an aura of undisturbed peace, expressing self-control and not anger, is a pre-requisite on the path to mastery, and finally, the ascension.

Harmony, an action of divine love, requires the continuous pouring forth of kindly feelings of good will to each other. To be in a continuous state of harmony, we need to look to the God-Presence I AM and the Ascended Host of Light, for guidance, protection, happiness and PEACE! Let each of us say and FEEL: "God grant us PEACE, and LET IT BEGIN WITH ME!"

For one of the best examples of maintaining harmony within the family unit, let us refer to the example that beloved Mother Mary left us, when she was the spiritual leader of the Christian Community at Bethany.

**Mother Mary, As Peacemaker**

When reflecting upon the fifteen-year time span between the journey to Britain, and her ascension, Mother Mary called it the “fifteen most difficult years of her life.” People of different backgrounds and personalities had to make the necessary adjustments caused by living together, in close quarters. It was up to Mother Mary to be the leader and referee. While assuming this position of spiritual leadership, it is clear from reading the original notes, that Mary never exhibited herself as a strong leader. Her function was to give general direction only, which may be compared to the task of an ombudsman, who gives opinions, when asked.

One day Peter approached Mary, pointing out that most of the Christian community was still celebrating Jewish holidays, that it was high time to put into practice Jesus' teachings, and to establish some Christian holidays. Mary agreed, and Christmas was the first Christian holy day that was celebrated at Bethany. The disciples prepared a small crib, as a surprise for Mary, and the birth of Jesus was reenacted. The celebration of Easter, Jesus' Ascension Day, and Pentecost, followed.

Another time Peter burst into Mary's room, very upset. He stated that some “heathens from India” had just painted a sun over the newly-whitewashed walls of the house, and were worshipping it. Mary investigated, and found a large sun, symbolic of Osiris. She explained that the sun was, to these people, a symbol of life, and they were honoring a symbol without worshipping it, in the same way that the disciples were honoring Jesus without worshipping him. Mary

then asked Peter to get together with Andrew and white-wash over the Osiris-symbol. Mary offered to give the men from India some sunflower seeds. They could be planted against the house, and the sunflowers could serve as a symbol of the sun. Everyone was pleased with this compromise.

Some other folks from India also caused problems. They sat all day, in the corner of the courtyard, and did not move from that position. The disciples had an understanding that everyone who was to share the food, had to make a contribution to the overall work load of the community. There was some resentment against the men from the far East, sitting all day, doing nothing. Again, Mary came to the rescue. She explained, to the disciples, that these men had come very far just to obtain the radiation of Jesus, which was the "hem of his garment." They, on the other hand, had had the privilege of living with, and knowing Jesus, while he was on the physical plane. The disciples were satisfied, and gave the men from India all types of food, more than they wished for.

Often, after the disciples and the apostles had returned from their long journeys, they found that the hot sands had cracked their feet. So, Mary, with the help of Mary Magdalene, created an ointment that quickly healed them. Mary Magdalene was much interested in perfume. Peter did not like it and asked Mary to do something about this worldly practice. Again, Mother Mary acted as a peacemaker. She suggested putting the perfume into the ointment. Everyone thought this was a good idea.

These were the tests and trials of daily living. There

were also happy times, when visitors from other parts of the world arrived. There were the happy communions of Mary and John at the top of the hill at Bethany, and there were, what Mary called, "the other sort of experiences."

Whenever Jesus approached, the melody of "Joy to the World" was heard by Mary and some of the disciples. This had already occurred at a time right after the resurrection. Mary said the melody was so distinctive, she wondered why all of the disciples couldn't hear it.

Some nights, Peter, Andrew and James had words. Andrew and James wanted a change of routine. They longed for the fresh breezes of the Sea of Galilee, and they wanted to go there to fish. Peter was opposed to this. Mary suggested they go together, preach the Gospel, and give up fishing, for now they were all "fishers of men." All agreed, and walked arm in arm, to Galilee.

One day the lovely wife of Pilate came to Mary, complaining that Peter had chopped the head off a statue that represented Apollo. When Peter was asked why he did it, he said that he didn't think Roman gods had any place in the community. Mary asked Peter to restore the head, since the figure only represented love and beauty.

Mary, through her training prior to this embodiment, had some experience with elementals. She knew that bees respond to certain sounds. Mary attracted the bees with the sound of clinking brassware. As a result, everybody had honey to go with the unleavened bread.

John gradually assumed the likeness of Jesus. The shine

of his hair, the brilliance of his face, even the contour of his face, became like his Master. According to the Masters, when Jesus communicated with Mary and John, on top of the hill of Bethany, the method of conveyance was almost identical to that of the Masters who spoke through the messenger, Geraldine Innocente, in the 1950's. John wrote down his revelations, which do not coincide with the revelations printed in today's Bible. In the 1950's, John applied to the Karmic Board for a dispensation that would permit him to give his revelations again, using the words as he recorded them, at the time when he was a disciple of Jesus.

When Saul of Tarsus (Paul) came to Bethany, he suffered great remorse over what he had done to a Christian, named Stephens, and others. He also regretted, very much, not having been in a state of "listening grace," thereby missing his opportunity to be part of Jesus' ministry. Paul consecrated the remainder of his life to making amends. This he did, but there were temporary setbacks. Sometimes one could find him in the depths of despair, with tears running down his cheeks. At other times he would display the arrogance of his earlier life. He would argue violently with the disciples who did not have formal training. When things started to get out of hand, Mary stepped in. She reminded Paul that he should listen to the disciples, because they had been a witness to Jesus' ministry, and had lived in his aura. Then, Paul relented.

### HOW YOU ARE LOVED An Address By Lord Maitreya

"Beloved and blessed Spirits of God, do you know how much you are loved? Have you thought, in your long and tedious journey through the world of form, of the amount and intensity of LOVE that has been invested in your lifestream, individually?

"From the moment when you were called forth, a sweet and innocent spirit spark from the heart of the Universal Father-Mother God, from that very moment of individualization, love has sustained you!

"Love has furnished for you, out of the beautiful Electronic Light Body of God, himself, the electronic form of your own I AM Presence!

"Love has drawn the substance of the elemental kingdom, which has formed for you an emotional body by which you might feel the glorious nature of God, by which you might feel love and harmony and beauty, and every other feeling which is of that nature.

"Love has fashioned for you, from the elemental substance, a mental form by which you might receive the ideas of the universal, and fashion, for yourself, an individual world.

"Love has created for you an etheric envelope, into which you might record the experiences in the use of energy and vibration—building into this etheric body the mastery of light.

"Love has drawn, from the physical atoms of this world,

the very physical body which you wear.

"All of that electronic light substance is intelligent and beautiful free life, that chose to forego its happiness in spheres and realms of perfection, for the questionable opportunity of making garments for your souls.

"Love, from the heart of the kingdom of nature, fashioned for you this very planet—a platform upon which your feet might stand, fresh water to refresh your garments, the beautiful, pristine air which you breathe so freely, the glorious firmament, with the blue sky of day and the star-studded mantle of God at night, to give you rest and peace and give you opportunity to refresh yourselves, through your journey through the world of form.

"Love, through the Maha Chohan, drew, from the kingdom of nature, the tiny elemental forms and trained them to embody themselves in flower, in tree, in shrub, in grass and the very substance that, through nature, nourishes and sustains your physical bodies.

"Love drew the heart of Sanat Kumara from his own beloved, on Venus, and helped him to make this self-chosen exile that this very planet, Earth, might be sustained and mankind would not be found orphans without a planetary home!

"Love, from the heart of Sanat Kumara, drew the response from the great Gautama Buddha and myself, in its great desire to train a Hierarchy that might teach man, again, the power and mastery of life within the Sacred Fire!

"Love has done all of this for you!

Do you know what it means, to the hearts of the Ascended Masters, to see a group of unascended beings stand together and call them by name and in song, mingling the worded expression with the love of their hearts—when, for countless centuries of time, mankind did not even know that the Ascended Masters existed? Little do you yet comprehend the power that is within that magnetic heartbeat.

“The love from your heart draws the Ascended Master. The Masters come because of your love, for LOVE is a power that cannot be denied by Solar Lords, angels, devas, or by Cosmic Beings.”

### **Gratitude**

One of the quickest ways to release the God-powers locked, within each heart, is by a deep, sincere and profound feeling of gratitude for life and the many, many blessings which you now enjoy. You will be surprised to find how very “rich” you are, if you will take the time to enumerate all the good that is now in your world.

Who, among us, loves and reveres that presence of life within us? Who gives joyous praise and sincere thanks JUST FOR LIFE, the first thing each morning, as we return to this world, in consciousness, to a clean, fresh start, on a clean, fresh day, with a clean, fresh page opened before us, in our own personal book of life, on which we may imprint the most beautiful record of love's accomplishments, or the blot and smear of wasted energy?

Life is no respecter of persons. Its gifts are for ALL. They

are ours for the asking, but the "asking" must be done. The call for those gifts releases them, but the call must come from the heart of the one desiring them. That call can no more fail to be heard or answered than you could suddenly put the sun, itself, out of existence. It is life, itself, that makes the call. The laws of life are just as eternal as the sun, itself, and, "call unto me and I will answer you," is one of those laws.

Life, itself, is all there is! It is God, himself, in action, in each one. Dear friend – as long as you have a beating heart, you are master over everything in your world. As long as you have a beating heart, nothing is hopeless; nothing is impossible unto you, for "one with God is a majority" and "WITH GOD ALL THINGS ARE POSSIBLE." Remember! God's life is right within your own heart.

"Know thyself," the sages of the past have said and what is more "thyself" than your own personal heartbeat? Try getting acquainted with your own heart-beat and its source, and you will never feel lonely or hopeless again. Right within your own blessed self, has all of life given itself to you, for constant use – without limit. This practice, persistently held, will lift you to the attainment of your every heart's desire, right here in your daily experience in this world. It will be "wings of light" to you. Try it! It works!

Gratitude causes the thing you are grateful for to expand and double its blessings to you, so that where there was only ONE blessing, your gratitude makes TWO! Gratitude is really a stream of energy going forth from you with a blessing. Since all life desires to be loved, your gratitude causes more

and more of the intelligences, in all life, to rush to you to be blessed by your gratitude and to be temporarily relieved from the pressure of discord, which they have been under. Lack of gratitude, for the good now experienced, has prevented many a door from opening, for earnest students, and has prevented the increasing of the abundance of good which they desired and expected. There is no substitute for gratitude and love!

### **Forgiveness**

One can readily see that, during the hundreds of embodiments we have had in the past, we have misqualified much energy. The very fact that we are here on Earth, today, shows that we have misqualified over 50% of the energy ever allotted to us. Through divine grace, there is a tool available to us, that we can call on to lessen the karmic debt caused by our wrongdoing. This tool is called the Law of Forgiveness and it should always be stated before issuing the Violet Flame Decree.

Saying, "I AM the Law of Forgiveness for myself and all mankind, for all misqualified energy and for straying from the Light," several times a day, will eventually bring a lightness to your being and world, which you never thought possible. Remember, you may have harmed, not only people in the past, but also birds, animals, and other forms of life. You may have misused the beings of the elements of earth, water, air and fire—all of which have intelligence and are endeavoring to evolve into ever-greater perfection.

When the decree is accompanied with the actual FEELING OF FORGIVENESS for your own mistakes and those of all mankind, this will result in tremendous assistance, not only to mankind, but to yourself, as well.

If you know of any lifestream with whom, in this Earth life, you are not in complete accord, consciously draw the image of that person before your mind's eye now, and let an Ascended Master give you his feeling of unconditional loving forgiveness toward that one. If you will accept this, he will cut you free from the recoil of the energies of those past mistakes which made the enmity in the beginning. Experiences of physical embodiment, good or bad, weave ties that, if they are not worked out here on Earth, will have to be balanced in another embodiment.

Now, knowing about this Law of Divine Grace, should we not, in turn, forgive those who trespass against us? Mother Mary was asked one time, "How can we progress, spiritually, by leaps and bounds?" Her answer was, "By forgiving all those who have wronged you."

#### **THE CHELA'S DUTY TO GOD AND FAMILY**

**Chela to Set an Example**

The chela of an Ascended Master, having the benefit of important knowledge gained by reading the dictations of the Ascended Masters, has both the opportunity and the responsibility to set the example, for others to follow. Among other things, this means the chela has to set his own house in or-

der, and master his own four lower bodies. No one else will do this for him. It is an exercise of self-discipline, putting into practice what one has learned. If he does this, he will find a much better receptivity by the other members of the family, for the teachings of the Ascended Masters.

Master Kuthumi stated: "How can one best bring the understanding of the Masters into one's family and to the attention of one's friends? ONE SHOULD WAIT PATIENTLY, UNTIL THE SEARCHING INDIVIDUAL ASKS ABOUT THE TEACHING. I do not counsel propagation of the faith in the family unit through verbal instruction, until the life lived by the chela invokes inquiry from those who will respond to radiation, as surely as the flowers respond to the light of the sun."

"THE BEST WAY TO ATTRACT FAMILY MEMBERS TO THE TEACHING IS THROUGH EXAMPLE. There is no teacher like manifest works. When you have what the world wants, the world will beat a pathway to your door. Proceed to develop the powers of healing, of precipitation, and see the truth in this statement."

Master Kuthumi continued, stating that the catapulting of the "words" of the teaching, before one is ready to accept it, stirs the rebellions of the centuries, toward truth in any guise. "A member of the family unit needs to give all other members the freedom of expression, taking hands off other people's energy. This helps the other members develop their individuality and their growth. At the same time, it also helps to preserve the peace in the family unit."

The Maha Chohan added to this subject, as follows: "Many people say they have not time to devote to spiritual

endeavors and development, or even to spread a little light and sunshine on the darkened souls of those they meet in the course of their daily lives. They will tell you that their immediate families or their individual interests take all their energies.” In this regard, the Master Jesus admonished his hearers to ‘render unto Caesar the things that are Caesar's and to God the things that are God's.’

YOU MUST NOT NEGLECT THE SERVICE TO GOD THROUGH OVER-ATTENTIVENESS TO FAMILIES AND FRIENDS. YOUR INCIDENTAL FAMILY LIFE IS OF NO IMPORTANCE IN THE HEAVENLY SCHEME OF THINGS. You, each one, have had millions of such experiences, and your families, in turn, have had the same, but with the conscious knowledge of the Law and the realization of the service you can render to life, especially at this crucial time of Earth's history, YOU WILL NOT BE HELD GUILTY, BEFORE GOD, IF YOU DO NOT ATTEMPT, CONSCIOUSLY, TO BECOME A HARMONIOUS EXPRESSION OF YOUR OWN HOLY CHRIST SELF AND RENDER WHAT ASSISTANCE YOU CAN IN BRINGING FREEDOM TO EARTH AND HER PEOPLE.”

#### Celebrating Christ-Mass

Parents should cultivate a higher sense of family. Jesus answered the question “Who is my Family?” with “Those that do the will of my Father, those are my family.” We already learned that our incidental family life (contact with aunts and uncles etc.) is of no importance to the Ascended Host. This concept should prevail during the holy week from December 26 to New Year's Day.

It is the time when good will prevails, at least in the Christian World, because of the remembrance of Jesus. THIS IS THE TIME WHEN THE KARMIC BOARD GATHERS THE CONSTRUCTIVELY-QUALIFIED ENERGY OF MANKIND, TO GAIN ADDITIONAL GRANTS FROM THE COSMIC LAW. This was known to the members of the Philadelphia Group of the "Bridge to Freedom," who met every day during that week. The members did not go to parties; they had no family reunions during this time. This effort resulted in accomplishments which, according to the Masters, had not been achieved in millions of years.

Parents may gain similar results by focusing their attention on the Ascended Host, and not so much on parties and meetings with those family members who do not inspire spiritual progress.

The time between Christmas Day and New Year's Eve should be utilized, to the fullest extent, to serve God and the Ascended Host, to foster team spirit within the family, making use of the opportunity to celebrate a Christ-Mass and giving gratitude for the blessings received during the past year. If this plan is adopted, it will enable the Ascended Host and the Karmic Board to substantially increase the blessings to the individual family unit, and to all of mankind.

## PROVIDING HOMES FOR ADVANCED LIFESTREAMS

### A Dictation by Ascended Master Kuthumi

Many great and important spirits are taking flesh garments, to carry on and expand the masters' work, for the centuries to come. Where are they going to find homes fit for their spiritual unfoldment, and their delicate and refined vehicles?

To every land they come, and it is my individual responsibility to secure the best possible means for housing and raising them. In every nation, in every state and every island, there should be established, a spiritual center, into which these GEMS OF HUMANITY might be gathered, carefully reared and trained along spiritual lines, and prepared to be the "bridge" for the less awakened masses. As there are not enough vehicles, awakened, to be the doors through which they can come, we must use, as best we can, the material at hand, and through so-called "circumstances," draw together the spiritual "wheat" which will be the nourishment of the future.

Your cosmic calls, to raise up ascended master youth, in the service of the light, are priceless! When they are raised up, where shall they live?

Practical Christianity is godliness! ONE SOUL, PREPARED TO BE A VESSEL FOR THE MASTERS, IS WORTH ALL THE MATERIAL WEALTH THIS COUNTRY CAN OFFER!

I am he whose province it is, to guard and guide young persons and every incoming child. There are spirits walking

the Earth, today, on bleeding, callused feet, who have not a cloak to cover their shoulders, nor a kind word for their heart-sore spirits, and yet, these tiny pilgrims are my ambassadors, who carry my future plans in their tiny, immature hands and in their great and stalwart hearts.

When you call for the young, call for the young to be provided for. Call for shelter, for love, for kindly friends and for loving hearts, call for the young to be provided for. I am teaching a great number of powerful souls, who are to embody in the New Age as teachers. They will be the missionaries of this activity in the countries of the world.

## **Chapter 4**

### **Grow More Beautiful As You Grow Older**

**By The Maha Chohan**

### HOW YOU MAY BECOME MORE BEAUTIFUL

"Before man can come to the place where he may join the Ascended Masters, he must master the vibrations of his bodies, to a point where they do not create dissonance in their own world, or in the world of another.

"IF YOU WILL THINK BEFORE YOU SPEAK AND ACT, AND ALSO BEFORE YOU FEEL, IT WILL ENABLE THE ELEMENTS OF YOUR BODIES TO RETURN TO THEIR ORIGINAL BEAUTY, HARMONY AND PEACE. As soon as the pressure of discord is consciously controlled, the lifestream's natural state of being begins to establish itself, as the Holy Christ Self returns the electrons to their natural orbits. That is why individuals who have come to the place of mastery and peace, attain great beauty, and why all the Gods and Goddesses (the Ascended Masters) are expressions of majesty, dignity, beauty, glory and harmony."

### OLD AGE AND DISINTEGRATION NOT NATURAL

"THE APPEARANCE OF YOUR PHYSICAL BODY IS DETERMINED BY THE AMOUNT OF LIGHT THAT IS USED WITHIN THE FOUR LOWER VEHICLES – THE EMOTIONAL, MENTAL, ETHERIC, AND PHYSICAL BODIES.

"The natural emanation of light, through these lower bodies, forms the protecting wall referred to, in your instruction, as the Tube, or Pillar of Light. When the electrons move more slowly in their particular organs and cells, they draw less light from the Holy Christ Self and the natural resistance

of the lifestream grows weaker.

"WHEN THE RACE BECOMES HARMONIOUS, AND THE ENERGY RELEASED THROUGH THEIR BODIES IS NEVER QUALIFIED DISCORDANTLY, THERE WILL BE NO SUCH THING AS OLD AGE AND DISEASE, and the vehicles, when abandoned at the close of that phase of life's experience, will be in as perfect a condition, as when they were designed by the builders of form and the Higher Self."

#### GROW MORE BEAUTIFUL AS YOU GROW OLDER

"The bodies of the Ascended Masters, the angelic host, as well as the cherubic and seraphic guards, are ever growing finer and more beautiful, as the energy through the electrons is ever charged with more light, love and balance. Thus, the Master Jesus, who ascended many centuries ago, is a far more majestic figure today, than at that time!

"As above, so should it be here below! The lifestream who has attained maturity, should be more beautiful and exquisite, in face and form, as the years go on! It would be a glorious experience and manifestation, if a few individuals, who have a knowledge of this law, would choose to experiment with the law of harmony, and allow us freedom to help create bodies such as have never before been seen on this earth!

"The Holy Christ Self of each individual is as beautiful as the most perfect angelic being that you could conceive of, and the individual Holy Christ Self WILL DUPLICATE that beauty, through any flesh form THAT DESIRES IT, with some

cooperation and conscious study, by the personal self. I am willing to assist in this experiment, with any or all who choose to make the necessary effort at self-control.

"You would then be a marvelous example, which Saint Germain could set before the entire world. This would 'SELL' the kingdom of heaven far more rapidly than the precipitation of gold.

"You have full authority to build this same perfection into the children and young people you see around you. The Elohim of Peace, the powers of harmony and purity, and the builders of form will join you in this, and it will be a very great privilege for your lifestreams to render such service."

#### HOW TO DRAW LIGHT TO YOUR BODIES

"You have learned how essential it is to draw, from the Presence, LIGHT, which is THE FOOD of the inner bodies and the only means by which their vibratory action can be accelerated.

"How do you draw LIGHT? You draw it by the magnetic law of attraction. YOUR ATTENTION IS A FUNNEL. WHERE YOU DIRECT IT, THERE IMMEDIATELY BEGINS TO FLOW THE SUBSTANCE UPON WHICH YOU DIRECTED YOUR ATTENTION, INTO YOUR WORLD. THROUGH THIS FUNNEL COMES THE ASCENDED MASTER CONSCIOUSNESS AND THE LIGHT OF GOD THAT NEVER FAILS, or the human accumulation of the lifestream, upon which you fixed the beam of your attention, instead.

"In order to intensify, or to increase, the vibratory action of your lower bodies, YOU HAVE BUT TO PUT YOUR ATTENTION UPON ANY MASTER, OR YOUR OWN I AM PRESENCE, and while it is there, you will naturally charge that substance of light into your four lower bodies, as mechanically as the battery of the car is charged by the charger.

"Even to lie flat on your bed and visualize that LIGHT pouring through your four lower bodies, for five minutes, three times a day, would greatly accelerate the vibratory action of your vehicles.

"The more attention that is placed on the Light, and the more Light drawn into your vehicles, the more rapidly they will vibrate, and the easier it will be for you to hold harmony, because WHEN YOU VIBRATE BEYOND A CERTAIN RATE, DIS-HARMONY CAN NO MORE REGISTER UPON YOUR FLESH OR BODIES, THAN A BUMBLE BEE CAN SIT UPON THE PROPELLER OF ONE OF YOUR AIRPLANES. It then is no longer an effort of will to have self-control, for then you are so rapidly vibrating in thought and feeling, that the human vibratory action ceases to be."

#### HOW TO HAVE ETERNAL YOUTH

By the Ascended Master Saint Germain

"Eternal youth," Saint Germain explained, "is the flame of God, abiding in the body of man – the father's gift of himself to His creation. Youth and beauty of both mind and body can only be kept PERMANENTLY by those individuals who are

strong enough to shut out discord, and whoever does that, CAN and WILL, express perfection and maintain it.

"Where peace, love, and Light do not abide, within the thoughts and feelings of a human being, no amount of physical effort can possibly keep the outer-self expressing youth and beauty. These exist, eternally, within the God-flame, which is the divine self of every individual. Whatever discord the outer-self allows to flash through his thought and feeling world, is THAT INSTANT stamped upon the flesh of the physical body. Eternal youth and beauty are self-created, and forever self-existent, within the flame of God's life in every human being. This is God's plan for manifesting his perfection into the world of form and maintaining it forever.

"Youth, beauty, and perfection are attributes of love, which the God-Self is continually pouring forth into its creation. Within each individual is placed the power and means for maintaining, and increasing, that perfect, ever-expanding activity of creation.

"The power of accomplishment is the energy of the God-Self in each human being born into the world. It is always active, every moment, in your mind, body, and world. There is no instant in which this mighty energy is not flowing through all individuals. You are privileged to qualify it as you please, at the command of your own free will, through consciously-directed thought and feeling.

"THOUGHT IS THE ONLY THING IN THE UNIVERSE THAT CAN CREATE VIBRATION, AND, THROUGH VIBRATION, YOU QUALIFY THIS EVER-FLOWING ENERGY WITH WHATEVER YOU DESIRE TO HAVE MANIFEST IN YOUR LIFE AND WORLD. This

limitless, intelligent, radiant energy is flowing, ceaselessly, through your nervous system, and is the eternal life and vitality in the blood stream flowing through your veins. It is an all-powerful, omnipresent, intelligent activity given you by – the Father – the God-principle of life – to be consciously directed according to your free will. Real intelligence, which uses everything constructively – comes only from within the God-principle – the flame of life, and is not merely the activity of the intellect.

“Real intelligence is wisdom, or God-knowledge, and THIS DOES NOT AND CANNOT THINK WRONG THOUGHTS. Wrong thoughts come only from impressions made upon the intellect by the world outside of the individual. If individuals would discriminate between their own thoughts, that is, thoughts from within the God flame, and the suggestions thrown off by other people's intellects, and the evidence of the senses, which consider appearances only, they would be able to avoid all discordant activities and conditions in the world of experience.

“The Light from within one's own God flame is the criterion – the standard of perfection, by which all thoughts and feelings that reach us, through the five senses, should be tested. No one can keep his thoughts and feelings qualified with perfection, unless he goes to the 'source of perfection,' for that quality and activity only abide within the God flame.

“Therefore, the individual needs to BECOME STILL AND LISTEN TO THE GOD-VOICE WITHIN.”

### YOUR GOD PRESENCE, THE FOUNTAIN OF YOUTH

Beloved Cosmic Being Victory explains that our God-Presence is the real Fountain of Youth, that we can use to advantage to keep us young. In an article in the book "Manifesting Victorious Accomplishment" the "Tall Master from Venus" gives the following dictation:

"The great energy, strength, power, and courage comes from your I AM Presence, because it is the pure essence of life. Very often, Saint Germain used to first gather the substance together, and then, afterwards, precipitate the elixir of life, and it produces marvelous results! You, today, have the same elixir of life, flowing into your bodies, exactly the same which he produced in outer manifestation to mankind!"

"I want so much to convey to you, today, that in all mankind's search for the Fountain of Youth, they had it, ALL THE TIME, RIGHT THERE, IN THE PRESENCE ABOVE THEM! In the earlier centuries, you have no idea how many hundreds of people sought, the world over, in search of the fountain of youth! The transportation was not as advanced as it is today, yet, with all the hardship and privation, they sought, and searched the world over! Why did they do that? It was because something in here (pointing to the heart) knew it was attainable, but not having a clear enough concept of it, they thought they had to search outside.

"If you ever find yourselves drooping with the weight of troubles, straighten your spine and stand there, the victory of Light! Oh, what a wonderful thing! Feel that, dear ones! Feel that mighty victory which is yours, taking command of your physical bodies, producing harmony, happiness, health,

strength and power, within those human forms. Let it hold its dominion there! It is within everyone's reach !

"Because the world of human opinions has said, when you reached age forty or more, you must become an old individual – is not that the sheerest nonsense? Mankind has accepted it and, of course, in their accepting, it acts in its outpicturing, but it does not have to exist. Really, any one of you could start, tonight, and within three months, show the most magnificent outpicturing of youth in your bodies! You would scarcely believe it! Only as you see the proof, at your calls, will you know what strength and courage it would give!"

#### THE RESTORING POWER OF THE RESURRECTION FLAME

Everyone can use the restoring power of the Resurrection Flame. It is this flame that restores the nature kingdom every year, in what has been called "The Miracle of Spring." Beloved Ascended Master Jesus used the power of this flame to restore his broken body, to full perfection. Beloved Mother Mary, in an article published in the Bridge to Freedom Bulletin, recommends an exercise to use the power of this flame to full advantage. She states:

"TODAY, SOMETIME WHEN YOU ARE QUIET, TAKE A GLASS OF WATER AND THEN CALL THE POWER OF THE RESURRECTION FLAME TO CHARGE THROUGH IT, RAISING ITS VIBRATORY ACTION TO THAT OF THE ELIXIR OF LIFE. DO

THAT THREE TIMES TODAY. DRINK IT AS THAT ELIXIR. It is a practical, workable activity, which will give to you a greater uplift of a sustained nature, than any amount of stimulus that can be given, to you, by the outer world. This is just a simple example, but I would like you to feel it; I would like you to see and to know the power that is in you, in everyone, to create and charge the water element into a substance which is, truly, THE ELIXIR OF LIFE.

“People have sought this elixir everywhere. Beloved Saint Germain experimented for a long time, in France, and in other places in Europe, with the creation of that magic elixir. Then, in America, they thought they had found the Fountain of Youth in Saint Augustine, Florida. THE FOUNTAIN OF YOUTH IS IN YOUR HEARTS! But if that fountain is covered over for lack of use, or through the acceptance of human appearance, it does not flow forth freely. But be very sure, my beloved, that you want that fount of life to flow freely through you, for one motive and purpose only, the resurrection and the life of your own individual selves. In that way, you will be a living, breathing example, here on this planet, Earth, to the glory of God and for your beloved Ascended Master Saint Germain, who desires, among all things, to have sons and daughters of freedom, free from every distress that is limiting.

“If our blessed Jesus had not used that power of the resurrection, silently and audibly, as discretion allowed, from the time that those words were received by him, until Easter morning, he could not have had the necessary gathered momentum to make that triumphant resurrection, when, bursting from the tomb, he stood forth, in the restored,

physical body that had been mutilated and broken by the human creation of the masses.

"These are the activities we use today, as we are within the temple and foci of all the Host of Light. Let us resurrect, now, in our presence, the fullness of the goodness of God for this Earth, its peoples, its evolutions, those who are to embody here, those who are presently embodied, and those who have recently left the body! This Resurrection Flame can bring us in tune with our God estate. The most delicate of all the instruments of God, on Earth, is a human being, within whose heart blazes the immortal, victorious, Threefold Flame of Almighty God."

Beloved Virgo, the Goddess of Earth, also emphasizes the importance of keeping our harmony to sustain a healthy, physical body. She explains: "Many precipitations are never completed, because the will of the individual, holding the original design, relinquishes the necessary cohesive power of divine love, before the electrons fully coalesce – and when that impetus is released, the electrons automatically return to the 'unformed.'

"I explain this to you for a double purpose – first, TO REMIND YOU TO TRY TO KEEP YOURSELF HARMONIOUS AT ALL COSTS, AND TO REFRAIN FROM JARRING AND CHANGING THE VIBRATORY ACTION OF YOUR ATOMS. We have 'stepped them up,' and have removed the dark 'wedges,' as much as is possible for us to do, at this time. These "dark wedges" are impure substance, that you have charged into the atoms of your four lower bodies."

## **Chapter 5**

### **The Philadelphia Group of the “Bridge To Freedom”**

### THE BACKGROUND OF THE GROUP

This record of the Philadelphia Group was compiled to demonstrate what a small group of Bridge to Freedom students can accomplish, when it is sincere and persistent in its application. Until now, these accomplishments had never been presented in chronological order.

Almost all of these achievements took place in 1954. Among this group was the messenger, Geraldine Innocente, her mother, Mary Lehane Innocente, and Geraldine's father, Gus Innocente, all students of the "Bridge." Other members of the group were Francis Ekey, the group leader, who was mentioned favorably by the Masters in the "green books" of the I AM Activity, and Alice Schutz, the twin ray of the Ascended Master, Djwal Kul.

As a long-time student of Alice Schutz, I knew that, in 1954, she had worked as a secretary for Geraldine Innocente. Alice was the person who operated the tape recorder, on which the original dictations were transcribed. She would then transfer these dictations to a typewriter, keeping a copy for herself.

The Masters described the members of the Philadelphia group as just a handful of people. I can vouch for that, because Alice Schutz, herself, told me that the group never numbered more than 12. Since we are talking about the year 1954, and the early stages of the "Bridge to Freedom," when there were fewer people, and that not all participated in what the Masters called an "experiment," the number given as "a handful," appears to be correct.

Through the work of this small group, in cooperation with the Ascended Masters, HUNDREDS OF THOUSANDS OF INCOMING LIFESTREAMS, WHO OTHERWISE WOULD HAVE BEEN BORN BLIND, LAME OR WITH OTHER DEFICIENCIES, WERE BORN PERFECTLY. SIMILAR RESULTS MAY BE ACHIEVED TODAY BY EMPLOYING THE SAME PRINCIPLES USED BY THE PHILADELPHIA GROUP OF THE "BRIDGE TO FREEDOM."

I was told, by Alice, that in the 1950's, the group had to meet in an upstairs apartment, in Philadelphia. Those who have ever lived on the East Coast, know how hot and humid it gets during the summer. To add to the difficulty, the landlord asked them to keep their windows closed, so as not to disturb the neighbors, while decreeing. Needless to say, these meetings were sometimes not too comfortable to attend.

In 1953, the situation was as follows: The group leader of the Philadelphia Group, Frances Ekey, who also was the assistant editor of the monthly newsletter of the "Bridge to Freedom," had published several decrees, with the purpose of enlisting the support of the students for Mother Mary's petition, asking the Karmic Board for healthy incoming babies. Mrs. Ekey asked for the support of the students in the request that all incoming children would be taken to the Cosmic Temples of Mercy and Purification, established at inner levels, where they were to be cleansed and purified of all human creation, that would limit their perfect expression, when coming into physical embodiment.

On June 23, 1954, just prior to the meeting of the Karmic Board, Mother Mary renewed her request, again asking the Karmic Board for healthy incoming babies, free from

physical and mental deficiencies. Mother Mary offered her own energy, as a balance, to achieve the goal of having incoming lifestreams born with perfect minds and bodies.

The Philadelphia Group supported Mother Mary's decision. The group met once a week, and, in addition, four times a year, for special seminars. They also met every day between Christmas and New Year. To meet at this time is very valuable, because of the good will and good energy radiated by mankind, around the Christmas Season. This energy of mankind, amplified by the ascended master students, can be gathered by the Masters for immediate use, during the meeting of the Karmic Board, which is usually held from December 26 to January 2.

Most of the members of the Philadelphia Group had spent many years with the I AM Activity, which they left in 1952, when the Bridge started. So, they knew how to decree very well. But their most important asset was perseverance. They never gave up! They kept on keeping on!

Some of the members worked day and night for the cause of the Masters, with only a few hours of sleep, volunteering their services.

It is important to point out that the Masters often asked the members of the Philadelphia group to sing, as well as to decree. That clearly demonstrates the importance that the Masters attach to good music. Good music harmonizes and purifies the student.

Beloved El Morya stated, on December 31, 1954, "In the course of the two and a half years, that we were given the

grant and dispensation [the 'Bridge to Freedom'] to reach through the veil to the conscious mind of the chelas, WE HAVE ACCOMPLISHED MORE IN THE EVOLUTION OF THIS PLANETARY SCHEME THAN WAS ACCOMPLISHED IN MILLIONS OF YEARS."

Summarizing the accomplishments of the Philadelphia Group of the "Bridge to Freedom," in assisting incoming children, Alice Schutz stated: "Some students, working in cooperation with the Cosmic Law, were able to assist many incoming lifestreams. Through their selfless service in applying the law, by making the calls to transmute karma for them, many hundreds of thousands of children received better physical bodies than they would have otherwise had. Therefore, the incoming lifestreams were better equipped to fulfill the divine plan. EACH YEAR THERE ARE MANY THOUSANDS TAKING EMBODIMENT WHO COULD BE ASSISTED IN THIS WAY. THIS IS A SERVICE PEOPLE COULD TRAIN THEMSELVES FOR, IF THEY ONLY WOULD."

This book deals with that part of the accomplishments of the Philadelphia Group of the "Bridge to Freedom", in 1954, as it pertains to its work in assisting incoming children. The group successfully completed projects in other areas as well. These are outlined in the AMTF-Publication "The Law of Precipitation."

**THE RECORD OF THE PHILADELPHIA GROUP OF  
"THE BRIDGE TO FREEDOM"**

**Introduction**

Presented, in chronological order, are dictations by the Ascende4

**Frances Ekey**

Frances Ekey, the editor of the "Journal of the Bridge to Freedom," and the leader of the Philadelphia Group, in 1953 asked the students to give decrees for incoming children, their parents, their homes and families, as well as decrees for departing souls. These decrees are listed here in response to the petition of beloved Mother Mary, who, for many years had asked the Karmic Board for healthy, incoming babies. Mrs. Ekey is asking for the support of the students, in their decrees, that all incoming children will be taken to the Cosmic Temples of Mercy and Purification, established at inner levels, where they may be cleansed and purified of all human creation that would limit their perfect expression, when coming into physical embodiment. The decrees are entitled,

Prayer For A Soul Departing  
Invocation For Incoming Enlightened Souls  
Invocation For Incoming Children And Youth  
Invocation For The Expectant Mother And Child  
Invocation For The New-Born Child

These decrees are the basis for the "Proposed Plan of Action," listed at the end of this book.

**December 27, 1953, Ascended Master Kuthumi**

This week, at the great Rocky Mountain Retreat, all the glorious chambers are open. The Karmic Board will not convene until the Christmas Eve and Christmas Day festivities are over, and then, for the entire period up to December 31st, they will hear the petitions for the year 1954. We are counting upon the combined energies of the Philadelphia Christmas Class, to give us the required energy to offer to the Karmic Board, that we may receive greater dispensations.

**December 31, 1953, Excerpts From the Report of  
Lord Michael to the Karmic Board**

Dear Friends,

It will be my great privilege and honor to give the summation, following the final report of the Ascended Masters, concerning the conscious chelas who have held positions of authority and trust through the year. At this time, I will offer the Lords of Karma proof of the fidelity of incarnate lifestreams [Students of the Bridge to Freedom] to a cause and to its founders.

Since the calls to me (Michael) have begun, no lifestream has left the body, who has not received a personal representative, to take him to a place of purification, and to prepare him, quickly, to enter some temple of instruction, even those whose momentum of evil would condemn them to much agony, before such relief could ordinarily be given. May I thank those who have been so faithful in these daily calls, particularly for the souls who have no one to pray for them?

THE INCOMING LIFESTREAMS HAVE HAD 18% OF THEIR MASS KARMA REMOVED, WITHOUT PERSONAL APPLICATION ON THEIR PART, DUE TO THE CALLS FOR THE PURIFICATION OF THE INCOMING CHILDREN. May I thank those who have taken the responsibility of asking for purification of the homes, families, guardians, teachers, and protectors of the souls returning, upon whom depends the building of the New Age?

EVERY CHELA AND INDIVIDUAL WHO HAS ACCEPTED, FULLY, OUR ENDEAVOR, IS HAVING, AS A GIFT FROM MY LIFESTREAM, THE RELEASE OF EVERY MEMBER OF THEIR FAMILY, WHO HAS PASSED THROUGH THE "CHANGE" CALLED DEATH, FROM THE NECESSITY OF RE-EMBODIMENT ON EARTH. EACH ONE WILL BE GIVEN THE OPPORTUNITY TO FINISH THEIR STUDIES ON ONE OF THE PURE PLANETS OF THE SYSTEM, OR IN THE INNER SPHERE WHICH CORRESPONDS TO THEIR NATURAL RAY. FOR THIS, I HAVE PLEDGED ADDED SERVICE TO THE LAW. It is my gratitude for your faith and acceptance of the reality of the masters, and the incorporation of your own energies in spreading the word and the radiation through your voluntary service, your talents and momentums in the Light.

VIOLET FLAME TEMPLES HAVE BEEN ESTABLISHED IN THE LOWEST OF THE ASTRAL AND PSYCHIC REALMS. This is an unprecedeted activity, which enables the purifying radiation of mercy and compassion to play upon the souls forced to abide therein, and also provides places of sanctuary for those who respond to the offer for succor and aid.

Hundreds of thousands of angels, who never before

were in the lower atmosphere of Earth, are now permanently stationed in this realm.

ALL OF THESE THINGS HAVE BEEN DONE THROUGH THE APPLICATION OF THE STUDENTS WHO HAVE OPENED THEIR CONSCIOUSNESS TO US THROUGH THIS NEW ENDEAVOR [The “Bridge to Freedom”]. It is magnificent, indeed, and I am extremely grateful.

ASCENDED BEINGS FROM MANY GALAXIES HAVE OFFERED THEIR LIGHT TO BELOVED SANAT KUMARA, AND THE HIERARCHY, FOR THE DURATION OF THE “COSMIC PUSH.”

EVERY LIFESTREAM WITHIN THE NEW ENDEAVOR, IF HE OR SHE PERSEVERES, SHALL KNOW THE ASCENSION AT THE CLOSE OF THIS EMBODIMENT. ALL THIS – AND MORE – ACCOMPLISHED IN 12 SHORT MONTHS, MORE THAN WAS ACCOMPLISHED IN THE PREVIOUS 500,000 YEARS!

LOVE – LOVE – LOVE to you all, for this service,

LORD MICHAEL

**April 15, 1954, Archangel Gabriel**

“It is our desire that, through your calls, the Karmic Board may give all the bodies that can be allotted, in this year, to constructive lifestreams, who are willing to take a vow to serve Sanat Kumara, the Ascended Masters and the constructive way of life, and to hold, in the temples, at inner levels, those with heavy karmic limitations, willful destructive intent, and who will not cooperate with the divine plan, until their human creation can be burned out of them.” [As the Masters explained, the vows taken at inner levels are often

not remembered when the incoming lifestream takes embodiment, but they still have to be fulfilled at some future time.]

The student group sang: *Beautiful Kwan Yin, Song #115* and *Meta Dear, Song #274*.

"You cannot, perhaps, understand what it is to have energy consciously and intelligently directed toward the Karmic Board, which has been feared for centuries. The love, the gratitude and the interest which such invocation stirs, means freedom, dispensations and powers never known before, on this planet.

"May I just point you to the marvelous service for the planet, Earth, that has been accomplished, within this room, by a comparative HANDFUL OF HUMAN BEINGS, among the swarming masses of a metropolis [Philadelphia]. Those who have passed on, many have been assured of freedom; those at the other end of the bridge, waiting embodiment, have been assured of opportunity; those in embodiment, conscious of the individuals at both ends of the span and serving lovingly and willingly the three in one. When has this happened before?"

#### April 16, 1954, Mother Mary

Your blessed hands, your sweet hearts and your gentle spirits hold open the doors to the kingdom. Have you thought of that? Have you fully realized, what it means to magnetize those spiritual currents of energy, from above, which form a "forcefield?" Through your heartbeat, beloved ones, flows the primal substance of life. Through free-will you have chosen to give that life to the magnetizing of the

angelic host, the cherubim, the seraphim, and the Ascended Masters. These beings do not concentrate their energies earthward, except through "conductors." SUCH "CONDUCTORS" ARE CONSECRATED, UNASCENDED LIFESTREAMS, WHO MAGNETIZE THE MASTERS' ENERGIES AND FORM THE OPEN DOOR THROUGH WHICH BLESSINGS, TREMENDOUSLY SUBTLE, AND CURRENTS, EXTREMELY VIBRANT, ENTER INTO THE ATMOSPHERE AND THE MENTAL AND FEELING WORLDS OF MANKIND.

These unusual benedictions COULD NEVER REACH THE SLOWER-VIBRATING ACTION OF THE OUTER CONSCIOUSNESS, IF IT WERE NOT FOR EMBODIED "STEP-DOWN TRANSFORMERS," in the form of individual consciousnesses, yet part of the human race.

Magnificent, indeed, is the consciousness of an embodied chela who can even believe in our presence in this universe, and most blessed are they, who, in believing, weave the substance and energy of their own lives, into an activity which is of benefit to the race. Do you know how many children are born, every twenty-four hours, within the hundred-mile radius covered by the center of your "forcefield?" Do you know how many bodies are fashioned by the builders of form?

Do you know how many come in with much clearer sight, more perfect hearing and better use of their faculties, because of your constant, unbroken, rhythmic calls? Do you know how many children embody, in each year, with vehicles and envelopes through which the Holy Christ Self can externalize its divine plan, where otherwise they would have been

born idiotic, or in all manner of distress?

Is it not worth the use of your life energy, woven into invocation, decree and song? Some day, in your God-free estate, you will look, with joy, upon those firm bodies and those strong lifestreams (those who are to be the builders of the new era) and you will know that your calls and your invocations, morning after morning, have made possible conditions, by which an individual is allowed opportunity to fulfill its divine plan in dignity, with head erect, body firm and pure, and mind clear. Otherwise, these same lifestreams would have been destined to live through an entire life in darkness or confusion.

**April 17, 1954, Saint Germain**

Through your powers of invocation, Ascension Temples have been called forth, doors have been opened, in heaven, to individuals who have, by merit, not gained that right. Individuals with sullied garments, with darkened souls, with no particular interest in spiritual things, have the doors to the Ascension Temples opened to them, and through them, given the opportunity to be free from the wheel of birth and rebirth. YOU ARE WORKING, COSMICALLY, A FULL 300 YEARS BEFORE WE HOPED THAT SUCH ACTIVITIES COULD TAKE PLACE THROUGH LIFESTREAMS YET IN SUCH INDIVIDUAL NEED OF PURIFICATION.

Your tremendous endeavors of last evening, rising in wave after wave of song and decrees, were passing through the bodies of incarnating lifestreams, like golden fire, purify-

ing and transmuting their very energies. Those calls will be answered; those calls will bring release. YOU, A HANDFUL AMONG MANKIND, CAN SET INTO MOTION COSMIC GRACES, COSMIC BENEDICTIONS AND BLESSINGS, THAT WILL AFFECT MILLIONS, AND THE ENTIRE PLANETARY EVOLUTION, AS WELL. Cosmic currents have been set into motion, waves of energy that stirred the Karmic Board, stirred the Central Sun, stirred the Archangels from their silence of the centuries, and brought Lord Gautama Buddha into the atmosphere of Earth.

Last evening, my heart was so filled with gratitude, to see mankind interested in providing an opening, through the gates of birth, for the spiritually advanced, and providing them an opportunity to gain the ascension after their embodiment. Mankind, so long chained on the Earth, and in the astral and psychic creation, now finds hope, because of your service, your love and your Light.

In cooperating with the Karmic Councils, and by setting into motion currents, MORE HAS BEEN DONE TO TRANSFORM THIS EARTH THAN HAS BEEN ACCOMPLISHED AT ANY TIME SINCE THE LIGHT OF ATLANTIS AND LEMURIA WAS DIMMED.

#### **May 16, 1954, Archangel Uriel**

Would you kindly make some calls, that those who are destined, by karma, to take bodies as imbeciles, and forms that are very distorted, might have that karma mitigated? Please make the call that they receive the best possible garments. Ask that they come into bodies with all their members in working order. Please call to Kwan Yin for mercy for these blessed ones, that each one will get the best body possible. If you will just visualize them, and feel the Violet

Flame passing through them, it will help.

Let me see, now, what you will do with your aura in the days just ahead. Make it something we can use, and REMEMBER! REMEMBER! Uriel is no farther from you than a call! Just the silent thought of God will bring me, on the instant! I am your friend! I am your servant! I am your companion in the light! Uriel – the messenger of the most high!

**May 30, 1954, The Maha Chohan**

Make your calls, now, for happy homes for the incoming souls, and do not neglect your petitions for the peaceful passing of the outgoing lifestreams.

**MOTHER MARY'S PETITION TO THE KARMIC BOARD  
(June 23, 1954)**

As the Great Ones are now bringing the beloved incoming souls before the Karmic Board, the Lords of Karma have chosen to stand, while the Lady Masters, the beloved Meta and I, myself, are also drawing, here, the prospective parents of all those who will be privileged to bring these children into birth. As they stand, and as I send my call to the Karmic Board, may I request that you please join, with me, in asking for the relief and release of these lifestreams from karma of every kind, before coming into embodiment.

I ask for your assistance, as our petition is presented to the Karmic Board, especially those of you who are aware of mothers with child, that the karma of those lifestreams at

least be mitigated, and that no lifestream be forced to come into embodiment in a distorted form, or without the full use of the faculties of mind and consciousness. I shall now make my petition to the Karmic Board, which you might care to hear:

"Lords of Karma! Beloved Ladies and Gentlemen of the Karmic Board! I, Mary, stand before you, now, on behalf of those about to take incarnation. I have stood in the Sacred Heart Temple with these spirits. I have looked upon their karma, accumulated through the ages. I have fashioned, with my own hands, out of the very best of the essence which the body elementals could offer, the sacred heart of each one. I say to you, O merciful Lords of Love and Light, the garments which they must wear are not fitting for gods and goddesses! They are not fitting for beautiful, spiritual beings who, within the course of this next eighteen-year period, will endeavor to set free the Lord of the World, Sanat Kumara. [Alpha and Omega had issued a verdict, stating that Sanat Kumara had to return to his home planet, Venus, by 1972, Ed.]

The mistakes and sins of many ages have been written, deeply, into the energies of the etheric bodies of the incoming lifestreams, and they will be woven into their flesh garments, by the builders of form. On behalf of these spirits about to take embodiment – these, who had the spiritual honor, during the month of May, 1954, of standing before the great Sanat Kumara, himself, and in my own presence, pledging the Threefold Flame of Life a vow of obedience – I petition you.

As they have taken that vow, and as a balance for that

voluntary bending of the knee, the humbling of their pride, the acceptance, in the freedom of their inner bodies, of the existence and presence of the Spiritual Hierarchy, I make the request, this night, for good, whole, clean, pure flesh bodies for these children. I ask for bodies, with eyes too pure to behold iniquity, with lips which will speak only words of love and light, with limbs firm and strong, with bodies that are living temples through which blaze love and light, with brains well balanced to receive the directions of the Christ Self, with every organ in its perfect place and in perfect functioning order.

I ask this in the name of life and in the name of the Ascended Jesus Christ. I am willing to offer, on the altar of the Karmic Board, whatsoever of my personal energies, whatsoever of my time, whatsoever of my very self, is required, to pay any balance that you do not find within their acceptance of the vow to serve Sanat Kumara!

Great Lords of Love and Light! The incoming children are the hope of tomorrow. Give them garments which they may occupy in ease and peace! Give them garments sensitive to their own Holy Christ Selves, that the Christ Self, through them, may take full command, from the time they are born!

Give them, O great Lords of life, the fullness of the mercy of Kwan Yin!

Oh, beloved Goddess of Opportunity, newly-crowned queen of heaven! I speak to you as my successor! I ask opportunity for the incoming souls – opportunity for each one! Grant thou this as my last gift as I close my reign, and as you become the shining Queen of Heaven. Oh, Portia! Portia!

Child of love! Child of justice! I, Mary, speak to you! I rest my case in your sweet hands!"

*[Addressing the students]:* Thank you, beloved ones, for your assistance. As the feeling of devotion, which has been charged with my energy, fills the atmosphere, let your own sweet energies, coupled with my humble petition, do what they may!

**July 1, 1954, Lord Maha Chohan**

Your magnificent petitions have found such favor with the Brothers at the Teton Retreat, that they suggested, last evening, that we place a bulletin board in the heart of the Teton, where your petitions might be posted, along with ours.

**Mother Mary, 1954**

BY YOUR COOPERATIVE SERVICE, YOU ARE EMITTING A LIGHT WHICH HAS ENCOMPASSED THE ENTIRE PLANET. THIS WAS ACCOMPLISHED THROUGH THE ENDEAVORS OF JUST A HANDFUL OF EARNEST, DEVOTED AND BLESSED LIFE-STREAMS! [THE GROUP IN PHILADELPHIA, ED.]

**July 1954, Kuthumi**

Through the intercession of unascended beings and the calls that were made, the 300 million lifestreams chosen by the Karmic Board, to embody, stood together before the Temple of the Sacred Heart, and pledged the Threefold Flame a vow, that they would serve the Light. As that vow was taken and the students sang to the Threefold Flame, the tiny flames within the hearts of the incoming souls expanded, until they were visible through their garments. So much Light was drawn through this enthusiasm, that a great number of mankind also took the vow.

In his petition, Sanat Kumara asked that a Brother from Shamballa, be allowed to give each embodying lifestream assistance, to fulfill that vow through the physical form.

**October 1, 1954, Mother Mary**

Now, tonight, we have another opportunity to address the Great Karmic Board. I have been making a petition to them, for some time, for assistance to be given to incoming lifestreams. You know, I am concerned with the creation of the heart – the Sacred Heart – in which lives the Immortal Threefold Flame of Life, within each physical form. The body, itself, is drawn around that precious Sacred Heart. At the inner levels, we have a magnificent Temple of the Sacred Heart. In the Springtime, after the individuals have been chosen by the Karmic Board to incarnate, these souls come to our temple. We have a beautiful ceremony of benediction and blessing.

Then, together, each body elemental and I take the best part of the elemental substance that the soul has to its credit, and we fashion the heart, which will be the chalice for the flame, in the new Earth body. These individuals then wait in the inner realms, until they are called for re-embodiment. Within the next twelve months [following the month of May], conception for each one takes place on Earth, and they are given birth in the physical realm.

I have done this for many, many years and I would like to say that the individuals who have been free, in the etheric body, enjoying the sojourn in the heavenly realms of such perfection, do not enjoy being encased, again, in the imperfect physical elements which they have earned. Some of these are very, very low in vibration, and the physical bodies, into which some individuals are called to incarnate, would not be fit habitation for animals, as you know.

IT HAS ALWAYS BEEN A SOURCE OF SADNESS TO ME TO WITNESS THE HIGH BIRTH-RATE OF THOSE, WHO ARE MAIMED, MENTALLY RETARDED AND WHO ARE WITHOUT THE FULL USE OF THEIR MEMBERS AND FACULTIES. I HAVE ASKED, OVER AND OVER AGAIN, FOR SOME WAY BY WHICH THE KARMIC BOARD AND GREAT COSMIC LAW COULD ALLOW US TO FREE SOULS FROM THE NECESSITY OF COMING BACK INTO SUCH TERRIFIC DISTORTIONS OF MIND AND BODY.

At the July meeting, in 1954, I again presented the petition of which I have just spoken. Now, in accord with the magnificent activities taking place at inner levels, in which your energies are joined with ours, I am going to ask for assistance from the Karmic Board, tonight, again. I would like

to take you now – just for a little while – into the inner realms. This will provide a period of rest for you, and IT IS ALSO A TRAINING IN THE PROJECTION OF YOUR CONSCIOUSNESS FROM PLACE TO PLACE. WE ARE QUITE AMAZED AT HOW CLEARLY YOU CAN VISUALIZE THAT WHICH WE DESCRIBE, AND HOW VITALLY YOU ACT IN THOSE SPHERES, TO WHICH WE BRING YOU.

Up to this time, the extent of your participation, in the great work of the universal progress of the system, had been to call for the granting of petitions and to make up various petitions, yourselves. Now, the great Sanat Kumara has said that you have achieved enough spiritual maturity, to be able to contemplate the activities at inner levels – activities that must be set into motion by your calls, to grant such a petition.

After the address of our beloved Lord Michael the other evening, and your rendition of the songs and decrees, together with the magnificent calls for the releasing of dispensations, THE GREAT KARMIC BOARD SAID: "WE SHALL TEST THESE PEOPLE. TELL THEM EXACTLY WHAT IS INVOLVED IN THIS PETITION, FOR WHICH THEY ASK, AND LET US SEE THE ENTHUSIASM WITH WHICH THEY WILL CONTINUE IN THEIR ENDEAVOR."

We all waited, with bated breath, to see whether the glamour of an abstract petition would appeal, when it meant actual work and effort. I AM HAPPY AND GRATEFUL TO TELL YOU, THAT YOUR SPLENDID RESPONSE HAS BROUGHT SMILES TO THE KARMIC BOARD, HAPPINESS TO OUR HEARTS AND GREAT HOPE TO US, FOR THE FULFILLING OF THESE PETITIONS.

Now, with your kind indulgence, we will turn our thought to the Karmic Board, and I shall make the call. If you will sing to them, it will amplify my petition (*audience sang the song "Great Karmic Board", hymn # 106*).

"Beloved Karmic Board! Beloved Portia! And all those there assembled! I, Mary speak to you on behalf of the lifestreams about to incarnate upon the planet Earth. I ask, because, this year, every lifestream who is to incarnate, voluntarily took a vow to serve Sanat Kumara well. For this reason, I ask that some special dispensation be granted, for the purifying of the physical substance which the builders of form must use to create a vehicle. See that no more children come into embodiment this year feeble-minded, in distorted form, or otherwise being unable to fulfill the mission of that incarnation. In the name of justice, they must have a mind and brain consciousness through which the individual can function, and bodies with faculties through which the lifestream can work.

I ask in the name of life, in the name of mercy, in the name of God, for the purification of the substance in the bodies of the parents. This substance makes up the flesh garments of these children about to come in, and the elemental substance gathered by the builders of form must be purified, with whatever intensity and power of the Sacred Fire [such as the Violet Flame] is necessary. I ask you to see that every incarnating lifestream gets a firm, whole, perfect mind and body through which to function. Beloved Portia! As the Goddess of Opportunity, this call should come close to your heart. Can you not grant opportunity to these souls, who have offered to serve the king of the world?" [Sanat

Kumara, who was the Lord of the World at that time, Ed]

*Portia speaks:* "Beloved Mary! Opportunity is in my hands. Opportunity is now yours, to help. I give this request into your keeping. You are a mother, Mary, and you know that the concept of the child, held in the mind of the mother, is a great factor in the molding of that form, within her body. You know, Mary, the appetites of the parents have a great effect upon the body elemental of that infant. Why do you not call to Gabriel, who gave you the immaculate concept of the God-child? Ask that his flaming substance enter the consciousness of every mother with child and every woman about to conceive. Coupling your immaculate concept with hers, you hold that immaculate pattern in her mind and that purity in her feelings. Life will respond, Mary – it always has and it always will!"

*Mother Mary:* "Thank you, beloved Portia. Before this night is over, Gabriel shall stand beside every woman who has conceived and every potential mother. We shall direct that immaculate concept into the mind. Is there not something that can be done, blessed queen, for the elemental substance the soul has earned?"

*Portia answers:* "Beloved Mary, our Lord Maha Chohan (the great intelligence governing all elemental life) will no doubt command that life back into its original purity. He gives the first breath. Why do you not ask his assistance at the time of conception, rather than birth? Then, with his giving this assistance, coupled with my beloved Saint Germain's Violet Fire, let us see what can be done."

*Mother Mary:* "Beloved Portia! I am your sister and your

servant! Great queen of this new age, tonight these unascended lifestreams have gathered here and they are listening to us. I am asking them to send their love to you as well as to the entire Karmic Board, through their simple song 'Immaculate Conception' [Song #145, Ed.] and then to send that thought of the immaculate concept of divine creation into the mind of every pregnant woman and all who shall conceive this year."

*(Audience sings)*

*[Mother Mary continues:]* "We offer this energy to you, O, Karmic Board. It is the life of unascended beings. Looking deep into their hearts, you will see that everyone here, without reservation, desires that every incoming child shall be free, clean and perfect. Now, Portia, as we stand, I am going to speak directly to Gabriel."

*[Mother Mary speaks to Archangel Gabriel:]* "Beloved Gabriel, friend of the ages, you who came to me in my hour of greatest trial, will you accept the commission suggested by beloved Portia, Queen of the Karmic Board? Will you come, with me, to the side of every woman who will give birth, and to each father who guards that incoming child? Will you help to project and sustain the immaculate concept in each mind?"

*Beloved Gabriel:* "Hail, Mary, full of grace! The Lord is still with thee and always blessed art thou among all women. I am thy servant, as is every angel, deva, cherubim and seraphim in heaven. Queen of the Angels, I am thine to command!"

*Mother Mary speaks:* "We thank you, beloved Gabriel.

Now, as these blessed ones again sing that song of the 'Immaculate Conception,' let thy mighty flame go forth, north, east, south and west. Let every angel of birth, every builder of form be alerted, and every parent receive the pressure of that contact."

*(Audience rises and sings, "Immaculate Conception")*

*Mother Mary:* "I speak directly to the parents now: Parents of this race – every one, everywhere! As there comes into your keeping a soul that has vowed to love God, accept the visitation of Gabriel and the love of Mary and bring those children forth in light!" [Thus, the "Immaculate Concept of Divine Creation" was sent into the mind of every pregnant woman who would conceive that year, Ed.]

*[Mother Mary, addressing the students]:* "Is it so strange to participate in activities that engage the subtle senses? NO! Some sweet day, in the not too far distant future, you will work in this way all the time, flashing from planet to planet under the direction of some great Cosmic Being, giving your vital energies where they are most required, at the moment. You see, you are no longer earthbound – you are quite free. TODAY YOU FUNCTIONED IN THE ASTRAL REALM, IN THE LOWER HEAVENS, AND IN THE REALMS OF BIRTH – YET YOUR PHYSICAL BODIES DID NOT MOVE FROM THIS ROOM. This is a very great service which you rendered here (which will go on all through the night and this weekend) and besides that, beloved ones, it is giving you certain training. I am hoping you can accept it as reality."

**October 3, 1954, Elohim Orion**

Let us take up some activities concerning the incoming children and youth, which subject is so dear to my heart. I am very grateful, indeed, for the real sincerity with which you have entered into your calls for their protection, purification, illumination and general well-being. As unascended lifestreams, you are the authority over the substance and energy of the octave in which you abide, and you can, if you will, make the calls to the I AM Presence, Ascended Masters and angelic hosts for the protection, purification, illumination and general assistance to these parents. Such calls will assist them, tremendously.

The month of May, each year, is the month of consecration of the lifestreams who will take physical embodiment. It is the time when they all stand before beloved Mother Mary, in her Temple of the Sacred Heart, at inner levels. The children who were consecrated in May of this year, of course, are not yet born into the world of form, so you have a little more time to develop the ways and means to help them.

By such endeavors, perhaps, you can increase the number of perfect bodies and balanced minds, which will be allowed by the great Cosmic Law, to be given these incoming children this year. Without your calls, I assure you that some of those bodies would not be so comfortable for them to wear.

The etheric body contains the "memory world" of the individual [the etheric record Ed.] It carries the records of every experience, in each Earth-life, as well as the experiences at inner levels, where the etheric body abides between em-

bodiments. The etheric records of the Earth-life, of the individual, determine the pattern of the etheric body, which the individual occupies, while it is in the higher realms, between embodiments. In other words, at the close of an earth-life, the realm to which the individual is drawn, for instruction and assistance, between embodiments, is determined by his consciousness at the close of that life, which consciousness is the sum total of his use of energy through his own free will, whether it is constructive or otherwise.

The pattern for the new body is determined by "karma" [and the "Accumulated Good," Ed.] and the new body's appearance, comfort and effectiveness is determined by that which the soul has earned in past lives.

If many of these etheric records are of a destructive nature, this causes the distortion of the form of the incoming physical vehicle, and the builders of form copy that "karmic" pattern. You see, they work with the etheric body and, therefore, it would be so helpful to the incoming lifestream if it were to have its etheric body purified – cleansed of all distorted forms and destructive impressions – BEFORE its physical body is built.

Greatly blessed, indeed, are the lifestreams of those who are being prepared to be the parents of those incoming souls who are wanted! The desire for the child, and the parental love which accompanies such feelings, are of tremendous assistance to the lifestream to be born. This love also automatically draws the angel-deva of the builders of form, and the angel, or angels, in some cases, who stand guard around the mother-to-be, particularly during pregnancy.

However, when you come to the condition where women are bearing children reluctantly, or out of wedlock, and the qualities of fear, resentment, rebellion and shame are strongly charged into the feelings of the mother, these destructive feelings have a very detrimental effect upon the mind (mental body), brain structure and emotional body (feeling world), as well as the flesh body of the incoming lifestream. Besides this, the censure of society (which is a great, living, "mass entity" in the atmosphere of Earth) drives its energies against these women, and DOES MORE TO CAUSE UNBALANCE IN THE MINDS OF INCOMING CHILDREN, THAN ALMOST ANY OTHER ONE THING, other than their own individual karma.

That entity, of which I speak, is one of arrogant pride and scorn, terrible in its appearance, and I hope you never have to look upon it! This "entity" forms a pressure of unhappy feeling around the expectant mother and incoming child, against which pressure the body elemental must work. A goodly number of those who are to take embodiment this year must face this condition, and even now, their new bodies are already encased in the substance which is charged with those unfortunate qualities.

I am going to ask you, at this time, to sing a song, THE ENERGY OF WHICH, AS IT IS RELEASED BY YOU, I AM GOING TO QUALIFY WITH THE VIOLET FIRE AND DEDICATE TO THE MELTING AWAY OF THAT SUBSTANCE FROM THESE INCOMING SOULS. At the same time, I am establishing a protective shield of pure, etheric, substance around both mother and child. In this, I shall be assisted by beloved Mother Mary (Mother of Jesus), beloved Kwan Yin (Goddess of Mercy),

beloved Meta (daughter of Sanat Kumara who came from Venus) and beloved Nada (Goddess of Love), all of whom, last evening, offered to give their special assistance to these incoming children. Would you please cooperate, by making these calls.

One of beloved Meta's services to life is to raise up, in the world of form, those splendid lifestreams who provide places where these unwed mothers are allowed to bring forth their children in privacy, without the censure of society upon them and where these children are given a better start in life. Beloved Mother Mary, Nada and Kwan Yin, as well as many more of us in our octave, also serve with beloved Meta in this capacity.

Now, I shall appreciate it very much, if you will sing one of your songs this morning, and make the call for the removal of the entity of fear, rebellion, shame and society's censure from the parents – particularly the mothers, who are to bring forth these "unwanted" children. If you will do this, I feel sure that the Great Karmic Board will allow us to grant these incoming souls much better bodies than they would otherwise have had, even before the activities of the morning are over. [Note by Alice Schutz: As the members of the Philadelphia group were singing the hymn #115, "Beloved Kwan Yin," making the call for the removal of that entity of fear, rebellion, shame and society's censure of the parents, particularly from the mothers, who were to bring forth these unwanted children, the Masters drew the inner bodies of all those who were to be parents during the coming year, into a great coliseum. This building, of pink marble-like substance, was built at inner levels, to serve souls awaiting embodiment].

As those great flames of the Violet Fire of Mercy and Compassion, directed by Kwan Yin, Arcturus, Zadkiel and Saint Germain, pass through the inner bodies of the parents, actual sheaths of substance, which have been qualified with fear, shame and rebellion, are being transmuted into Light. Even as we speak, the beloved Lord Michael, with his legions, has offered to endeavor to completely dissolve that mass "entity" of scorn!

Another distressing factor in the environment into which the incoming soul is born, is the selfishness and sense of irresponsibility of the fathers, particularly of those children who are "unwanted." That irresponsibility will require such a parent, somewhere, someday, to take care of that same lifestream, again, perhaps the next time, under very much more unhappy circumstances and in very great lack. Also, the lifestream so cared for, may be in very unpleasant conditions of mind and body. Individuals who have the care of invalids, over a long period of years, often wonder what caused this responsibility to fall upon them. Nearly always, it is because, in the past, they were those who walked out on the responsibility of parenthood. Such individuals are bound to meet a "karmic debt of retribution."

So, we now ask you to join your energies with ours, in a call to make every man stand by his rightful obligations, and become a kindly Saint Joseph – a "Guardian of the Young" (Group sings "Love's Opportunity," hymn #119). We shall take up your energies so released, and qualify them with that which will assist these gentlemen.

As we are watching this activity from our realm, today, the inner service, for which you call, is being rendered. The-

se mothers-to-be, who are awake in their physical bodies at this time, are present with us, in their Holy Christ Selves. Others, whose physical bodies are asleep at this time, are with us in their etheric bodies. As you sang this latest song, IT IS THE FIRST TIME THAT THIS TYPE OF COOPERATIVE ACTION BETWEEN ASCENDED AND UNASCENDED BEINGS HAS HAPPENED, SINCE THE "FALL OF MAN."

As you are singing, the incoming lifestream, which has been assigned to each set of parents, is kneeling before them, and both parents have placed their hands on the head of that individual, giving that one the benediction of opportunity. The beloved Paul, the Venetian, and the brothers of the Pink Ray are now giving, to all of those concerned, an anointing of the divine feelings of harmony and balance. Here may I ask each one of you, individually and silently, to make the call to the Christ Self of each of these lifestreams concerned, that the *outer self shall remember this inner pledge*. You see, when there is unity of feeling between parents and children, there can be built a much more perfect vehicle for the incoming child (Group sings "O, Mary Dear").

With such cooperation, at inner levels, it would seem that the birthrate, this year, will increase even more than usual, because so many of those who would otherwise be denied a body (through abortion), doubtless now will have the opportunity of having physical birth. BESIDES THAT, WE ALSO HAVE THE PROMISE OF A GRANT OF FIVE HUNDRED THOUSAND MORE PERFECT BODIES. These are to be given to those taking birth this year, who otherwise would better not have known birth at all, because of the deformities of mind and body into which they would have had to have been born.

**November 7, 1954, The Elohim of Purity**

Much has been done at inner levels, since the September Class. May I now personally thank you for your endeavors, individual and collective, which have done so much at inner levels, recently? Above all, the beloved Master Morya desires an opportunity to reach the minds of some receptive unascended lifestreams, to apprise them of the discordant conditions at inner levels of consciousness, in the atmosphere of Earth, hoping that some unascended beings, on becoming aware of them, would cooperate with the Ascended Ones to bring such "appearances" back into divine order, again. WITHOUT EXCEPTION, ALL OF US ARE AMAZED AT THE LOVING COOPERATION WHICH ALREADY HAS BEEN GIVEN BY YOU AND AT THE TREMENDOUS RESULTS (AT INNER LEVELS AS WELL AS IN THE PHYSICAL APPEARANCE WORLD) WHICH THIS COOPERATION HAS BROUGHT ABOUT.

Last evening, some of us were looking at the records of the various groups of souls awaiting physical birth, for whom you have been calling. WE SAW THAT THE NUMBER OF LIFESTREAMS WHO ARE TO COME THROUGH PHYSICAL BIRTH INTO THE WORLD THIS YEAR, WITH MORE PERFECT BODIES, HAS BEEN INCREASED FROM FIVE HUNDRED THOUSAND TO ONE MILLION. This was brought about as a result of your endeavors! The outer mind does not fully cognize what this means to many souls, who otherwise might be compelled to go through an entire embodiment with physical, mental and emotional handicaps.

It is no small sacrifice for the beautiful devas of my legions to stand in the atmosphere and perform this service.

But the body elementals [and the builders of form, Ed.] of the incarnating lifestreams, conceived in the presence of the Devas of Purity, will be better able to work with the keynote of the lifestream and build the organs strong and true, and the individuals have greater opportunity for holding a connection with the Christ Self, after birth.

If we can secure the assistance of the Devas of Purity, in the auras of the parents, and in the homes where the children are to come forth, we will have much greater hope of doubling and tripling the number of more perfect bodies, allowed us by the great law, before the Christmas class.

The subject of purity is a delicate one, one from which the human mind and feelings cringe, and in self-righteousness, draw away from discussing. Yet, the vehicles which form the envelopes for the souls who will be the builders of tomorrow, are so dependent upon the presence of the Angel Devas of Purity, at the time of conception, pregnancy, birth and through the growing years. In the name of mercy, I ask you to call for an Angel Deva of Purity to be present at every conception which takes place, until everyone on Earth and all who await the gates of birth, have come into embodiment in dignity, beauty, purity and peace.

**November 21, 1954, Elohim Vista**

As a result of your service tonight, just as I entered your "forcefield," we received a merciful grant for the benefit of the incoming children. ONE HUNDRED THOUSAND OF THOSE WHO WOULD OTHERWISE HAVE BEEN BLIND WILL BE BORN

WITH SIGHT, FIFTY THOUSAND OF THOSE WHO WOULD HAVE BEEN DEAF, WILL HEAR. FIFTY THOUSAND OF THOSE WHO WOULD NOT HAVE BEEN ABLE TO SPEAK WILL NOW HAVE THE GIFT OF SPEECH AND (ALMOST THE GREATEST OF ALL TO ME), TWO HUNDRED THOUSAND OF THOSE WHO WOULD HAVE BEEN MENTALLY ILL, WILL COME INTO PHYSICAL BIRTH WITH THEIR MINDS BALANCED AND SANE. I am so grateful to all who have made this possible!

(Audience arose and stood, for a few moments, in silent gratitude.)

December 31, 1954, El Morya

In the course of about two and a half years, since we were given the grant and dispensation [the "Bridge to Freedom," Ed.] to reach through the veil, to the conscious mind of the chelas, WE HAVE ACCOMPLISHED MORE IN THE EVOLUTION OF THIS PLANETARY SCHEME THAN WAS ACCOMPLISHED IN MILLIONS OF YEARS, when unascended mankind were unable to participate, consciously, with us.

### SONGS

Included here are the lyrics of the songs that were used by the Philadelphia Group of the "Bridge to Freedom," prior to and during the addresses of the Ascended Host, as they pertain to this chapter. Several of these were sung at the specific request of the Ascended Host. Some of these lyrics came forth from the Ascended Master Hilarion, beloved Chohan of the Fifth Ray. They are meant to be either read or sung. They are really decrees set to harmonious rhythm, and, if the melodies or musical accompaniments are not available to the reader, these lyrics may be used as spoken adorations to the Great Beings for whom they were intended.

You will note that some of the melodies are marked "original," but some are written to the tunes of familiar songs, which people have enjoyed throughout the years.

Some readers, when reading the record of Philadelphia Group, noticed that the Elohim, several times, asked the students to sing a certain hymn, rather than to decree.

Good music (music without broken rhythm, such as rock-and roll music) contains constructively qualified energy and is vital to the student's spiritual progress.

You may ask the Ascended Host to qualify the energy of the selected song with the type of energy required to meet the need of the hour.

Other hymns that the reader may love, may also be used in the daily application. However, the reader is reminded that the constant use of the songs shown here, has established a permanent etheric record and if we tune-in to that record, we have a better chance for success.

**META DEAR \***

1. Meta dear, we now call for thy healing ray,  
From the I AM Presence above;  
Hold it steady, let it dissolve away,  
All that was never made by love.  
For God's will has made us of perfect light,  
In beauty's perfection blest;  
Meta dear, help us, divine will to do,  
Knowing naught but Light's happiness.
2. Meta dear, we accept thy assistance now,  
For incoming children and youth;  
For the lifestreams prepared in Realms of Light,  
Bringing Earth life's eternal truth.  
Purify and illumine, with Violet Fire,  
Their parents and families too;  
Protect and supply, guide and guard them all,  
By thy heart of love so true.
3. Meta dear, call for us to the Karmic Board,  
Helping those who come here to dwell;  
Give them memory and strength to keep their vow,  
Serving Sanat Kumara well.  
For this grant will hasten our Earth's release,  
And set our dear king all free.  
Heaven bless him and thee with gifts of light,  
All its love for eternity.

Melody: Original

\* Ascended Master Meta's service was mentioned in the address of Elohim Orion on October 3, 1954

**LOVE'S OPPORTUNITY\***

There is a goddess so precious,  
Earth's atmosphere she commands.  
Gifts of opportune action,  
Holding in her hopeful hands.

Chorus:  
Love's opportunity  
Brings all God's gifts to all men.  
Love's opportunity's calling –  
Calling again and again.  
(Repeat Chorus)

She comes in many disguises,  
Not always blazing her light.  
Only vibration apprises,  
What's to be done that is right.  
(Repeat Chorus)

Beware the sins of omission,  
Often more grievous than wrong.  
Though the sin be forgiven,  
Yet the blessing is gone!  
(Repeat Chorus)

Justice is love's opportunity,  
Holding wide God's open door.  
Take from the hands of this goddess,  
Blessings of good held in store.  
(Repeat Chorus)

(HYMN TUNE: "There Shall be Showers of Blessing")

\*Referred to in the address by Elohim Orion on October 3, 1954

**OUR MARY DEAR\***

Our Mary dear, we love thee so –  
Now draw us “Home” by love!  
Make each an arm of thy great self,  
Through us love’s healing prove.  
Make us thy great forgiveness,  
Thy beauty and thy peace,  
Expand thy light from heaven’s height,  
‘Til all life finds release.

O Mary, our beloved one –  
Our hearts are thine today!  
Accept us now as low we bow,  
Walk through us all Earth’s way.  
Make us love’s healing presence,  
Of God’s great plan fulfilled.  
Show all thy face, flood forth thy grace,  
Until all storms are stilled.

O Mary, Jesus, Joseph, too –  
Release love’s new rebirth.  
Bring forth the Holy Family  
To every home on Earth!  
Establish there the glory  
Of God’s great Threefold Flame!  
Make all desire the Sacred Fire –  
USED ONLY IN GOD’S NAME!

(HYMN TUNE: “O Little Town of Bethlehem”)

\*Referred to in the address by Elohim Orion on October 3, 1954

**IMMACULATE CONCEPTION**

Immaculate conception from God's own blazing Heart--  
We now accept Thy glory--  
O, from us never part!

In Thee we're free from shadows that lead mankind astray;  
We accept Thy perfection in love's most perfect way!  
The likeness of each Presence I AM,  
Blaze through and through

The outer self of each one – 'til it becomes like you!  
Transmute all of the human into substance of Light;  
Keep it forever sustained and visible to sight!

Melody: Original

**BELOVED ARCHANGEL RAPHAEL**

1. Raphael, oh glorious Archangel,  
Standing in Earth's atmosphere,  
Blaze thy light through and around us  
That all may God's power revere.  
There in thy radiant splendor,  
Naught but perfection can live;  
Speak thy great love through each heartbeat;  
And in God's mercy forgive!
- Chorus:*  
Raphael, dear, our heart's call do now hear;  
Consecrate us—  
To Earth's great vict'ry won;
2. We give our all to dear Raphael!  
That we may heaven regain;  
With his great love flowing through us,  
All shall e'er constant remain.  
We call to our blest Archangel  
To hold us peaceful within;  
As through us he pours his blessing,  
In us, new life will begin!
3. Raphael, oh glorious Archangel!  
Bring us thy heavenly peace;  
As all outpicture thy Christ light,  
Mankind in grace shall increase.  
Blessings and love to thee always—  
Raphael, from God's heart, we call;  
We give our life's consecration  
To thee and Archangels all!

Hymn tune: "Whispering Hope." (Key of C, the keynote of beloved Archangel Raphael and beloved Mother Mary. They are twin-rays)

**GREAT KARMIC BOARD**

1. Great Karmic Board! We thank you for  
Your presence there above.

The glory of your beauty,  
Your faithfulness to duty,  
Inspire us so to love, (*repeat once*)  
Inspire us – inspire us so to love!

2. Great Karmic Board! Our souls arise  
To call your light and pow'r.  
Your flames of mercy, justice too,  
Forgiveness rare, love's balance true,  
Enfold us every hour, (*repeat once*)  
Enfold us – enfold us every hour!

3. Great Karmic Board! We love our Earth  
And all that is thereon.  
Oh help us lift her strain and stress,  
Replace it with Light's happiness.  
Expand the cosmic dawn (*repeat once*)  
Expand – expand the cosmic dawn!

4. Great Karmic Board! Help us to be  
All that you have become!  
Your majesty and power too,  
Victorious in all we do,  
That we may bring Earth home, (*repeat once*)  
That we may – that we may bring Earth home!

5. Great Karmic Board! To you we give  
Ourselves without reserve!  
Blaze through us your Light's joyousness,  
Your freedom, peace and God-success,  
Make all your love deserve, (*repeat once*)  
Make all – make all your love deserve!

6. Great Karmic Board! For you we call  
In the name of all mankind!  
All blessings from the Central Sun,  
For all the good that you have done.  
No greater love we find (*repeat once*)  
No greater – no greater love we find!

7. Great Central Sun! We now command  
Your gifts and blessings true!  
To flood our Karmic Board so dear,  
Expand those blessings year by year  
'Til all returns to you (*repeat once*)  
'Til all – returns to you (*repeat once*)

(Melody: Joy to the World. The keynote of beloved Jesus is contained in this song)

**BEAUTIFUL KWAN YIN\***

1. There comes to my heart one sweet name,  
The blessing of Mercy's Love Flame;  
I sing it again and again –  
Kwan Yin! The gift of God's love.

*Chorus:*

Kwan Yin! Kwan Yin!  
Goddess of Mercy above;  
O beautiful, lovely Kwan Yin!  
God's Flame of merciful love.

2. Her mercy of love is divine,  
To her, doubts and fears I resign;  
I claim her forgiveness as mine –  
So help me, blessed Kwan Yin.  
*(Repeat Chorus)*

3. Her mercy of love is so sweet,  
It makes the soul's victory complete;  
It brings all the world to her feet,  
Kwan Yin! The mercy of love.  
*(Repeat Chorus)*

*Hymn tune: "Sweet Peace, the Gift of God's Love" (sometimes indexed in hymnals under first line of verse, "There comes to my heart one sweet strain.")*

\*Referred to in the address by Elohim Orion on October 3, 1954

**MAGNIFY THE LORD**

1. Blessed Mother Mary, from your glorious height,  
Come into our hearts and fill our worlds with Light;  
Make us truly grateful for our victory won –  
Help us magnify the Lord, as you have done!

*Chorus:*

Magnify the Lord, O soul of me!  
Magnify the Lord for all to see!  
Magnify Him, Glorify His name!  
Gratitude will raise ALL on ascension's flame!

2. All the hosts of heaven (such a glorious throng),  
Angel choirs and voices join our happy song;  
All throughout the universe the word has spread –  
“Earth has turned from shadows–loves her God instead!”

3. All mankind shall one day know the truth of life,  
Violet Fire shall have transmuted storm and strife;  
All evolving on the earth shall use “The Word” –  
Purify with Light and magnify the Lord!

*Final Chorus:*

Purify my soul, O Flame “I AM!”  
Purify my soul by Christ command!  
Purify me! Glorify Thy name!  
Purify and raise all on Ascension's Flame!

*Chorus to use when calling for others:*

Purify their souls, o flame of them!  
Purify their souls and raise all men!  
Purify them! Glorify Thy name!  
Purify and raise all on Ascension's Flame!

(HYMN TUNE: “Count Your Blessings”)

**BELOVED SAINT GERMAIN**

Saint Germain!  
That magnetic name,  
Brings to all sweet Freedom's Flame;  
Enables all mankind,  
To claim all Light, from whence it came!

*CHORUS:*

I love you Saint Germain,  
I love your Violet Flame,  
And I love your sacred name,  
Beloved Saint Germain.

Saint Germain!  
Thy patience rare,  
Holds the Earth in Heaven's care;  
Releases all life, everywhere,  
In Freedom all may care!

*REPEAT CHORUS:*

Saint Germain!  
By love sublime,  
Let thy spirit through all shine;  
Make all that's human, now divine,  
Beloved friend of mine!

Melody: Original

**MARY FROM THE REALMS OF GLORY**

Mary from the realms of glory,  
Spread your Light o'er all the Earth.  
You, who held the Christ-child Image,  
Giving our dear Jesus birth.

**CHORUS**

Come and help us! Come and help us!  
Help us now fulfill God's plan.

Mary, Queen of all the angels,  
Mother of Immanuel.  
God has made you our new sponsor,  
With the mighty Morya El.

Jesus, from the realms of glory,  
Immaculately conceived.  
Blessed Mary, gently guarded,  
'Til your victory was achieved.

*Hymn tune: "Angels, from the Realms of Glory."*

**BELOVED SANAT KUMARA \***

Sanat Kumara, gracious Lord and King,  
Before your throne, our homage now we bring.  
Offerings and gifts of humble service true,  
Reverence and gratitude to God for you!

Humbly we bow before your glorious throne,  
Clothe us in love and make us all your own!  
Give us your courage, strength and patience rare,  
Flood through us Venus' love for all to share.

Flood us with light, sustain us by your power,  
Give us your wisdom, guide us every hour.  
Seal us in peace – in love's own God-control,  
Let your great wings of love our worlds enfold.

You are God's glory, majesty and grace!  
Your patient care has held for Earth her place.  
All through the ages that have gone before  
Your love has been for Earth the open door.

Now lift our Earth from strain and stress today,  
Free all her life – so earnestly we pray.  
Forces of nature, elementals, too,  
Sanat Kumara, dear! ALL call to you!

Glory and honor unto you belong!  
Let all men free you now in grateful song!  
Let all that lives upon this planet raise,  
Heart, soul and spirit to your name in praise!

Great Central Sun, your gifts of love we call.  
For our dear friend of Light and Lord of All!  
Bless his dear Venus – Goddess from the Sun,  
Bless their dear planet and all life thereon!

(HYMN TUNE: "Abide With Me")

\*Referred to by Elohim Vista, on November 21, 1954

## **Chapter 6**

### **A Proposed Plan Of Action**

## INTRODUCTION

Until now, we have discussed the record of the Philadelphia Group of the "Bridge to Freedom." Now it is time to put into practice what we have learned. In this chapter we shall discuss the necessary steps, and a plan of action, to reduce the karma of incoming children, so they may be born more perfect, in mind and body.

What is our goal? It is to have children born, perfect in mind and body, either to the reader, himself, or to another member of the human race. Therefore, this chapter is dedicated to exploring the ways and means of achieving this goal. Having established our goal, we must re-confirm it. With every fiber in your heart, you must really want to achieve your goal. You must be willing to set aside, every day, a certain amount of time, preferably in the morning and you must do so without fail. Be determined not to be distracted by outside influences (media, visits of relatives).

## ACHIEVING OUR GOAL

From consulting the record of the Philadelphia Group, we learned that great results can be achieved if Masters and students work together, harmoniously and persistently, in the spirit of team work.

In order to be successful, today, we must examine whether or not the same rules that governed the conduct and relationship of the Ascended Host and unascended mankind in 1954, apply, as well, today. If they do, we can proceed, using the same guidelines and standards that the Philadelphia Group employed, previously.

### THE TIMELINESS OF ASCENDED MASTER TEACHING

Some readers may ask whether or not the record of the Philadelphia Group can be duplicated today. The answer to this question is as follows:

Cosmic Law, in its fundamental application does not change. It has not changed for millions of years. The same laws that applied to Jesus and Mother Mary, during their last embodiment, apply today. Therefore, the same basic principles of Cosmic Law that were used successfully in the 1954's, by the Philadelphia Group of the "Bridge to Freedom," can be applied, successfully, today.

For example, beloved Jesus said, on May 15, 1958: "Many students acted on the Law as given by Kwan Yin, and did make application for the mitigation of the karma of the incoming lifestreams. That helps tremendously. It will help, wherever you know of a child to be born. Even during pregnancy, application can be made in, through and around the parent and the incoming lifestream, that that one's destructive karma be mitigated and transmuted, as well as that of the family."

Mother Mary asked the students to have the same faith, in her ability to assist mankind, as the pilgrims of Lourdes have, today. She also stated: "WE ARE GIVING YOU EVERY GOD-HELP THE GREAT LAW WILL PERMIT, BELIEVE US!"

Beloved Archangel Uriel said, on May 16, 1954: "THE BOOK OF GENESIS AND ALL OF THE SUCCEEDING BIBLICAL LORE, IS BEING WRITTEN AGAIN! IT IS BEING WRITTEN NOW,

NOT BY UNASCENDED BEINGS, BUT BY GOD-FREE BEINGS! IT IS A BIBLE MADE UP OF THE ENERGIES OF THE ARCHANGELS, THE COSMIC BEINGS, AND THE ASCENDED MASTERS, THAT WILL STAND FOR THE REST OF THE CIVILIZATIONS BEING BROUGHT FORTH ON THIS PLANET EARTH."

Through Geraldine Innocente, the Philadelphia Group had the benefit of a an authorized messenger of the Great White Brotherhood. Accordingly, the members of this Order were able to explain the principles that govern the use of Ascended Master Teaching. These principles are explained, in detail, in this book and they are now utilized to achieve our stated goal.

Mother Mary made petitions for the purification of incoming lifestreams, both before 1954 and after that year. For example, the Editor of the "Journal of the Bridge to Freedom," in 1956, urged the students to add their energies to beloved Mother Mary's petition for the purification of incoming children.

When my wife and I met Alice Schutz, in 1976, we found she was still giving the decrees that the Philadelphia Group used in 1954. Why? Because she knew that such an effort would help Mother Mary, and the other Masters, in their endeavor to bring in babies with more perfect bodies.

FROM THIS IT FOLLOWS THAT THE PRINCIPLES OF ASCENDED MASTER TEACHING ARE TIMELESS. THEY APPLIED IN JESUS' TIME, THEY APPLY TODAY AND THEY WILL APPLY 1000 YEARS FROM NOW!

### ASCENDED MASTERS ASKING FOR OUR HELP

Without exception, all of the Ascended Masters are always ready to help the dedicated students. As can be seen from the following explanation, they are READY NOW, awaiting our decision and action. In dealing with unascended mankind, they are dependent on students who will act as step-down-transformers, transforming the high vibrations of the Ascended Host, to the lower vibrations in which mankind abide. Here are some examples of dictations of the Ascended Host, in which they ask for our help.

May 16, 1954 Archangel Uriel: "It is our desire that you make some calls that those who are destined, by karma, to take imbecilic bodies and forms that are very distorted, might have that karma mitigated. Please call to Kwan Yin for mercy for these blessed ones, that each one will have the best body possible. Please make the call that they receive the BEST POSSIBLE GARMENTS, as these incarnating lifestreams come in. If you will just visualize them and feel the Violet Flame passing through them, it will help."

Mother Mary, June 23, 1954: "May I request that you please join, with me, in asking for the relief and release of these lifestreams from karma of every kind, before coming into embodiment.

"I ask for your assistance, as our petition is presented to the Karmic Board, especially those of you, who are aware of mothers with child, that the karma of those lifestreams at least be mitigated, and that no lifestream be forced to come into embodiment in a distorted form, or without the full use of the faculties of mind and consciousness.

"Lords of Karma, I make the request, this night, for good, whole, clean, pure flesh bodies for these children. I ask for bodies with eyes too pure to behold iniquity, with lips which will speak only words of love and light, with limbs firm and strong, with bodies that are living temples through which blaze love and light, with brains well balanced to receive the directions of the Christ Self, with every organ in its perfect place and in perfect functioning order."

Mother Mary, 1954: "Will you do something for me, tonight? Will you please accept the presence of my humble self in your midst, with at least as much faith as the pilgrims at Lourdes? Will you accept, deep within your heart, that healing momentum which has become the hem of my garment? That garment covers this entire building, tonight, and each one will take as much or as little as he or she may choose, according to the power of his or her acceptance. As my gift of Thanksgiving to you, accept the substance of the radiation of one who has been your mother for countless centuries."

Elohim of Purity, 1954: "Now, in the name of mercy, I am going to ask you to call for an angel deva of PURITY to be present at every conception which takes place from this moment forth – that angel to radiate its feeling and substance of PURITY there, until every one upon the planet, Earth, and all who wait at the gates of birth, have come into the realm of form in dignity, beauty, PURITY and peace!"

### RELATIONSHIP BETWEEN ASCENDED HOST AND STUDENTS

As we have learned, the Ascended Host is ready to help us, NOW. Therefore, we need to examine the ways and means how to best to help their efforts.

In order to do this, we must become aware of the rules that govern the relationship between the Ascended Host, the Karmic Board, the Cosmic Law and mankind. Having done this, we must pattern our conduct according to those rules.

Let us examine first, the relationship between Ascended Masters and students. Simply stated, it may be summarized this way: The Masters are one hundred percent with us, and if it were not for the Cosmic Law, the Masters, with one hand movement could wipe out all of the present discord of mankind and transfer the perfection of the heavenly realm to the physical realm. Unfortunately, the Cosmic Law will not permit this.

Now, what is the relationship between the Cosmic Law and the Karmic Board? The Karmic Board is the representative of the Cosmic Law. So, if we want something from the Karmic Board, it is the Cosmic Law which decides the outcome.

The student may ask, "Why does the Cosmic Law have such strict rules?"

The beings, administering the Cosmic Law for the Earth, feel that mankind fell, from its state of grace, by turning consciously and deliberately away from God. (This event is referred to as the "Fall of Man." See *Man, His Origin, History*

*and Destiny, for further information.)*

Alpha and Omega will permit us to go back on the road to the Heavenly Father, BUT ONLY IF SUCH A DECISION BY THE STUDENT IS BACKED UP BY AN EXTRAORDINARY AMOUNT OF SELF-EFFORT.

#### A TEAM EFFORT

How can we best help the Ascended Host in their efforts to achieve our goal? This can be done by giving attention to the following rules, all of which were applied by the Philadelphia Group.

1. We must understand that our goal can only be achieved with the help of the Ascended Host.
2. The Ascended Masters are all-powerful, when working on the Ascended Master level, but they are powerless to act for us, beyond a certain point. We must consciously invite the members of the Great White Brotherhood to help us, and send them our energy. How is this done? By focusing our attention on one or more of the Ascended Host. When we place our attention on them, our energy flows to them and meets their energy. Over that bridge, anchored on one abutment by the Ascended Host, and on the other end by the students, flows the combined energy of the Great White Brotherhood, meeting with the students, in a glorious display of team effort and comradeship. It is truly a BRIDGE TO FREEDOM!

3. We may focus our attention on the Ascended Host by a variety of ways such as:

- a. Attunement by looking at their pictures. Here we directly meet their energy. This is the most powerful way to meet the energy of an Ascended Master.
- b. Attunement by playing their keynote. This keynote is normally contained in a well-known melody.
- c. Reading their dictations. At least fifteen minutes of daily study is recommended, preferably reading articles from Mother Mary, Kuthumi, Jesus and the Cosmic Being Victory (who set aside the Occult Law for our benefit. Victory is also very interested in young people.)
- d. Sending energy to the Ascended Host by giving decrees or singing hymns, (see separate articles on these subjects.) A decree should include the following concepts:
  - 1) Giving the Ascended Masters authority over the Earth.
  - 2) Giving decrees in the name, nature and fully gathered momentum of an Ascended Being.
  - 3) The Protective Pillar of Light.
  - 4) The daily application of the Violet Flame.
  - 5) Asking what we desire. In this case we ask for children to be perfectly-born, in both body and mind.

For students who wish to obtain further information on how to work together with the Ascended Masters, the following books are recommended:

*Man, His Origin, History and Destiny  
21 Essential Lessons, Volume 1 and 2  
The Law of Precipitation*

### PREPARING A PURER VESSEL

The Masters compared assisting mankind with drilling a tunnel through granite. A lot of energy needs to be applied. Students may make it easier for Ascended Masters to reach them, if they first bring their own house into order. This is done by:

- 1) Understanding that man has seven bodies, and understanding the function of these bodies, especially that of the I AM Presence and Christ-Self as they relate to the physical body and the physical consciousness. (see Chart of the I AM Presence and “Explanation of the Chart”.)
- 2) Understanding the function of the Protective Pillar of Light and the Violet Flame. (see chart and article, *Importance of Decrees*.)
- 3) Cleansing our four lower bodies, on a daily basis, by using the Violet Flame.
- 4) During our daily life, extend harmonious thoughts and feelings, to all mankind.

By actively applying such criterion, you cannot fail to succeed!

### THE DETERMINATION TO SUCCEED

An experienced real estate broker once was asked what criterion, above all, was the determining factor in the price of real estate. Without a moment's hesitation, he replied: "Location, location, location!"

In Ascended Master Teaching, the criteria that most determines the success of the student is: "Persistent self-effort, persistent self-effort, persistent self-effort!" Such effort requires knowledge of the law, and the willingness to apply what one has learned, ON A DAILY BASIS. Application of the law requires discipline and some impersonal service.

The beauty of this effort is, while you help someone else, you further your own spiritual development!

In the final analysis, it was the strong determination to succeed and persist in their effort, that led to the success of the Philadelphia Group.

### THE CHART OF THE I AM PRESENCE

One of the daily requirements of a student of the Ascended Host, is to give attention to the Chart of the I AM Presence. The knowledge of the I AM Presence, the Causal Body, the Holy Christ Self, the Protective Pillar of Light, and the Transmuting Violet Flame is essential to making our spiritual development.

Beloved Jesus said, in a dictation, that **the Chart of the I AM Presence was the most important knowledge given since his ministry ended, 2000 years ago.** The chart gives you a complete illustration of your own identity and reality of existence. Rightly understood, the chart withdraws the power from the concept of human creation and extends it to the I AM Presence.

The diagram impresses and compels the outer consciousness to accept the truth of the fact that all of us are, individually, connected to the Christ-Self and to the I AM Presence, through the silver cord.

Without your I AM Presence you would not exist. Realize that you are not separate from your Presence. Your I AM Presence is your life. It transfers life-giving energy through your silver chord, enabling your heart to beat.

Jesus pointed out that it was the knowledge of the power of the I AM Presence that enabled him to produce the so-called miracles. He added that any student could produce similar results.

Let us now draw our attention to the chart. The upper figure in the chart represents the **Electronic Body of the I**

**AM Presence.** The Electronic Body is the individualized focus of God. It is our permanent self, which never dies. Our I AM Presence was created in the image of our God-Parents. They directed a Threefold Flame from their hearts, into universal light substance, and around that flame coalesced our glorious body of light, the Electronic Body.

This body is composed of millions and millions of electrons, grouped together around a central core. These electrons follow the pattern of our own lifestream, whether it is a rose, a Maltese cross, a lotus flower, or some other form. From the Electronic Body pour forth rays of light, constantly, by which it renders service in the universe. It knows only perfection.

The concentric circles of color around the Electronic Body form the **Causal Body**. The colors of these circles correspond to the colors of the seven rays. Starting from the center of the causal body we have the blue and the yellow, next the pink, the white, the green, the ruby with golden radiance, and the violet. These are the colors of our Causal Body, in that order.

The Causal Body contains the “Accumulated Good” of all of our embodiments.

The **Christ Self** (also called “Holy Christ Self”) is the provision which the I AM Presence has made to give us assistance in the human world. The Christ Self knows what we are doing, and whatever our needs are, it takes those needs to the I AM Presence.

The Christ Self is positioned between the Electronic Body

of the I AM Presence and the physical body. The silver cord extends from the heart of the Presence, through the Christ Self, down to the heart of the physical body.

The Christ Self is anchored within the heart of every man, woman and child, focused within the Threefold Flame in the heart. It is what we call a "step-down transformer." It regulates the amount of energy flowing through the silver cord.

If we follow along, down the chart, we come to the **Physical Body**, which is the lower figure. A ray of light extends from the heart of the Presence, down through the top of the head, and into the physical body through the area which would be the soft spot on the head of a newborn baby. It goes from there to our heart, where it is anchored.

With every heartbeat comes the release of a pulse of light from the Presence. That ray of light is the substance, energy and intelligence by which the physical body has life and is enabled to move around. Once that silver cord is cut, so-called "death" ensues.

Around the physical body is the **Protective Pillar of Light**, also called "Tube of Light." This is formed by the I AM Presence, at the call of the individual. As the expansion of the Light in the cells takes place, the radiance of those cells adds to the forming of this Pillar of White Light. That is how we should visualize it—white light, so invincible and impenetrable that not even a bullet can penetrate it. THIS WALL OF LIGHT CAN ENFOLD YOU AND PREVENT ANY HUMAN FEELING, THOUGHT OR SUGGESTION FROM ENTERING YOUR WORLD. IT IS CALLED AN INSULATOR. AT THE OUTER EDGE IS A SORT

OF "CRUST," WHICH DEFLECTS THE DISCORD OF ALL THE LOWER VIBRATIONS.

Calling for, and visualizing the Protective Pillar of Light around us, helps to shield us from negative influences in our daily contact with others. We have all had the experience, when, after mingling in a crowd, or going to a department store, we come home feeling very tired. Again and again the Masters have stressed the visualization of the Protective Pillar of Light. It disconnects, or short circuits, so to speak, the discordant energy waves, which otherwise would be tied into and become a part of our lifestream. We should visualize the Protective Pillar of Light in such a way that it completely surround our four lower bodies. This means it should be visualized at a minimum distance of nine feet in diameter.

Now, to the **Violet Flame**. From the Chart of the I AM Presence, you can see that it flows in, through and around the physical body, and we call it forth, from the realms of light, to three feet below us, to blaze up and around our four lower bodies.

The use of this Violet Flame is IMPERATIVE. It is the primary means by which all undesirable accumulation can be forever dissolved, and its cause and effect annihilated. The Violet Flame should be called through all our four lower bodies like a blowtorch, dissolving and consuming, forever, any undesirable thing or condition. It is the **only means** by which you can become free from the wheel of birth and rebirth. There is NO HUMAN BEING WHO IS AN EXCEPTION to this mighty Law. Every one of us, in this world, at one time or another, has had imperfect and discordant thoughts, has

spoken negative words and has felt discordant feelings, thoughts, haven't we? That means so much substance and energy qualified with discord, all vibrating within the body, in the individual aura. Anyone who has ever accomplished the ascension, has had to use this transmuting Violet Flame to dissolve his human creation.

How often should we pay attention to this chart? The Ascended Masters stressed, both during the "I AM Activity" and the "Bridge to Freedom," that we should look at and visualize the Chart of the I AM Presence, in detail, several times a day, especially before going to bed. This impresses the outer consciousness with the reality of the I AM Presence. They also emphasized that every student should be able to give a detailed explanation of this chart.

Note: The original chart of the I AM Presence was done by May de Camera, in the 1930's. She had a vision. The Masters wanted to place the attention of the students on the Electronic Body of the I AM Presence, the Protective Pillar of Light and the Violet Flame. All of these were new concepts at that time. The colors on that chart are shown incorrectly. At that time the Masters did not give out the colors of the rays. They did this later, during the "Bridge to Freedom Dispensation."

### FORCEFIELDS

A forcefield is an energy pattern, formed to express that particular God-virtue (truth, peace, harmony) the individual or a group of students wishes to express. This focus of energy is formed out of the thought force of the energy of an individual, or in the case of a group, out of the cooperative energies of individuals who share the design. The motivation and spiritual momentums of the chelas determine the size, efficiency, quality and cosmic service which can be rendered by this particular forcefield. The constant, rhythmic feeding of the pattern keeps it from dissipating into the unformed ethers. An angel deva will then ensoul the forcefield, giving it greater strength and radiating power. A permanent forcefield has the additional benefit of forming a canopy of protection for the students and their general location. The Masters can utilize this forcefield long after the meeting is over. The generalized forcefields of churches and other religious groups lose some of their efficiency, since there is no specialized activity at that location, and often the effort of visualization is not made.

A forcefield forms over the meeting place of a group, and over the home of the student who decrees on a regular basis. The energy takes the shape of the symbol that has been chosen.

**SYMBOLS FOR FORCEFIELDS**

Archangel Michael – Winged Cherubic Head  
Maha Chohan, Pallas Athena – White Dove  
Saint Germain, Portia – Maltese Cross  
Morya – A Crystal Chalice (A Cup)  
Brotherhood of Truth – Lamp Of Truth  
Goddess Of Purity – Lily  
Kwan Yin – Five-Petaled Lotus  
Lord Gautama Buddha – Lotus  
Djwal Kul – Hand Holding A Torch  
Paul The Venetian – The Three Fold Flame  
Serapis Bey – Heart  
Nada – Pink Rose

### THOUGHTS ARE THINGS

Thoughts are things. We are dealing with very fine energies. We are dealing with vibrations that yet cannot be measured. However the effect of our thoughts can be measured. We are all familiar with the faces of mature individuals who, by reason of their harmonious thoughts, have hardly a wrinkle in their faces.

The concept which the mother holds, in her mind, for her child, is a large factor in the molding of the infant's form, in her body. The parental love which accompanies such feelings, is of tremendous assistance to the lifestream to be born. This love also automatically draws the builders of form and the angel (or angels, in some cases) who stand guard around the mother-to-be, particularly during pregnancy. Therefore, maintaining the immaculate concept (outpicturing the child as the perfectly-created image and likeness of God) is of great help to the incoming lifestream.

The concept of perfect creation, by God, should be maintained before and after birth. Why? Because it takes several years before the Christ Self assumes full control of the physical body.

People often picturize what they do not want, and put as much, if not more, energy into the "do not want" as is usually required to manifest that which they do want.

Mothers who hold, in their hearts, this picture of fear about their children should change it, and hold for them a picture of perfect love and protection. The parent may call on Mother Mary, asking for her assistance in holding the divine concept for the child. Or one may call to Archangel Michael to surround the child with his Blue Flame.

### REDEEMING OUR KARMA

When the individual misuses energy, this results in karma, which has to be redeemed. Redemption is accomplished by either of the following actions, by the individual:

1. Calling forth the Transmuting Violet Flame. The use of this Violet Flame is imperative. It is the PRIMARY MEANS by which all undesirable accumulation can be forever dissolved and its cause and effect annihilated. The Violet Flame should be called through all our four lower bodies like a blowtorch, dissolving and consuming, forever, any undesirable thing or condition. It is the only means by which you can become free from the wheel of birth and rebirth. There is no human being on Earth who is an exception to this mighty Law.

Every one of us, in this world, at one time or another, has had imperfect and discordant thoughts, has spoken negative words and has felt discordant feelings, haven't we? That means so much substance and energy is qualified with discord, all vibrating within the body, in the individual aura. Anyone who has ever accomplished the ascension, had to use this transmuting Violet Flame to dissolve his human creation. Even beloved Jesus had to do this.

2. By performing impersonal service (service given without consideration for money or personal acclaim)
3. By calling on the Law of Forgiveness. If this decree is given, it always should be given before calling on the Violet Flame.

4. We can give decrees of an impersonal nature, which bless a large number of people. For example, we can call on our I AM Presence and the Ascended Host to have perfect incoming lifestreams – children perfect in mind and body. In this way we can reduce a portion of the karma of the child.

If you wish for a perfectly-born child of your own, your probability of success is greater if you decree for the perfection of ALL incoming children. In this way you follow a principle of the Cosmic Law which states that the good of the whole (the larger group) is paramount. The Masters can better respond to such a decree.

At one time, Mother Mary made a petition asking for lifestreams to be born in perfect form, not maimed, blind, or with distorted minds. Portia, the Spokesman for the Karmic Board, in reply to Mother Mary's petition, explained that the amount of Violet Fire the student body was able to draw forth, would determine the success of the petition. This example shows the importance of the use of the Violet Flame.

### THE IMPORTANCE OF DECREEEING

The Bible says. "Thou shalt decree a thing, and it shall be established unto thee."

Decreeing is unfamiliar to the western consciousness. Yet, chanting, or decreeing, is an integral part of the American Indian culture, and of the Far East, where prayer wheels have been used, for centuries.

People have asked why we need to give energy to the Masters, when they are more powerful than we are, and can do anything without our help.

To answer this question, I should like refer to a dictation by the Ascended Master Morya on February 15, 1961:

"To requalify the energy in your physical bodies and in your etheric, mental and emotional bodies, you must begin to release a balance of energy which will blaze into them, and shatter those patterns that you set up, mostly through the use of the spoken word and physical action. The efficacy of your decrees is not only in that which goes out into the ethers, but also in that which is CHARGED and CHARGED into your etheric bodies, which brings a positive alignment and control of your entire consciousness.

"When you have said, for centuries, 'I am helpless, I am sick, I am distressed,' you have built, into this etheric garment, into that which the world calls the sub-conscious, certain deep grooves of energy. It is a consciousness which has accepted that which you have decreed, for yourself, for millions of years. You have done the same thing with your emotional body and your mental body, through the use of life."

So then we may ask:

"Is distress necessary to your spiritual progress?" No! However, we must change the "conditions" of consciousness that make distress seem necessary. Man learns through experience, through application of the Cosmic Law, or through suffering. Each one may choose his own teacher.

Now, how do we requalify this negative energy we have set up, through many embodiments? Again, El Morya tell us: "One affirmation, from your lips, is not going to convince these conscious vehicles that you have completely changed your centuries of living. You are going to have to DRIVE INTO THEM a POSITIVE radiation which will, in time, shatter and transmute the patterns of your past, and put in their place, the patterns of perfection for the future."

The decrees, therefore, have been consciously presented to man's intellect, in order that he might use them as a balance for the misuse of the spoken word and for imperfect thought patterns created through the many centuries of embodiment. In order to shatter these distorted "cups," it is necessary to use energy vibrating at the same rate – but constructively qualified. In other words, a "cup" created by wrong speech must be broken by a vibratory action of CORRECT SPEECH, rather than by mental force.

Our decrees provide a mighty "stockpile" of constructively-qualified energy, which is used by the Ascended Host to dissipate evil forms and destructively-qualified energy, of every kind.

If the spoken words are peace-giving and harmonious, in

their expression, the consciousness then glows with the light of divinity, and the individual becomes a comforting presence to all life about him.

All decrees should be given with DEEP FEELING, VISUALIZING WHAT IS BEING SAID. The mere repetition of words without feeling and visualization is worthless. Decrees should be given somewhat faster than ordinary speech, however not so fast that one cannot visualize what is being said.

How long should one decree? In group activity, Saint Germain advocates to start with 15 minutes of decreeing and let the momentum build. Here, in this book, we start with a few decrees. Every day the student should give a few decrees. This is more important than to say the decrees on a Sunday, for half an hour.

The beloved Cosmic Being Victory explained that the humblest individual, even a little child, can issue these decrees, often with INSTANTANEOUS RESULTS.

Quoting the Ascended Master Saint Germain:

"The activity of decreeing for ourselves and for mankind, and all life in general, is a tremendous privilege of God's merciful love. It enables God's promises to be fulfilled, for it is in accordance with His own Great Law. Gratitude for such an opportunity is the wide open door for more and more blessings in each one's daily life, and life, itself, will bless and thank those who love it enough to decree it free!"

Therefore, daily application, especially in the morning, is an ABSOLUTE MUST!

Here is a recommended sequence for giving the decrees for personal application:

1. Place your attention on your I AM Presence. Pour love and gratitude toward it.
2. Give the Ascended Masters the authority to enter your world and the activities of mankind. Without such invitation, the Ascended Masters are powerless to help, in the most effective way.
3. Call on your I AM Presence, and the Ascended Host for assistance in manifesting your decree.
4. Place the Protective Pillar of Light around you.
5. Call the Law of Forgiveness into action.
6. Give the remainder of your decree.

### SUGGESTED DAILY APPLICATION

#### Step 1: Contemplate your I AM Presence

Give your attention to the chart of the I AM Presence. The chart shows you your true identity. It illustrates a mighty reality. Without your I AM Presence you would not even be. Realize that you are not an entity apart from your Presence. Your I AM Presence is your life. It transfers life-giving energy through the silver cord, enabling your heart to beat.

Be grateful for its existence which has not been known to mankind, for millions of years. Looking at the chart, FEEL yourself connected with your I AM Presence. Ask the Presence to guide you this day.

#### Step 2. Contemplate your Master

Become still. Send love and feelings of gratitude to one or more of the Ascended Masters. Request the consciousness, nature and feelings of the Master. Thank him for his assistance now and during the day. Send love and gratitude to the angelic and elemental kingdom, including your ministering angel and your body elemental. On the return current, accept the energies radiated to you.

#### Step 3. Now give, with deep feeling, the following decrees:

1. In the name of my I AM Presence and in the name of all mankind, I now give full authority for the Earth and world conditions to the beloved Ascended Masters Saint Germain, El Morya and the Maha Chohan, to bring into manifestation the divine plan fulfilled!
2. Beloved Mighty I AM Presence and beloved Archangel Mi-

chael, intensify your protective pillar of pure light substance through and around me, charged with your invincible protection, all-powerful and impenetrable.

3. I AM the Law of Forgiveness for myself and all mankind for all mistakes, misqualified energy, and for straying from the Light.

I AM the Resurrection and the Life of my perfect health!

I AM the Resurrection and the Life of my limitless strength and energy!

I AM the Resurrection and the Life of my limitless supply of money and every good thing!

I AM the Resurrection and the Life of my divine plan fulfilled.

4. Mighty I AM Presence, beloved Ascended Master Saint Germain, Archangel Zadkiel and Amethyst, blaze through and around me the Transmuting Violet Flame, thy Sacred Fire. Purify and transmute all energy ever misqualified by me. Keep this flame sustained and powerfully active. (Visualize the Protective Pillar of Light 9 feet around you, with Archangel Michael's blue flame around it and the Violet Flame within it)

5. Mighty I AM Presence, you direct my activity, world and affairs! Take full command of me, guide and illumine me, every step of the way. See that I render the greatest service possible.

### INVOCATION FOR INCOMING ILLUMINED LIFESTREAMS

Beloved mighty victorious I AM Presence anchored within my heart, beloved Archangel Gabriel, Mighty Cosmic Being Victory, Elohim of Purity, Ascended Masters Kwan Yin, Mother Mary and Jesus, Saint Germain, Kuthumi and the Karmic Board, we invoke your fully-gathered momentums, natures and feelings, now.

In this hour of Earth's crisis I/we invoke thy assistance now, in having all spiritually developed lifestreams given a chance to embody on Earth, right now.

See that all spiritually-advanced parents, who can be of help in implementing the goals of the Great White Brotherhood, and who desire children, will receive incoming children of at least equal development.

We also invoke, in mercy, the assistance of every planet, which allowed even ONE laggard from its sphere, the hospitality of the Earth as a schoolroom! Send illuminated life-streams from those planets to help Earth in the redemption of the laggards and their distorted creations, right now! Do not deny Earth one Buddha or one volunteer, from another planet, who wishes to help free the Earth.

I/we hereby decree that all advanced, illuminated lifestreams, belonging to the schoolroom of Earth now, and those entering Earth from other planets, be taken, immediately, into the Temples of the Violet Fire and there bathed in the Sacred Fire of the Violet Flame.

Enfold these precious souls, now and forever, in your As-

cended Master Consciousness. Let them embody in the full conscious use of their own eternal, divine memory, and make them immune to the passions, appetites, human tendencies and karma of family, race and nation.

Beloved Angels of Purity! Establish a spiritual canopy of your own light and love around the homes and families through which these souls are to embody. Create and sustain a pure, harmonious, spiritual and opulent atmosphere around them. Raise up spiritually-advanced parents, who can be entrusted with the care and protection of those precious lifestreams, during their young years.

Place a cherubim in the aura of those parents and these incoming lifestreams. Protect them and keep them reminded of the opportunity and responsibility in being selected as teachers, guardians and protectors of the human race.

We thank thee that this is done.

#### **INVOCATION FOR INCOMING CHILDREN AND THEIR PARENTS**

Beloved mighty victorious I AM Presence anchored within my heart, beloved Archangel Gabriel, Mighty Cosmic Being Victory, Elohim of Purity and Devas of Purity, Kwan Yin, Mother Mary, Jesus, Ascended Masters Saint Germain and Angels of the Violet Flame, Kuthumi and the Karmic Board, we invoke your fully-gathered momentums, natures and feelings now.

Take all lifestreams departing from the physical body,

immediately to the Temples of Violet Fire and consume as many destructive, etheric records as possible.

Weave a perfect, etheric pattern for the physical bodies of all incoming lifestreams.

Give all incoming lifestreams\* perfect bodies, clear, intelligent minds and dispositions, willing to give loving cooperation with that which will be for their highest good. Purify and illumine the homes, parents, teachers and guardians into whose atmosphere they come.

Place a Deva of Purity in the aura of the parents from the time of conception to birth. Establish a spiritual canopy of light and love around the homes and families through which children are to embody. Create and sustain a pure, harmonious, spiritual and opulent atmosphere around them.

Keep all parents reminded of the opportunity and responsibility they owe to life, in being selected as parents.

I/we ask that the birth of all incoming lifestreams will be accomplished in harmony, peace and joy, without physical pain or discomfort.

Beloved I AM (say 3 times)  
By Cosmic Command (3x)  
Do it today (3x)  
Do it to stay! (3x)

\*If applicable, add: "Including the child destined to be my own"

## **Chapter 7**

### **The Teaching of Mother Mary**

Beloved Mother Mary

### MOTHER MARY'S EXPERIENCES IN A FORMER EMBODIMENT

**By Beloved Mother Mary**

Beloved ones, you are really so fortunate today FOR YOU LIVE IN A TIME WHEN THE GREAT COSMIC LAW IS ALLOWING US TO BRING YOU SO MUCH OF OUR CONSCIOUSNESS! The door to our realms of light has been opened wide to you and your love, light, constancy and interest in helping mankind out of their distresses has been such that those who have the power and authority so to do, have directed to and through us the permission to come and bring to you our presence, our consciousness and our words of instruction. May I also say that WE HOPE, ONE DAY SOON, TO BE ABLE TO BRING FORTH THROUGH YOU, OUR WORKS!

Beloved, from whatsoever star you have come, YOU HAVE CHOSEN YOUR PATH! YOU ARE HERE FOR A PURPOSE and that purpose is of your own choosing, even as my purpose ages ago was of my choosing. When the way seems difficult, temporarily, remember that even before you took embodiment, you chose the path you walk, and on that path obstacles can be transmuted into light until you have victory in expression. You chose the opportunity of taking a physical vehicle to utilize it in the effort to manifest God's glory on Earth.

"Faith without works is dead," you have heard it said and there is a great deal of truth in that statement. You see, it is not a real, deep and true faith if there are no works to support it. I saw my beloved son raise the so-called "dead" body of Lazarus which had been entombed for some time and sur-

rounded not only by the winding cloths of death but also by the "winding cloths" of grief and despair of his loved ones. I watched the beloved Jesus reach forth his hands toward Lazarus and through him God's great infinite restoring power of life and light flowed, raising and making completely whole again a body which was so diseased.

I have seen men, women and children who had been blind from birth, those who had never seen the blue of the sky or the bright green of the early Spring, open their eyes and see for the first time in this embodiment, able to enjoy the beauties of life, all done through the releasing of the currents of God's healing light, directed through the channel of a single lifestream (beloved Jesus) who was completely consecrated and dedicated to "his Father's business." The "Second Coming" has been promised and there has been much talk about it. Do you know that it is promised in "multiple numbers," through you and you and you, through any and every one who will so dedicate and consecrate his or her life to be about "the Father's business," doing his will?

Oh yes, this can and will be done when, by your daily attention to it, that individualized Christus now sealed within your hearts, has expanded sufficiently to completely control your outer consciousness in sustained harmony and peace and when your blessed souls have received enough God-light. The "Second Coming" will manifest when the appearance world has lost its tremendous hold and "pull" upon your attention, when you really take our hands and allow us to assist you, not as ephemeral, cloudy beings or as Gods and Goddesses upon pedestals of ivory or marble, but as living, breathing lifestreams. THE "SECOND COMING" WILL OCCUR

WHEN YOU HAVE LEARNED TO USE THE POWERS OF CREATION AND LEARNED HOW TO MAGNETIZE AND RADIATE THE GIFTS OF THE FATHER AND, IN SO DOING, HAVE BECOME GOD-FREE FOREVER.

Like most of you, I first came to the Earth filled with enthusiasm and desire to help mankind, sure and certain of my own God-connection with my own divinity, positive that no riptide which flows through the atmosphere of Earth nor any contagion of the fears, hates and diseases of the people could or would possibly enter my mind or feelings. I know whereof I speak, for I have been through it all! Long, long ago before I was privileged to take my initiation before Lord Maitreya and qualify to become the guardian and protector of the lifestream of Jesus in his final embodiment here on Earth, I took embodiment on this planet as a woman. I was married to a very holy man whose name today you would know were I to mention it.

This man was filled with reverence and peace but I was unhappy there and I lived rebelliously within his home. In my own thoughts and feelings there was a resistance to his sanctity. Where that resistance came from I shall not tell you but to this man I bore a child, a child whose body was builded of my own concepts, deformed, a child that no one but a mother could love.

I lived with that child and raised it, learning during that time something of what hidden and destructive thoughts and feelings can do, not only to the molding of the flesh of the unborn carried beneath one's heart, but also to the energies of one's own personal world. That child passed on not too late in life, thank God, and all during this experience, my

loving husband protected both the child and myself. When I finally passed from that embodiment, believe me, I certainly did apply for entrance into those temples of light at inner levels where one is trained to govern and control thought and feeling. It was then that I took the vow (when I was ready to do so – how many embodiments later it was I do not care to tell you!) to be the protector of the children, the unborn and the born, especially the deformed and unwanted, and of the mothers and fathers who suffer the agonies of distresses which are similar to those of my experience.

You see, dear friends, sometimes these very "trying" experiences are necessary to compel the stubborn human knees to bend before the goodness and perfection of God's holy will. The only reason I have related my own story to you was that I thought it would encourage you to know that I had such an experience. For no other reason would I put the thought of anything less than perfection into your minds.

Now, understanding as I do, I am so grateful to be able to help every child who comes before me in the Sacred Heart Temple and to give them all the blessings I can when I see that there is a tremendously heavy destructive karma to be expiated in their next earth-life and I see something of the distress they will have to live through. When I do look upon such a one, I ask one of my assisting ladies of heaven to take that lifestream aside and place them within a special room which I have created for just such occasions. Then, as soon as I can, I go to such a one and take the time to talk to them, explaining the situation and how they can best handle it. This helps to prepare them in some measure and sometimes the great Archangel Gabriel brings into that council room at night (while their physical bodies sleep) the prospec-

tive mothers and fathers of these children for consultation too. That radiation at inner levels has often given the incoming lifestream the strength, courage and power later to go through those experiences of distress victoriously.

Because so much of our activity is not visible to your physical sight and outer consciousness, it seems unbelievable to you. You see, dear hearts, you do not see all that we do for you. You see mostly just the conditions of chaos and distress, of which Jesus said, "Judge not according to appearances." Of course, you all know you should not, but when that unhappy experience is looking right at you (as it were) it seems so difficult for you to know its unreality and that you should be calling for its transmutation into light by Violet Fire, replace the imperfect picture by that which you desire to see manifest – the immaculate concept.

There is much more spiritual light in the world now than we had here in our day. Many of the riptides of mankind's combined destructive thought and feeling are gone and much of the discordant accumulations of the centuries in, through and around your own worlds is gone, through your persistent faithful use of the Violet Transmuting Flame, with the help of the Great Ones. All of this is to the good and all of this makes us feel very, very grateful and very reverent before God. WE ARE SO GRATEFUL ALSO TO AND FOR THOSE UNASCENDED BEINGS WHO ARE WILLING TO COME TOGETHER, STAND ON THEIR FEET AND RHYTHMICALLY GIVE THOSE DETERMINED CALLS FOR THE REMOVAL OF THE CAUSE AND CORE OF PLAGUES, GERMS, EPIDEMICS, DISEASE AND ALL PAIN.

**LISTENING GRACE**  
**An Address by beloved Mother Mary**

Blessed and beloved of my heart of love! Again we, and you too, relive the Christmas Season, a season in which there is born, every year, the magnificent powers of my own blessed son, Jesus! I give to you the love of heaven and I bring to you all of the Spirit of the Christ, having seen beloved Jesus go through so many trials, true, but he always passed through those trials in a God-victorious manner, through the use of the power of divine love and the light which was within him and which is also, of course, anchored within your dear Holy Christ Flames!

The first beginning was small, beloved ones – only two of us, Joseph and myself, then the third. Think how the Christ religion has expanded through those centuries, because it was anchored first, and foremost, in love divine, and WE WERE GUARDED CONSTANTLY BECAUSE WE REMAINED ALWAYS IN A STATE OF LISTENING GRACE from the human creations of the outer world that would seek to destroy the Messiah, or that would seek in any way to cause him lack of power and authority to gain God-victory as he did, and he has gained, through the thousands of years that have been, since that time more victory, for everyone that enters the Ascended Master Realm gains the victory, not only of what they have been that is good, but then they become part of the great whole, which is the Great White Brotherhood. That victory, then, is the gift returned to any unascended being endeavoring to expand the light, wheresoever he or she may be.

Belonging as I do to the angelic host, I am very familiar with the power of the angels, very familiar with the activity of their feeling and the pressure that can enter into your feeling from them. We, of the angelic host seldom take embodiment. The angelic host who are around at Christmas time, are those who have never taken embodiment. Therefore, they know only the feeling of God, the very nature of the God that made you and made me. That feeling can be transferred into your mind, consciousness and outer self with so little, aside from the acceptance, by your precious hearts, of the feelings of the angels of faith, and illumination, love, purity, perception, healing and freedom.

These are the gifts that are repeated over and over again to you, as they are the gifts of the mighty Chohans, whom you love and whom you have served. But a gift unused is a gift forgotten, or a gift etherealized, again into the sphere from whence it came. Now let us take, for instance, a piece of paper. Beloved ones, that paper represents our light given to you, our life and energy woven into the substance of your life. I can offer that to you, or any of the Ascended Beings can, but if you do not accept such a gift, it goes through a process of etherealization and returns again into the unformed, just as that paper does through the power of the sacred fire, (a piece of paper was lighted and allowed to burn to ash).

**MOTHER MARY'S PETITION  
FOR INCOMING CHILDREN**

June 23, 1954

Lords of Karma, beloved Ladies and Gentlemen of the Karmic Board! I, Mary, mother of the children of Earth, who fashion the heart for every lifestream who takes embodiment, stand before thee now on behalf of the lifestreams about to take embodiment on Earth within these twelve months.

I have stood in the Sacred Heart Temple with these spirits. I have looked upon the karma builded through the ages. I have fashioned with my own hands the sacred heart out of the very best essence which the body elementals could offer.

I say to you, Oh, merciful Lords of Love and Light! The garments that these shall wear are not fitting for gods and goddesses. They are not fitting for beautiful spiritual beings who, within the course of this next eighteen-year period shall endeavor to set the Lord of the World (Sanat Kumara) free.

The mistakes and sins of the many ages have been written deeply into the energies of these etheric bodies and into those flesh garments that would be woven by the builders of form within the mothers of the race.

On behalf of these about to come to Earth, these who had the spiritual honor to stand in my presence and before Sanat Kumara himself, I call to you. They pledged the Unfed Flame a vow and in balance for that voluntary bending of their knee, humbling of their pride, acceptance in the freedom of inner levels of the presence of the Hierarchy, I ask this night for good, whole, clean, pure flesh bodies, with eyes too pure to behold iniquity; with lips which will speak

only words of love and light; with limbs strong and firm. Make each body a living temple through which blazes God's love and light, with brains well balanced to receive the directions of the Christ Self, with every organ in its perfect place and in perfect functioning order.

I ask this in the name of Life, and in the name of the Ascended Jesus Christ. I am willing to offer on the altar of the Karmic Board whatsoever of my personal energies, whatsoever of my time, whatsoever of my very self is required to pay any balance that you do not find within their acceptance of the vow to serve Sanat Kumara.

Great Lords of Love and of Light! The incoming children are the hope of tomorrow. Give them garments that they can occupy in ease and peace! Give them garments sensitive to their own Holy Christ Self, that their Christ Self, through them, may take full command from the time they are born. Give them, Oh great Lords of Life, the fullness of the mercy of Kwan Yin!

Oh, beloved Goddess of Opportunity, newly-crowned Queen of Heaven, I speak to you as my successor! I ask opportunity for each one! Grant thou this as my last gift as I close my reign, and as you become the Queen of Heaven!

Oh, Portia! Portia! Child of Love! Child of Justice! I, Mary, speak to you! I rest my case in your sweet hands!"

Editor's note: The students of the Bridge to Freedom responded and supported Mother Mary in her petition. As a result of this cooperation hundreds of thousands of babies who otherwise would have been born deficient in mind or body, were born in perfect health.

#### WHAT HAPPENS BETWEEN EMBODIMENTS

**An Address by beloved Mother Mary**

Now beloved ones, the circle of birth and death is an interesting one. When the lifestream lays down a body, it is the nature of the soul [etheric consciousness dwelling within the etheric body] that determines the experiences following and preceding so-called death. The illumined individuals who are very active spiritually, usually do not require nor request any period of rest or vacation after passing through the veil. The individuals who have had very strenuous embodiments and who have done great things of a spiritual nature or of a material nature that were constructive are sometimes given a short vacation, even against their own will, in order to vitalize the etheric vehicle through which the consciousness works at inner levels.

Sooner or later they come, each one, before the Karmic Board and then they are assigned to the particular sphere to which their own previous embodiment has fitted them to dwell. So, at this time of assignment, we who are the sponsors of the incoming souls, must also be present, because we know that every individual having passed through the change called death (unless they wear the robes of ascension) must return to the Karmic Board. Therefore, one of us watches carefully during the process of the assignment of the souls by the Karmic Board to their particular sphere.

Then, whenever it is possible, whenever the light within the etheric envelope is developed to a point where we see a possibility for an intervention, we approach the Karmic Board and ask for the opportunity of intervening, personally, on behalf of such a soul or group of souls. If that is given to us ,

then we do as I told you. We go to that soul, or one of our representatives does, and we help them just as they do in the outer world, help them through training, in the very beautiful schoolrooms, to overcome the problem which has caused failures in a past life. We help them to become acquainted with the reality of the one God and help them to learn to harmonize their energies. Then, before the consecration of the incoming souls to the Sacred Heart Temple takes place, the individuals so helped at inner levels are in a position to get greater assistance from us.

#### **Receptivity and Action Required**

Then, of course, since you individuals in the transcended state have been calling for the purification of the incoming children and the younger generation and as I have been given the use of the beautiful wand of flame, I have been able to do a great deal more for these lifestreams. For this I am so eternally grateful!

In the course of our address, it was stated that there was a need for added prayer and added assistance for the incoming children and the younger generation. There was receptivity in the consciousness of our listeners and there was designed that wand of fire, which in turn was energized by the feelings of the group and became a living reality and authority from unascended beings placed in my hands which can and is used for the entire nine billion souls belonging to this race.

Now if there were no such communion in the first place,

from our realm to yours, you would not know of the requirement. If there was no receptivity in the consciousness of your realm and there was no action following our requests, there would be no completion of the bridge between the divine and the human and the human and the divine. That is the point that sets aside the present activity, beloved ones, from all of the glorious and magnificent and developed religions through which, most naturally, we pour our love and our light.

#### **Orthodox Religions and the Bridge Activity**

Now dear hearts, this morning, on many altars priests are sending up prayer force. Devout people are saying their rosaries and my name is honored, as is that of the beloved Jesus Christ. That energy is beautiful and it is good and it does bring back a benediction and a grace into the officiating priest and into the congregation. However, there is no direct line of communication by which they know exactly what to do at this moment, this day, beloved ones, and THE CONGREGATION IS LISTENING TO THAT WHICH WAS MOSTLY WRITTEN FROM MY OWN MEMORY INTO THE GOSPELS, TWO THOUSAND YEARS AGO.

Today however, I can speak from my consciousness, which has grown since then, and is endeavoring, through the veil, to grasp the hands of mankind and LET THEM KNOW THAT DIVINITY WALKS AND TALKS AND LIVES WITH MAN, that Divinity is represented in the angelic host as well as the Cosmic Beings, the mighty Lord of this World and the Stellar Beings from other stars. Beloved ones, that is the message of beloved Morya and beloved Saint Germain. Holy and blessed be their precious names!

**CREATING THE HEART OF INCOMING LIFESTREAMS**

**By Beloved Mother Mary**

We connect our energies with mankind by radiation, through the contemplation by your blessed selves in thinking upon our presence. We also connect our radiation with your consciousness through the spoken word at the rare intervals when life allows us this privilege. In every instance, every Perfected Being who lives within the kingdom, contacts unascended beings solely to expand the borders of the kingdom; to expand the radiation of perfection and to draw more light and more of the God gifts into this world of form, into the psychic and astral realm which forms the atmosphere of your planet.

My service to life has been connected with the creation of the heart through which the Sacred Fire is focused into the physical appearance world, giving identity and being to a personality for a time. It is an interesting service that perhaps can be elaborated upon. You use it yourselves in this activity to create a heart-center, made up of living cells, living intelligent beings having free will. However, this is different from the heart made up of intelligent energy sworn to obedience, which is the physical heart of an individual.

When the lifestream is given the grant of securing a new Earth body, and when the Lords of Karma have passed on it, that lifestream is drawn into my temple. Together we look over the substance and energy which the soul has used, (oh! perhaps through aeons of time). This is the personal heritage endowed by nature to that soul to form the envelope in which it must function.

As I have said before, we endeavor first to fashion (from

that elemental substance) the heart, which is the chalice for the immortal Threefold Flame of Life. The heart cells in the physical body are the most highly developed of the elemental substances that make up the physical form, because, in the course of their service to life, they require more resistance and more durability, in order to stand the beat which gives life to the physical body. Therefore, from among all the elemental substance which will form the flesh garment, the most highly developed electrons are used in the heart. These are drawn into the body of the prospective mother and become part of the flesh of her form, even before conception takes place. Then through that marvelous intelligence of the builders of form, the heart cells belonging to the new soul are segregated from the body of the mother, always discarding the substance which is of the parent. In this way, the substance which is of the new soul makes this exquisite chalice enfolding the Threefold Flame of Life.

It is such a beautiful, mathematical and scientifically accurate process that I would love to show you in pictures on a screen the precision with which the builders of form magnetize the substance belonging to the incoming soul and cast off again, again and again one cell out of every two, until this heart is formed.

In exactly the same measure and manner, the cells that are to form the spiritual heart of a community, a movement, a great nation, a planet, a universe or a galaxy, are selected from the lifestreams who have developed the greatest endurance and the greatest purity. These have earned through ages of time the privilege and honor of forming the canopy of protection around the Sacred Fire which is to be drawn

forth and expanded for the blessing of the masses.

From the great body of mankind, there are not available too many cells that can be used for a spiritual heart. From within the spiritually attuned and elect, we find seven distinct types of individual momentums and consciousness which could be utilized in the seven ganglionic centers. These people respond to the impetus of a New Activity. They know that they are destined, you might say, to become a part of some vital organ in a great current endeavor, whether it be a world movement or a local political activity. In that response they sometimes apply for a position within the heart, although they belong to another center. The same spiritual segregation goes on constantly, drawing in the heart cells, purifying them, fitting them one by one into their perfect place. Then follows the activity of drawing the other cells into a vital organism.

This is the activity in which you are engaged today, beloved ones. More or less, you are the substance being formed by the hands and hearts of intelligences greater than your own. In this great scheme of things each one has his perfect place. We who can see, have designed so carefully the creation of the spiritual heart. The creation of a heart is the most crucial point in the creation of a physical organism. It is also a most crucial point in the creation of a spiritual organization. It requires tremendous application upon the part of each and every lifestream who has been "summoned" by the Law, and who has been even loosely fitted into the design.

As I have been honored this year by being given oppor-

tunity to reach the masses, I am also honored by the opportunity of working with those of you who choose to see the design behind the seeming chaos and confusion. I shall endeavor (as my own momentum allows and the wisdom of my centuries of forming hearts permits) to help you. In the physical body, if at the time of gestation the cells that are to form the seven great centers might not polarize properly (for some reason or other) or are not held within their orbit perfectly, you have a physical instrument of incarnation that is defective in one or many ways.

The spiritual sorting (wherein every lifestream takes his perfect place and abides therein) is essential before we can expand the endeavor to raise and redeem the masses and purify all discordantly qualified functions in the spiritual body of the race.

We are in a secret and sacred time, a time when I, myself, remembering my own experience, suggest that you ponder these things in your heart. Pray on them, ask the grace of your own Christ Self to illumine them to you and then strain not, but endeavor to be the best cell that you can in your appointed place.

**MOTHER MARY'S OFFER TO HELP STUDENTS (I)**

Will you accept the love from within my own heart, and will you accept me as your mother? I HAVE FASHIONED YOUR HEARTS WITH MY OWN HANDS. May you be blessed as you go forward, in your endeavors, toward an ever-increasing comprehension of the love of God, and the love of his messengers, for all life! As that love becomes part of your inner nature, YOU BECOME OUR HEARTS INCARNATE, for, through you, we may bless and redeem the world!

I thank you! I love you! I bless you! For, if it were not for your faith, your confidence and your presence, here this morning, I should not have had the opportunity to enter into the feeling worlds of mankind, and to bring to them – through the inner action of the Law – the love of a mother for her children. So it is that you are the “open door,” through which those of us, who dwell beyond the veil, may reach the consciousness of all peoples, everywhere.

You are our hope! You are our promise! It is a marvelous thing to find so many lifestreams willing to accept the power and radiation from our realm, and to use that radiation, now, as an outpouring of love to the race!

There were only twelve disciples, who my son, with all his power, drew from the masses, who were willing to learn the Law and become Masters of Love. There were multitudes who came for comfort, for temporary healing, for peace – but every one of you – who can accept these words, has chosen to come forth from the masses, not for what you can RECEIVE, but for what you can GIVE! That is why, among all the sons of men, YOU ARE INVESTED WITH THE POWER OF

FREEDOM'S FLAME, and are the hope of the new day!

My beloved children, each and every one of you represent such a deep part of my heart. I follow you throughout the course of every embodiment, with such hope, just as every unascended mother does, delighting in your victories and, wherever possible, glossing over the temporary failures, until that hour, when you stand and know the full release and relief from every human tie, and in dignity, your course run, YOU RETURN HOME, to dwell with us in the realm where there is no pain, where there is no suffering and distress, where even temporary partings cause no unhappiness. That is the realm towards which your endeavor is preparing. It is the realm in which we love to abide, except for those hours when, as servants of the Law of Love, we choose to come earthward, whenever and wherever it is necessary.

May God the Father, God the Son, and God the Holy Spirit bless you, and keep you, and sustain you in the Light, until that day when you lay aside the garments of flesh and, entering into the realm where I shall await you, you say, "Oh, mother, I am grateful now that I have endured," and I shall place my arms around you and say, "Child, oh, child of my bosom, welcome home!"

I shall not cease the outpouring of my love, until every child of Earth is redeemed, and this dark star becomes a blazing planet of light!

I bless you this morning for unity, and for the cooperation of lifestreams who have been a part of this service to life. We shall proceed to greater accomplishment, so that the greatest good might be done for the greatest number.

The blessing of the Resurrection Flame be upon you and, beloved hearts, I invite you to come to me as you would to a mother. I thank you and I bless you.

#### MOTHER MARY'S OFFER TO HELP STUDENTS (II)

Beloved children of my heart, I bring you, tonight, the vital fire of my very self, to give to you of the substance which I have gathered, throughout the ages, and which forms the glory of my Causal Body. My Causal Body is the storehouse, from whence I draw forth that which is required, to answer the calls of those who need help, the blessings so much needed by the sons and daughters of Earth. Truly, it has been said that, in the history of men's prayers, THERE HAS NOT BEEN A SINGLE CALL WHICH HAS REMAINED UNANSWERED BY ME, SINCE I ACHIEVED MY POSITION OF AUTHORITY.

I am the mother of all the souls belonging to this Earth's evolutions, and, for each of these, I shall pray that they achieve the same great mastery and victorious manifestation, as my own.

Some of us, who are now rendering service to mankind have been given the privilege and opportunity of a motherhood, wherein, a particular Avatar or Christ Being was guarded. We spent many embodiments previous to the one in which such an Avatar was to be born, preparing for such motherhood. We also spent much time at inner levels, being trained in the powers of protecting and guiding those particular souls, whom we later brought into physical birth. Thus

did I qualify to bring the Master, Jesus, into his final physical embodiment here.

Nothing has caused more conflict, between right-thinking men and women, than the possibility of intercession before the Throne of the Heavenly Father, by those who have attained their eternal freedom. I am quite sure that a sect, who protested against the possibility of such intercession, has not fully understood the true meaning of the Law. As I am the one called upon the most, perhaps, by a great number of mankind, to intercede on behalf of the souls of men, it is the subject with which I can deal more delicately and yet, more clearly, than almost any other one.

Within your own, precious, hearts is the Flame of Immortal Life, streaming from the heart of your own central source – God! WITHIN YOUR HEART IS GOD IN ACTION, AND THERE IS NO POWER THAT CAN EVER SEPARATE YOU FROM THAT, HERE OR HEREAFTER! No fear of eternal damnation, no requirement of creed or intermediary, has any power to interfere when the soul determines, within itself, to return to God, in oneness of consciousness. Even in your unascended realm, the prayer of a good friend gives the strength and vital essence of someone interested in you, which adds to the impetus of your aspiration, that rises to the throne of the one Father. This added impetus magnetizes greater release to bless you, on the return current of that energy. Then, why cannot those of us who are your friends, in this realm, also intercede for you, just in the capacity of elder brothers and sisters, not because of position, not because of place, but because we are friends! We are vitally and deeply interested in your life, interested in you well-being, interested in your

development. Then, why deny us the same right of access to the Father, on your behalf, that you give freely one to another?

How often do the words, "pray for me" come from the lips of one who is going into trial? How often have you asked a heart-friend, a parent, a child, to intercede, on your behalf, before The Eternal? In like manner, those who come, in earnestness, to me, may ask for my intercession for themselves, or for a friend. This will add, to their small efforts, the strength and vital essence of my prayers and calls. The plea to me, for intercession, enables me to release all the magnetic power of those centuries of becoming free. I am merely a friend, giving of my life, and drawing those currents from the higher realms, that the conscious soul of the aspirant cannot yet reach.

By reason of certain applications and developments, some of us are able to reach closer into the heart of the Father. Then, becoming impregnated with the very substance of that life, health, vitality and fire, we return, brimming over with the essence of divinity. We shower this light essence upon those who have called for help – each of us being merely messengers – who embody the one life, the one principle of God. Each of us is a grail, that carries the assistance needed from God into the world of form. Man does not divide his allegiance to the one God when he asks assistance of friendship. Therefore, to you within this room, who wish the intercession of Mary,

I COME, not for the purpose of worship, not for the purpose of idolatry, but with the same friendship and comradeship that you have one for another, magnified by my powers

of greater freedom. Now, when you go forth, again, into the world, at the close of this class, carry this great truth every-where you can – that the intercession of the Saints, on be-half of mankind, is but the same activity of invocation, adora-tion and devotion which you send up in group work, when you intercede on behalf of unborn children, on behalf of those passing through the veil called “death,” on behalf of the crippled or the insane. Every time when your consciousness intercedes on behalf of those less fortunate than you, and your hand is offered to help them, your other hand is reaching up to those above you. I see you are comprehend-ing this quite clearly, and I thank you.

#### MOTHER MARY'S OFFER TO HELP STUDENTS (III)

Beloved and blessed children of God, my own “heart chil-dren,” how often have you stood before me, having been called by the Karmic Board to receive new opportunity for embodiment on Earth, opportunity again to “make things right” and balance past mistakes. When you thus came be-fore me, in the Sacred Heart Temple, how often have you held, behind your back, that portion of some destructive karma which was yours to expiate in the next Earth life! Then, as one would do to a little child, I would take your hands in mine and, opening them, look upon that karma. Then, with all of my great love for you, with the help of the mercy and powers of Light which are mine, I would give you the greatest help, I could, in the creation of the best heart possible.

How many times have you and I met? When you really

meet a person, what do you meet? You meet just their consciousness, is that not so? Two physical forms may be as near each other as these two microphones are here, YET THE CONSCIOUSNESS OF THOSE TWO INDIVIDUALS CAN BE MILES APART! Whether one "meets" another in person, over the telephone, or by reading his or her words upon a written page, still all "meeting" is JUST AN EXCHANGE OF CONSCIOUSNESS.

So far as we, in our octave, are concerned, most of our "meetings" with unascended lifestreams consist of receiving, from mankind, the consciousness of petitions, prayers and various other types of invocation for help, asking for some supernatural surcease from the suffering of returning, destructive karma. Lately, from dedicated groups of consecrated individuals, here, the sweet perfume of prayer rises to us without a request or desire for some special assistance, just gratitude for your own being, gratitude for our friendship, and for our desire and ability to give you our help, when it is needed.

Now, dear hearts, we are always so grateful for whatever consciousness you do give to us, for YOUR ATTENTION UPON US GIVES US THE ONLY "OPEN DOOR" WE HAVE, into your worlds, through which we can answer your calls and give you the help required. WE WANT YOU TO CALL TO US WHEN YOU HAVE PROBLEMS AND DISTRESSES TO HANDLE, for we have become masters of those problems in the physical appearance world, and have earned the right to abide in these octaves of God's eternal peace and perfection, ready to help you.

After all, just what are those problems? They are nothing, more or less, than energy, vibrating too slowly to produce perfection. By the power of love and light, which we have become, we can project our light into that energy, and raise it into a vibratory action which cannot produce distress, of any kind. WHATEVER YOUR PROBLEMS MAY BE, THINK UPON ME AND I SHALL NOT FAIL TO ANSWER YOU, IMMEDIATELY. I am as real as you are, shall we say, more real than you are in your outer consciousness, for my entire being has become eternally changeless God-Perfection!

Remember, I have walked the dear Earth as you have done, and have suffered many of the variances of human experience upon this planet, many of its insults, and, later, many of its praises. I am a woman who wore a flesh form, bore an infant son, held that infant in my arms, cared for him and watched that little body grow. If you can think of me as a very real being and divine friend, letting our friendship grow in strength and efficacy as the days go by, who among you can foresee what a tremendous service, to all life, we may be able to render, together?

Why could not any soul, sincerely consecrated to the drawing forth of God's loving care and healing power, for his people, be efficacious in that service and, calling to us, enable us to establish a focus of healing for the transmutation of the distresses of certain individuals, for that matter, for a whole city? Such a dedicated lifestream, long ago, offered us similar opportunity to establish such a healing shrine, on a rocky hillside in France (the Shrine of Lourdes) builded to its present efficacy by the faith of those who come for help, but who know not how and care not how they are restored.

At Lourdes or Fatima, people have faith enough to accept healing, throw away their crutches, and become free of distress, yet, in those holy shrines, it is only the Luminous Presence of myself. HERE, I AM IN PERSON. In God's mighty name "I AM," LET GO OF IMPERFECTION and become myself in action in the world of form! We would not continuously remind you of the possibility of such manifestation of the gifts of God, acting through you, if they were not possible of accomplishment. True, your worlds seem to be filled with many tasks, but in my unascended state, so were mine! One of the peculiarities of the human mind is to allow it so say, "Yes, that is all right for Mary or her son, but not for me," (which is a repellent shell around you), rejecting the blessings which can be yours TODAY! Jesus' mission was to manifest God through man! IT IS YOUR MISSION, ALSO. From Jesus, the angelic kingdom and all of the Ascended Host, I give my love and gifts to you.

I worked alone, in the power of beloved Maitreya, with the help of blessed Jesus and Joseph, but it was not an easy task all those years, except for that wonderful illumined faith, that illumined faith in the goodness of God, which drew me forth from the human creation and helped us hold the immaculate concept, until that concept was manifest in human form. Now that concept I hold for you – take it or not. One day I shall meet you, here or there, and I shall again remind you, "Beloved child, I have been holding for you that immaculate concept – now we must learn to hold it for ourselves and for each other."

"Faith without works is dead," you have heard said, and there is a great deal of truth in that statement. You see, it is

not a real, deep and true faith, if there are no works to support it. I saw my beloved son raise the so-called "dead" body of Lazarus, which had been entombed for some time, and surrounded not only by the winding cloths of death, but also by the "winding cloths" of the grief and despair of his loved ones. I watched the beloved Jesus reach forth his hands toward Lazarus and, through him, God's great infinite restoring power of life and light flowed, raising and making completely whole again, a body which was so diseased.

I have seen men, women and children, who had been blind from birth, those who had never seen the blue of the sky, or the bright green of the early Spring, open their eyes and see, for the first time in this embodiment, able to enjoy the beauties of life, all done through the releasing of the currents of God's healing light, directed through the channel of a single lifestream (beloved Jesus) who was completely consecrated and dedicated to "his Father's business."

At this time, and for some time ahead, the beloved Jesus, Saint Germain, beloved Raphael and the angelic host, as well as myself, in fact all of us who are particularly concerned with the freeing of the Earth, are going to endeavor TO MAKE YOU FEEL OUR CLOSENESS TO YOU, to feel that we are living, breathing beings, just as responsive to you as a trusted friend would be, one whom you would call on the telephone to ask a favor.

You know that friend would respond, instantly, to your call. THAT IS THE FEELING OF SPIRITUAL PARTNERSHIP WHICH IS OF THE NEW AGE. IT IS THE ERA OF YOUR MASTER, OUR BELOVED SAINT GERMAIN, THE AGE OF THE PRACTICAL

PARTNERSHIP BETWEEN THE ANGELIC HOST AND UNASCENDED MANKIND. IT IS THE AGE OF THE PARTNERSHIP BETWEEN MANKIND AND THE ELEMENTAL KINGDOM AND THAT AGE HAS ALREADY BEGUN TO COME INTO MANIFESTATION.

### THE CONCEPT OF MAN CREATED IN THE IMAGE OF GOD

By Beloved Mother Mary

I have come close into the atmosphere of Earth this holy season. It is naturally so. You come when you are called, when your name is spoken, when your intercession is asked. You come, even unascended, to those to whom you love to give the assistance, the benediction and the strength of your lifestream, when you are invited so to do.

Through this season, dedicated to the advent of my beloved son upon this sorrowing planet, the door is open for me, also, and I come close to the children of Earth, the children of my bosom, the children of my heart. While I have proximity to their consciousness, while they are thinking upon me and while their words rise in prayer and song, I endeavor to convey, with clarity and strong pressure, the immaculate concept, which I hold for each such a one, for each of you, and every soul upon this planet.

Individuals who are to become parents do not understand ANYTHING of what they might do to cooperate with the body elemental and the builders of form, in the creation of an instrument of great perfection through which the lifestream functioning could serve. If, particularly the women of the race could come to an understanding of their part in the actual forming of the nature of the child they hold, we could redeem this race so much more rapidly – but for the most part they allow nature and the builders of form, and the body elemental, to continue the miraculous and marvelous process of the creation of this physical instrument and mar-

vel for a moment at the miracle of birth!

Beloved ones, I know of what I speak, having passed through an experience and an initiation which very few women upon this Earth have ever been forced to pass! Have you thought of the flawless lifestream of the Master Jesus, of the beauty of the emotional world, so filled with love and light, that he was chosen to be a representative to mankind of the Father of the entire system – an emotional body as delicate, as gentle as a dove, and yet as strong in its mighty faith as was required, a mental body so alert and receptive to the direction of the God-Self and the Presence, a delicate etheric garment magnificent, without blemish, without one scar or one stain – that is the being who I looked upon before I even asked for opportunity to prepare a physical garment fitting for the habitation of such a spirit.

#### **The Preparation of the Expectant Mother**

Have you ever thought how it would be if for nine full months you could not allow even one ripple of energy pass through your emotions, your mind, your memory, your words or your actions that would make the slightest stigmata upon the coming Avatar!

Beloved ones, that service that I rendered helps me to know what the women of the race could do, were they, the moment that they knew they were with child, to endeavor to hold themselves emotionally at peace, tuning into my vibratory action or that of beloved Kwan Yin, keeping their minds upon clean and pure and beautiful thoughts, washing their memories of the impurities of the past, and keep their physi-

cal bodies as temples of the Most High Living God!

It is my dream and my prayer, and that of Kwan Yin, that a day shall come when every mother will kneel as I did, before Gabriel, and consecrate all of the energies of the lifestream to preparing the most perfect vehicle for the incoming soul – when every mother may say, “Behold the handmaiden of the Lord,” when there may be no mother in shame, in fear, distress, no mother, who through arrogance or vanity wishes to destroy the symmetry of her form, and none that would wish to destroy the life in her body. This must appear on Earth, beloved ones, for I, who works in the Sacred Heart Temple, I have looked upon the lifestreams that wait embodiment. That elemental substance which is the soul’s heritage, I have endeavored to purify.

### Answering Your Prayers

Beloved children of the one God, there are many prayers going up to me from sick beds, from death beds, from birth beds – there are prayers and there are masses and there are calls, and all of that is gathered by the great Silent Watchers of the various continents and it has formed a magnificent radiation into the higher atmosphere, over which we are returning the benediction and the blessing of the light, into the hearts of the student body and that of all mankind.

I remind you again, as I did long ago, you are the Diamond Heart, fashioned from my own hands, with my own heart’s love – each cell, each lifestream polished and brought to its fullest luster and through this Diamond Heart may the

currents of healing, the currents of peace and the currents of purity, the currents and radiation of healing and light flow to mankind through the world.

On this Christmas Eve, the entire planet is receiving that benediction, that blessing, that outpouring, as the first Holy Christ Mass is commemorated. Some of you have been thinking on that and I have, of course, myself today, for we are individuals like unto you. We have memories, too, but out of them have been taken all of the barbs and all of the sadness and all of the bitterness and only the sweetness and the perfume remains, and when we recount our tales, as sometimes we do, we have individuals who say they are only supposed to remember the happy things – how then do they bring to mind those things that were of travail?

I have thought back, today, to the times of the first Christmas and some of you wondered why I made that journey from Nazareth into Bethlehem. I, myself, in that time had certain thoughts about the wisdom of taking such a precious child upon a long and weary way, and yet the records and the prophecies had said, that in Bethlehem should be born the Beloved One. But then, again, within me there rose that same tremendous impulse that I always felt was the approach of the angelic host, and I said, "I shall make this journey with you." So we went.

**My Luminous Presence is With You**

As you come to your midnight hour, and as we come to the climax of our outpouring of the Christmas Season, I will be, through my Luminous Presence, in every church, on every altar, in every home where my presence is thought of, or my son's name or birthday is kept.

Thank you for the opportunity of entering into your worlds, and thank you for patience in listening to just another woman who wants to see the world free, all of it, just as I saw Jesus on Bethany's Hill transfigured, triumphant and I knew for him there was no more sorrow.

Thank you and a holy, holy Christmas and a magnificent God-victorious New Year! When you find your inner bodies difficult to master, think about what would you do if you were carrying a CHRIST WITHIN you and one wrong emotion or thought would necessitate the builders of form to abandon that embryo. The timing, the cosmic second, would be set off, while another mother was found! There was no time for a re-conception – and what do YOU hold in your hearts? THE SAME CHRIST! Do you hold your responsibility as I did? Let me help you! That is my reason for being.

### STRENGTHENING THE FAMILY UNIT

By Beloved Mother Mary

To hold the divine picture for yourself is pleasant, for every man and woman and child instinctively can accept a divine picture for the ego, but to hold that divine picture for someone else is a discipline, and this is the service I will ask you to render to life. Each of you see the rest of the world through your consciousness and your senses, and the recording is not always either pleasing to you nor comfortable – but, there is a shining Presence, a starry-eyed God or Goddess waiting to externalize through every human form. If you cannot yet yourself hold that concept, if you will ask me I will help you to picturize the perfection for another. Then hold that, as I held the picture for my son against the disintegrating forces of gossip, of suggestion, and all the many constant thoughts, feelings and words that are directed by the outer consciousness toward the human race.

If you had a sculptured piece of marble and it were constantly chipped by a sharp instrument, in the course of a week you would have a distortion. Yet that is what men and women do one to another. When something displeases, and when something is seemingly out of order, they drive their feelings into the concept they hold, and charge it strongly into the world of the other.

Those now who desire to hold this immaculate concept with me, have opportunity. we used to say, Jesus and I, many times, "How blessed are the peacemakers." We had peacemakers in our small community, and we had dissenters. It is always thus, but the lifestream who covers the faults and failings of another in the cloak of the silence, the lifestream who endeavors to understand the motive behind

seemingly unnecessary passions, the lifestream who pours oil on the troubled waters, is most truly a blessing, particularly to those who are trying to render service to the masses.

This morning (December 8), millions of men and women knelt, and their songs and prayers rose to my heart from every continent upon this terrestrial globe. It was a magnificent outpouring. The energies that came into my use and consciousness have exceeded my own heart's fondest dreams. All of this energy I have qualified with the power to be released through the Holy Christ Self, to give that immaculate concept to every lifestream. It is returning now in Blue Flame into your minds, and into the minds of the great orthodox masses, who call mostly for help, seldom for illumination, and almost never for understanding of the way to become that which "I AM."

Beloved children, I am grateful for this opportunity, for as I speak to you I send forth this flame and ray to every lifestream who might choose to understand my service to life. May I say, blessed are you who endeavor to find your Presence. Blessed are you who are strong enough to charge the perfection of your Presence into your fellowmen. Blessed are you who desire to be peacemakers, for the world is already too filled with the dissensions which rise from discontent.

In the name of my beloved son, in my own name, and in the name of Saint Germain, I bless your families. Family life has always been my particular interest, the mothers, the fathers, and the children. As I am given opportunity through the Cosmic Law, and as the great sponsor for 1954 – the Master Morya – has asked me to assist him, I shall endeavor to make family life, throughout the world, something of

which to be proud, something that is a unit which gives confidence, security, strength and peace to the individuals who share it, something that makes the home a place that is eagerly sought – a grail in which the new strength is gathered, that the lifestream going forth again into the world may be the stronger and the purer because of the sanctity of that home.

THE HOME IS THE TEMPLE OF THE FAMILY UNIT. It was builded to be a grail and a sanctuary. It was builded to be a cooperative focus of concentrated power, from which every member could drink, where their bodies might lie asleep at night in perfect security and peace, where their inner selves might find stimulus to go forth again into the world of form, where each person might find the others standing behind them with a feeling of confidence and faith in their ability to perform some service for the good of the race.

The family was made as a unit to draw the powers of the Sacred Fire and the blessing of God, in concentrative and cooperative prayer. The family unit is not understood by even the students, as a concentrated focus, a grail through which the gifts of God should enrich and strengthen each member. That is why your communistic doctrine is impossible, even looking at it from a socialistic standpoint, because to take great numbers of children, great numbers of grown people, and impersonally train them, is to deny them the focus of love which can be found only in a divine and holy family. Oh, schools, yes, are beautiful and they will render a great service in the new age, but the holy family which gives the young people an opportunity to grow, to mature and to go forth, will be re-established.

**ANGELS ARE REAL FRIENDS AND ALWAYS ANSWER**

**YOUR CALL**  
**By Beloved Mother Mary**

Once you have felt the pressure of the power of some of these mighty angels (and you can feel that pressure by placing your attention upon them and asking for their blessing of protection, healing, or whatever your need may be you will be grateful) indeed, to have them as your constant and all-powerful friends of light, as you progress along life's path with your hand in the Hand of God, serving your fellowman and imprisoned life, everywhere.

It is the MOST TREMENDOUS JOY TO SERVE GOD – beloved ones – especially when you have the great buoyancy of the angelic host to sustain your enthusiasm in that service, when you have the angels' faith to sustain your TRUST IN GOD, when you have the healing power of the angelic host instantly available at your call to resuscitate and re-vivify the atomic structure and when you have the full, angelic momentum of Violet Fire at your command to use for the purifying of those destructive etheric records, which may still be in your world and which are the causes and cores of all distressing appearances!

As one who once wore an Earth-body similar to yours, I can tell you that neither Joseph, Jesus, nor myself could have been victorious in our association with the mankind and human appearances of that day, nor in my association with the disciples in the establishment of the Christian Dispensation, if it had not been for the constant presence and loving care of the mighty Archangels and the angelic host. I have said this, over and over again. For all eternity I shall be

grateful for their vigilance, care of me and service to me. You, who have been present here during the visitations of those great Archangels (when the addresses for their book were given), you, who therefore have in your worlds, at least some of the substance of their very life – know something of what I meant.

Just think of those great and mighty beings who also deal with other planets and other universes than this one and yet give their life and attention to a few unascended lifestreams, in the hope of awakening within those consciousnesses the same love which they have for life and the same desire and determination to have that life free. Grateful am I, indeed, as one who was also a beneficiary of their outpouring, that you have these great Archangels as your friends, too. I am grateful, too, that you know something of their service to life and that you are willing to call them by name and feel the radiation of their presence with you.

Without the assistance of the angelic host, mankind could not enter into this millennium and its new order, which our beloved Saint Germain is bringing forth now. The angelic host are a primal part of the great ceremonial activities which will delight you as they come forth in this New Age. These angels are graceful in the extreme, humble and yet so powerful, so obedient and willing to do the will of God, as expressed through any of us. Many a time I have sent those legions of my own to places where there were the sick, the destitute and the distressed. Those angels – so beautiful – with shining wings of light, beautiful golden hair and scintillating garments of iridescent hues, just bowed humbly before me and willingly went into those places where the suffering

was so great. Many, many times their assistance was rejected because of disbelief and a lack of acceptance of their services. Many times the people to whom the assistance was sent, in answer to their prayers, did not accept their help when it came but never once, although those angels returned with their mission unfulfilled, did they ever feel discouraged. They just bowed humbly before us, waiting for the next expression of our will. Sometimes the same angel would return to the same individual again and again until that one, in a moment of grace, could and did accept the gift of healing or whatsoever it was that I had sent in answer to their prayer.

You will find the angelic host so easy to work with! They are not beings of either logic or of reason, but they are beings of such transcendent, divine Love! They are intelligent – yes – very intelligent! But their love responds INSTANTLY to the direction of any God-being or unascended being who will earnestly call to them in the name and authority of their own individualized I AM Presence. Especially do they respond to those of you who know many of them by name and who call to them daily.

I have seen groups of angels from the Sacred Heart Temple, from Zadkiel's Temple and in many of the other temples in our octave, in the midst of performing one of their lovely rituals in gratitude for life to the Sun or in one of their Fire Dances. Even as they were in motion, have I seen them register the call for help of some kind from those among you, who know of them. Then, as quickly as possible, they would gracefully complete that which they were doing.

There is no such thing as an angel who does not answer

a call from any individual, not only those of you who know of the wider service of the angelic host – but of any soul who needs help! Those of you who know the names of the seven Great Archangels and their Archaii and know the names of many of the Great Cherubim and angelic host, are particularly blessed, for you have a closer communion with these beings because of that. This close feeling of association can be builded into quite a momentum, until you REALLY FEEL, right here in the physical appearance world, that you are on “close terms” with one or more of them. That affinity oftentimes is consummated while your physical body sleeps at night. Your angel-guard often accompanies you to the Royal Teton or some other retreat, where the Ascended Masters are gathered together. You are then enabled to counsel with them and learn much from them. This angel-guard may be either your ministering angel or, as we have just said, one with whom you have developed a particularly close feeling of divine love and devotion.

Beloved ones, during this year which we are just now entering, PLEASE ANCHOR, WITHIN YOURSELVES, THE CONSCIOUSNESS THAT THE ANGELIC HOST ARE AS REAL TO YOU AS YOU ARE TO EACH OTHER. They are far more willing to assist you than the average human being, FOR TO SERVE LIFE IS THEIR ONLY REASON FOR BEING!

Tonight, from the heart of the Great Central Sun of this system, I do invoke the most powerful healing essence into this room, to heal the soul, the mind, the feelings, the bodies and affairs of every blessed one, using the fully-gathered momentum of my healing consciousness so to do. Then I amplify that to include all who now (or ever did) belong to

our beloved Saint Germain's activities. I decree that this same radiation from beloved Raphael's Legions shall be established in, through and around every sanctuary and group under this radiation from this night on.

Now, my children, LET GO, LET GO, LET GO, of the appearances of lack, ill health and discordant appearances of any kind which are disturbing you! From now on, LIVE IN THE ACCEPTANCE OF PERFECTION, NOW MADE MANIFEST! Always know that, as your mother, I am as available to you with my healing help as is the most loving mother on Earth – even more so, because my consciousness is all-encompassing! I can hear the calls to "Mary" coming from your heart, even though such a call be inaudible to human ears!

**ARCHANGEL GABRIEL WILL HELP YOU**  
**By Beloved Mother Mary**

At this time, I would like to share with you, again, some knowledge about the services offered by the great Archangel Gabriel. This great Archangel, as you know, helps all to hold the immaculate concept. How much have you thought about that? To many of you, your Presence is a lovely figure, off in the atmosphere, feeding light and life into your physical form, through your silver cord. You are most certainly glad it is there, but is your Presence not pretty abstract to you?

We have told you, previously, that there are about ten billion souls belonging to the evolutions of your Earth, not all of them embodied at once, however. That blessed Archangel Gabriel has voluntarily taken it, upon himself, to become acquainted with the divinity of each one of you, your own beloved I AM Presence, to learn its nature, its colorings, and he has taken this obligation, as well as the obligation of holding the immaculate concept of perfection for the entire ten billion souls who are to evolve here! Believe me, dear hearts! That is a task – a task which, as a rule, only the Silent Watchers, themselves, take on. So, IF YOU WANT TO KNOW MORE ABOUT THE PERFECTION YOU SHOULD BE, AND HOW YOU CAN ACHIEVE THAT PERFECTION, HOW ABOUT SPEAKING, FOR A FEW MOMENTS EVERY DAY, TO BELOVED GABRIEL?

I assure you, he knows more about your Presence than your outer mind and etheric consciousness can possibly know, at this time, and he will give to you a tremendous radiation of his love, light and wisdom.

**HELPING THE ANGELIC HOST**

**An Address by the Beloved Mother Mary**

The angelic host are the representatives of love. They are the embodiment of the divine thought and feeling of the Godhead, and their bodies are made up of the pure electronic light. These beautiful bodies are pure God-essence, vibrating at the highest speed, and express the most perfect tone of love and light in the universe.

In order for these Perfected Beings to render service to men in the outer world, they must descend into the sphere of activity in which their service is to take place, and in so doing, their bodies undergo a change in vibratory action, corresponding to the sphere or plane in which they are serving, in order that the electronic substance in the lower sphere might receive the full radiation that they bring. If they remained in their pure and perfect Electronic Bodies, the vibratory action of their release of love and light, healing, purity and peace, would be so rapid, that the denser and coarser vibrations of the lower sphere would record but a very small part of their outpouring.

**The Service of Archangel Michael**

A GREAT MANY OF THE ANGELIC HOST, PARTICULARLY THE CHERUBIM, HAVE NEVER FUNCTIONED IN THE LOWER SPHERES, REMAINING CONSTANTLY ABOVE THE VIBRATORY ACTION OF DISCORD, as represented by the four outermost spheres of the kingdom today. HOWEVER, ARCHANGEL MICHAEL AND HIS LEGIONS ARE PARTICULARLY ENDOWED WITH THE CAPACITY TO FUNCTION IN THE MENTAL, ETHERIC

AND EMOTIONAL PLANES, and they take for this purpose, vehicles made up of the purest substance that these planes can offer. This brings them much closer to the sense consciousness of the people and makes it possible, from time to time, for the veil to be parted and the veiled glory of the angelic form to be revealed to some of the astute members of the human kingdom. The people who admire the beauty and perfection of the angelic host little realize that their splendor is dimmed by mercy, and that the awe-inspiring presence of these mighty beings is but a limited expression of their true perfection, when functioning in the higher octaves.

#### **Ascended Masters and the Angelic Host**

The advent of the sacred season places the attention of mankind upon the members of the Spiritual Hierarchy, the heavenly host, and the angels. This allows a tremendous outpouring from the perfected side of life and draws into the lower spheres many thousands of those representatives of love, who perform a service and give a radiation through the mental, emotional, etheric and physical kingdoms, by identifying themselves with the atoms that make up these various realms.

The Ascended Master, under whose direction the angelic host work, directs the cosmic rays and assists the angelic brothers in the process of lowering the vibratory action of their bodies to a point where they can tangibly assist the kingdom in which they are temporarily stationed, and when the Master withdraws the ray, the angels automatically increase their vibration and return to their former estate. That

is why you have seen, in the representations of the early artists, the rays directed by the Master, and the angel representing the culminating point of such a ray.

### The Gifts of the Angelic Host

Let us be among those who can, and will, receive, joyously and happily, the gifts and powers of the angelic host and the glory of freedom that is part and parcel of your being, and the divine radiation which is that of the Holy Season and make of it whatsoever you require, to manifest God-perfection. Will you do this? As your mother, it is my desire, my hope, my prayer that you shall so accept, by the power of my love for you, those gifts we all have for you, particularly the angelic host at this time.

Oh, yes, you say, "But the years take toll, they show, and I yearn for the 'over there.' " Have you thought, beloved ones, why they have no mirrors or calendars at Luxor and that your "over there" is just what you make here! So straighten your spines and BE like Sanat Kumara, the youth of eternal summers! If you do not like what you see in the mirror, through the power of acceptance do not look upon it, but you can feel the radiation and gifts which are ours at all times. NOW, beloved ones, accept that feeling, that healing essence which is the gift of my life flowing into, through and around you and around all in distress, removing the cause and core of that distress and replacing it by God-happiness, right here and right now!

### How You Can Help

Here we have the particular service that I feel you can render during this season: ANY OF THE ANGELIC BROTHERHOOD CAN BE OFFERED THE FULL USE OF YOUR INNER BODIES, FOR A TEMPORARY HABITATION, in order to form a radiating focus in the lower spheres. This provides for them a set of vehicles, and obviates the necessity of the Masters to use tremendous force to create temporary vehicles for the angelic brothers, and saves the force required by the Master in holding the ray, that the angel might be sustained in the lower realm. In this way, the angels and men working together as conscious members in God's service would form a tie of brotherhood, based on cooperative service, and their very close association would develop a spiritual affinity and consciousness, and through the blending of the two lines of evolution, both parties would be tremendously accelerated in their spiritual evolution and the tremendous force of the Gods could be utilized in another manner for the good of all.

In the coming days, when the Ascended Master Saint Germain fully takes command of the predominant consciousness of the people, the angels and men will consciously and constantly abide with each other and be co-workers in both kingdoms, but in following out the above suggestion, I would say that the assistance to the lower spheres, through the anchorage of countless angels, who are radiating centers of love, kindness, patience, beauty and perfection, would reveal to you the full truth of this.

**Becoming a Co-Worker**

As my service is directly concerned with the angelic host, and as I see countless opportunities for the establishment of members of that brotherhood in the many places where mankind is in such distress and agony of body and soul, I would that the students understood, more fully, how they might become conscious co-workers with me, in offering the bodies of all people in distress and those incarcerated, to the Ascended Host, and the angelic beings, who would establish themselves within the strata of the mental, emotional, etheric and physical distress, would, by RADIATION change its quality into perfection.

**The Secret of Holding Our Grace Sustained**

Now, tonight, as I said – L AM YOUR MOTHER and I am speaking to you with a Mother's love, just as I spoke to Jesus. I say to each and every one of you: You are a magnificent Being of Light! Your Holy Christ Self is expanding its beauty and perfection through you and is expanding the perfume of its presence into the atmosphere about you. One of the melodies of the Music of the Spheres is flooding your world with the harmony of your own individual keynote of expression – all of this made possible for you and personally belonging to you as your divine birthright, through the gift of life, which flows to you through your silver cord from your own individualized God-Presence I AM. YOUR OWN CHERUBIM CAN ALSO BE VISIBLE AND TANGIBLE TO YOUR PHYSICAL SIGHT, WHEN YOU DESIRE IT ENOUGH, as well as the magnificent angels of our legions, which often walk by your side.

Think about this! This is the ABSOLUTE GOD-TRUTH ABOUT YOU! TRY TO HOLD THIS PICTURE OF PERFECTION FOR YOURSELF. IF YOU WISH, YOU MAY ASK YOUR CHERUBIM TO HELP YOU HOLD THAT PICTURE AND CONSCIOUSNESS.

The secret of sustaining that consciousness and feeling of divine grace lies mostly in your remaining within that feeling and radiation, until it has sufficiently penetrated and saturated the substance of your four lower bodies – not letting your attention be diverted or drawn below the vibratory action which we have established around you. We have often said that if, after an address, each one of you literally could be enfolded in the arms of one of the angels of light, be transported to your own homes and placed in your beds without any contact with other individuals or things of this world of form – then if you could sleep the night through in that same radiation, how much more efficacious would be our assistance to you!

In the Ascended Masters' Retreats, that is why the chelas progress more rapidly. You blessed ones, who serve in the outer world, having to travel back and forth to meetings through means of conveyance, have the vibrations of your worlds raised as you enter these sanctuaries and take part in the services. Then, after the meeting has been closed, you leave the sanctified altar and sanctuary, having become much more sensitized than the ordinary individual and subject to more of the lower vibrations of the masses of the people. This is not experienced by the chela in the retreat. Each one needs to protect himself or herself after such meetings, one could use Archangel Michael's protective shield here with great efficacy.

For instance, in our retreat (the Resurrection Temple), after we have talked to our chelas, giving them instruction on the law, those chelas are immediately returned to beautiful quarters, where angels attend them. Here they are allowed to lie down, completely undisturbed, and assimilate the instruction which has just been given them. Then, when they are ready for their next lesson, they do not have to raise themselves again to the point of contact in consciousness with their instructor – whoever that may be. Now, greater assistance to this end will come, in time, to all. WE ARE GIVING YOU EVERY GOD-HELP THE COSMIC LAW WILL PERMIT, BELIEVE US!

Before you come to a meeting, beloved ones, we send into your homes an angel, who "tunes up" the vibratory action of your four lower bodies. In many ways, they clear your path, protect you and try to sustain as much harmony as possible in, through and around you, so that the raising of your consciousness to those of the Ascended Ones officiating at your meeting does not become entirely a "last minute affair," when you enter into the vibrations of a sacred sanctuary and then quickly into the vibratory action of the Ascended Ones. You see, the Ascended Masters' radiation, even when we lower it, is vibrating very much more rapidly than the energies in the emotional, mental, etheric and physical vehicles of any person outside of an Ascended Masters' Retreat.

The purpose of the music, the visualization and devotion to the Master or Archangel to whom the meeting is dedicated is to draw all those four vehicles, of everyone there, high into the vibrations of the Masters' presence. The better that

can be done, the less energy the Presiding Master must release from his world to make the contact with your outer mind, thus, the more he has to release to bless you during the meeting. Do you see? However, we understand that, in your world of today, as you are all more or less engaged in the dissolving of various karmic debts (certainly not one of the least of these being the necessity of "earning a living" in the outer world), that you can but do your best (and may I say that yours has been a VERY GOOD "BEST!") We are grateful, indeed, that you take the time and have the interest to come and listen to us, thus receiving at least SOME of that grace which is ours, even though ALL of it is not always sustained in your worlds!

Note (Editor of "The Bridge"): Perhaps some of our gentle readers may not clearly understand what our beloved Mary meant in her reference to "your cherubim." About five years ago, our beloved Saint Germain secured the interest of certain cherubim, who willingly offered to abide within the personal auras of sincere chelas, who were willingly engaged, not only in freeing themselves from the limitations of the ages, but who were earnestly interested in helping to free all mankind, as well. Those cherubim have remained with those lifestreams, and will stay with them, until their ascension is completed. Recently the Great Ones have told us that **EVERY SINCERE STUDENT WHO HAS BEEN IN "THE BRIDGE" ACTIVITY FOR AT LEAST ONE FULL YEAR AND WHO MAKES DAILY APPLICATION FOR HIMSELF AND OTHERS, HAS HAD SUCH A LIVING CHERUBIM ANCHORED IN HIS OR HER PERSONAL AURA.** If you have such a God-friend in your world, be sure to consciously acknowledge its presence with you at least once a day. You can become very well acquainted with such a one and that cherubim can, and will, give you much help, unto your eternal freedom in the light!

**UNINTERRUPTED HARMONY**  
**Address By Beloved Mother Mary**

I come to give to you my feeling of the kingdom of harmony! Will you accept it?

Oh, thou beloved Holy Christ Self of each and everyone, I charge you, in the name of my beloved son, the Ascended Jesus Christ, to command the emotional bodies, the mental bodies, the etheric and physical bodies this day, with the vibratory action of the Ascended Masters' uninterrupted harmony! Relieve and release the pressure of all outer tension. Give conviction to the emotional world of our presence and reality and desire to befriend all that lives! Help them to realize the moment our names are spoken and their attention is placed on us, that very moment we respond – in person, if possible – if not, then in our Luminous Presence of Light. In the name of the Ascended Jesus Christ, I call for God-protection in, through and around you, my beloved of the light!

Oh, thou great emotional body, wherein is stored the energy of acceptance and the energy of unbelief, in the name of the Ascended Jesus Christ, OPEN THYSELF to the acceptance of all that I am!

Oh, thou mental body, in which is stored all the distortions of the recognition of imperfection, open thyself to the immaculate concept of the Deity anchored in these hearts.

Oh, thou etheric body, in the name of the Ascended Jesus Christ, I command you to LET GO, LET GO, LET GO of every record wherein these lifestreams have failed, where they

have not lived up to their light, every record and memory of distrust, suspicion, and imperfection of every kind. Let go, let go, let go of these etheric records into the Violet Transmuting Flame, and let these records be no more!

Oh, thou beloved physical body, in the name of the Ascended Jesus Christ , I call to you to send forth into this Violet Flame, every imperfect record of age, disintegration. LET GO, LET GO, LET GO and be thou no more!

What I have called forth in, through, and around each one of these blessed lifestreams, oh, powers of God, I call forth now on behalf of ALL MANKIND, and every lifestream who requires healing and assistance of any kind! May these words be issued, and re-issued, through the emotional, mental, etheric and physical bodies of ALL LIFE, until there is no longer a lifestream on this planet, embodied or to come, who knows distress or imperfection of any kind.

Oh, beloved infinite God I AM, I thank you for the privilege of acting in this physical appearance world, speaking to the hearts and minds of the faithful, using them as radiating centers by which my gifts may flow to all mankind!

**LOVE, A POSITIVE QUALITY**  
**By Beloved Mother Mary**

Blessed, beloved children of my heart, you who walk now as Jesus did long ago upon the same pathway toward victory and permanent God-accomplishment, I love you, enfolding you ever in the embrace and radiation of a cosmic mother's outpouring, for to me you can do no wrong. There is a blazing light of the Immortal Flame within your hearts, which sparkles and radiates forth, so that the Silent Watchers over the vicinities in which you abide see that light and know that on Earth there is yet light in the hearts of unascended beings.

That love, beloved ones, is already alive within you and requires but the breath of our love to expand and expand and expand through you, to give a sustained blessing of grace, not only to your own vehicles and your loved ones, but to all life, everywhere.

Love is neither vague nor ephemeral. Love is one of the most positive qualities in the universe. Its cohesive power holds the atoms in place, holds the Earth in her orbit and the stars in the sky, holds the very substance that makes up your physical bodies in their proper shape and keeps the entire planetary system and galaxy in a rhythmic movement – forward – into greater light and more expression of perfection. That is the cohesive power of love divine, a love which can keep within the boundaries of this Earth and its atmosphere ten billion lifestreams, so that they do not fly into outer space, being caught in cosmic currents far beyond that which their development would endure. It is the love of Vir-

go, herself, and the beloved Pelleur and Amaryllis that gives to you the glory of the Springtime, the soft cushion of grass, the resuscitating power of the Earth. It is the love of the beloved Neptune and Lunara that gives you the cleansing properties of the water element. It is the love of Aries and Thor that causes the winds to blow in their season and it is the love of the Sun God and Goddess – Helios and Vesta – that gives you the very light by which you may see, as you move about on the course of your day.

**LOVING SOMEONE YOU DISLIKE**  
**By Beloved Mother Mary**

Take, as your assignment, the task of loving someone your own outer consciousness is repellent toward. Don't tell them about it, because you are probably just as repellent to them. If you can do as Nada did, and many of us did in our assignments, if you can and will pour that pure, divine love in a silent, unselfish way to another person, I promise, in the name of the ascended Jesus Christ, that you will see the rejuvenation of the physical body, and a better balance of mind and emotions. You may even love an animal which you dislike.

Just love that life, until you get happiness and harmony from it, and that is your reward, as Nada 's reward was in the enjoyment of the beautiful songs and the beautiful artwork of her sisters, and in her humility, under the beloved Charity, of never letting even her father, mother or her sisters know that it was her love poured toward them, during their sleeping hours, that unfolded their talents and set them free.

My petition to my children, from a loving mother of all – a mother who made your heart and bodies, who loves you and has loved you through all the years and embodiments, while you pursued the bypasses of the senses – is that you consciously accept the God-concept for yourself.

**EXPRESSING POSITIVE GOD-QUALITIES****By Beloved Mother Mary**

Were Joseph and I not positive? We could have fled from Herod's army, spent that time in Egypt in that heat, returned to ordinary living. Think you not Jesus, himself, was not positive when he made that long trip over the Himalayas to see the Divine Director, to learn those magnificent words, "I AM the Resurrection and the Life"? Think you he was not positive when he went into Jerusalem and knowing the trial that was to come, was willing to give the physical body, temporarily, to the powers of evil, to PROVE there is no death? Those are the positive qualities that are required of the worthy chela of light. THERE IS NO SUCH THING, BELOVED ONES, AS LUKEWARM CHELAS. There is no such thing as the individual who is negatively good. We must have a positive attitude, qualified by love and understanding and manifesting it in every experience of life.

So from Jesus, himself, from the angelic kingdom, from the Spirit of Christmas, from all that it represents, I send and give my gift to you. Shall it be like the paper, burned away, or shall it be a living, breathing enthusiasm in you, to make you truly a Christ! Many sermons will be spoken today, songs will be sung, but they all feel the ONE JESUS DID THE ENTIRE JOB. Oh, beloved ones, that is not a truth – EVERY BEING MUST BECOME A DIVINE BEING, HIMSELF.

COME NOW, AWAKEN AND BE that Christ, wheresoever you are. Right here, be still, and in my presence, let go of distress and accept perfection – for yourselves and all living things! This is our Christmas gift to you. Your acceptance of our reality is your gift to us.

**WHAT IS GRACE?**  
**By Beloved Mother Mary**

One of the peculiarities of the angelic host, is the capacity to read the minds of the students. I see, repeatedly, although we speak in simple terms and powers, that your consciousness says, "Oh yes, but" and it is that "but" that is a shell repelling God's goodness from you.

Why should people, who associate with Divine Beings, who have the privilege and honor of our presence, EVER feel, for any reason, whatsoever, that there is not a power of resuscitation, there is not a power of healing in this universe, that can act here in this physical world, and that there is no gift greater than that of God, to manifest through man. It is the mission of every soul, on every planet, and particularly the children of our beloved Saint Germain, that they manifest that Godliness which, of course, is never accomplished through human will, but through the gift of grace.

I speak to you this morning on the subject of "grace." "What is grace?" the mind will say. It is the capacity to listen to the power of God, and consciously and positively reject the powers of evil, and that grace enables you to become the fullness of itself. That is how I learned when the angels came, when the messages came, when the various and sundry warnings came, by staying in that silence, within. When carrying water from the well, when working in the garden, I constantly maintained that state of grace, and I am suggesting to you that you DEVELOP A LISTENING GRACE THROUGH THE POWER OF THE GOD, AND BE WISE ENOUGH TO BE POSITIVE, UNTIL YOU HAVE MANIFESTED PERFECTION.

Beloved Gabriel, beloved Jesus and our beloved Saint Germain often refer to me as having exceeding grace, but I would like to say to them that I, too, received the power to sustain that grace through the great Lord Maitreya, who is now your Buddha, and through the presence of the Archangels and through the help and assistance of beloved Charity and the various members of the divine kingdom who enfolded me, as we now enfold you, as much as you will allow us to, in our feeling of love, purity and happiness.

In the name of the one living God that beats your hearts, in the name of the Ascended Jesus Christ, whom I represent, I call, today, from the heart of heaven, itself, the "grace" of the Holy Spirit, that sweet anointing from above, that descends, enters into your etheric consciousness and stirs there, again, the remembrance of the perfection which you knew, long before the world was! This "grace" of the Holy Spirit, which I call forth for you, now, releases the perfume of your own divinity, coming from that airless cell in your heart. It satisfies your soul, sublimates it and raises each of you, again, into the glorious and magnificent victory of your God-estate, from whence you have fallen, into present limitation.

"Grace" comes, alone, from the spirit and is a gift from the Godhead, itself. It is "grace" which makes it possible for those of you, among all the great numbers of people in this city, to believe that I am here, and to comprehend my words and to accept the possibility and actuality of the communion of saints with unascended beings. IT IS THAT SPIRITUAL "GRACE" WHICH ENABLES THE INDIVIDUAL TO DISCERN TRUTH. Even in your world of outer activity, that which is

done gracefully – that which is done with a spirit filled with a sense of grace – brings happiness to all the individual contacts. That which is done grudgingly, or through a sense of duty, oftentimes brings little of comfort or happiness to either the benefactor or the one who is the recipient of the benefaction.

This spirit of “grace” is an ephemeral activity, and yet it should be wooed, invoked and called forth by the students upon the path. Without it, one misses so many of the wonderful opportunities of each hour. You see, the sounds of the outer world are so loud that the voice of the spirit, within, can scarcely be heard.

I have been called, so kindly, “the Mother of Grace” and have been referred to as being an individual “filled with grace.” As one who abided within a state of “listening grace” through all my life, I can recommend to you the CULTIVATION OF THAT SPECIFIC RADIATION WHICH COMES FROM GOD. My children, live within a state of “listening grace,” for you never know the hour of visitation. Never do you know when the voice of God, speaking through the lips of an outer man, may be giving to you the opportunity of a lifetime! However, when you are calm and poised and your inner self is filled with that consciousness of “grace,” you can hear the word of God and see His living presence, no matter what the disguise or the form through which it manifests.

I have been told that had I not been in a state of “grace” at the instant when Gabriel chose to come and give to me the message concerning the coming of the Messiah, I would have missed him. If Joseph had not been listening, within his

secret heart, we would not have heard the warning of the angel to flee before Herod's wrath. All through our lives, in split second crises, the consciousness of harmony and "living inside with God" made it possible for us to avert so many of the appearances that could have engulfed us.

"Grace" is of the spirit. He, who lives within that calm, radiant peace, resting on the bosom of his own eternal immortal flame, is wise, indeed. He is ever alert to the word of God in every sense and the direction of that great and majestic presence, ready for the messengers from on high, who would choose to use him.

### RAISING THE CONSCIOUSNESS

By Beloved Mother Mary

The God-consciousness in the universe is an eternal, ever-present state of thought and feeling, penetrating all strata of light. Into this God-consciousness, various lifestreams have tuned, through self-conscious endeavor, to unite their thought and feeling and continuous state of being with reality. According to their capacity have they received more or less of the ultimate realization, vision and beauty, and are those individuals rated in evolution as Ascended and Cosmic Beings.

The endeavor of every aspirant, chela and student is to come to a point of realization wherein his or her individual consciousness is raised to a point where it contacts and unites itself with the cosmic truth ever-present. This raising of the consciousness is the spiritual path, and the sustaining of the consciousness in truth is the spiritual way, and the realization of the ever-present consciousness of all-good is the reward of the lifestream who has determination and constancy to pursue this spiritual path to the fulfillment of realization.

We see, therefore, that THE ASCENSION OF CONSCIOUSNESS IS AN HOURLY PROCESS wherein the separate human consciousness, filled with its concepts and beliefs, is gradually quickened in vibratory action until by its very vibration it joins with ever-present truth, which previously vibrated so rapidly that the human consciousness was unaware of its subtle presence.

For an individual to achieve Ascended Master Consciousness, he must be eternally vigilant as to the condition of the thought and feeling bodies, as they form the vibratory action

and wavelength of his state of being, and to accelerate the wavelength of the vibration of his consciousness to a point where it tunes into the Ascended Master Consciousness, the individual must entertain and maintain only those vibrations representative of the virtuous, harmonious, pure currents that form the ever-present God-consciousness of the universe and all Perfected Beings.

Great men and women who have followed in the footsteps of the Master Jesus, the Lord Gautama Buddha, and other great exemplars of good, have, by contemplation and imitation of their divine Masters, raised their consciousness to a point where it blended with and became one with the Master's. These people, while unascended, formed a perfect channel for the conducting of the Ascended Masters' particular gifts, which could pass through a consciousness only akin to their own, and these people thus became great forces for good because through individual application, their consciousness had joined to and become one with the Master's work in his name.

If you, who seek to serve God and to unite your separate selves with HIM, dwell upon the consciousness of any single Ascended Being who will train your consciousness into his or her way of thinking and feeling, this will bring about conditions and blending processes which will insure your individual ascension and make you an individualized outpost of the powers of that one. Then, all the Ascended Masters can use your consciousness as their own when it no longer dips into the vibratory action of the human state at the slightest stir of the ethers. I trust this will assist you in your earnest endeavors to sustain a realization of the consciousness "too pure to behold iniquity."

**MAGNIFYING APPEARANCES OF IMPERFECTION****By Beloved Mother Mary**

Oh, sons of heaven! Daughters of heaven! Why magnify the appearance world? Together let us magnify the powers of the Lord! Thank you for accepting the feeling of this, dear heart friends! As I witness the coming of the Masters into the consciousness of the earnest students, bringing their gifts of light, their vision of things to come, and then I see the distress of the personal self of those earnest ones, the limitations and the shadows of the soul, my heart is near to bursting with the desire to convey to you, how simple it is to connect with the Christ Self. It is done by just turning your attention, your spirit and your senses to the ever-present God within your heart, allowing your energies to bask in that uplifting, healing, omnipresent consciousness of all good; **FEELING THE FLAME OF YOUR OWN HEART, LIKE AN UNFOLDING LOTUS, CONDUCTING THOSE GOD-QUALIFIED ENERGIES INTO THE WORLD OF FORM.**

ALL OF THE GREAT MEN AND WOMEN, WHO HAVE PERFORMED THE SEEMING MIRACLES OF THE AGES, HAVE BEEN MERELY "CONDUCTORS." My beloved Jesus was merely a "conductor" who connected the energies of his physical and inner bodies with his Father-Mother God! HE HAD SUCH PERFECT TRUST IN GOD, that NO OUTER APPEARANCE COULD EVER DRAW AN ELECTRON FROM HIS FEELING WORLD OR CAUSE HIM TO MAGNIFY IT! His feeling carries his power of accomplishment! He has offered to give this feeling to any individual who cares to accept it.

I was present in Cana, where Jesus performed his first so-

called "miracle." There he just turned his attention to the Father of All Good, and allowed the energies of his own inner bodies to change the substance of that water into electronic light – the people unconsciously qualifying it with that which they desired to manifest (which was wine). It is one of the simplest activities, just a "letting go" of the limited outer self, and connecting, inwardly, with the presence of God, allowing His power of healing, of supply or of peace, to flow into the manifestation.

Blessed ones! This should be a year of tremendous importance to you. Even if a handful of you can grasp the significance of this Law, if you can work it out in some simple manifestation, feeling the power of your own energies connecting with the power of the Christ Self – YOU WILL TRULY BE OURSELVES IN ACTION! You move around in the world of form and your senses have been in the habit of bringing, to your consciousness, reports of good and evil. Won't you now try to change that, by ACCEPTING ONLY THE GOOD? Will you try to remember me, as you go about your daily work and let us see what you will magnify, in the course of each day? It is a happy training and a pleasant pastime.

You know, even in your human activities, how grateful you are when friends do not magnify your weaknesses, and how grateful is the soul when there is even one who magnifies your service, your capacities and your capabilities! That is what we do, constantly! You know, some of the students are unduly concerned when we commend individuals for accomplishment. Judging from human standards, they question the wisdom of our commendation, but we are magnifying the good, while the limited outer consciousness of the student

magnifies the outer appearance. If we had not magnified the good, the human race would have passed into the "second death," long ago.

THERE IS NOT ONE MEMBER OF THE SPIRITUAL HIERARCHY, WHO EVER TOOK HUMAN EMBODIMENT, WHO WOULD HAVE BEEN ABLE TO GET "HOME" GOD-FREE, IF SOME OTHER SOUL HAD NOT CHOSEN TO STAND BY AND MAGNIFY THE GOOD WITHIN THAT INCARNATED SPIRIT. Someone held the faith, held the confidence, held the trust, while the individual (engaged in cosmic service), endeavored to fulfill his mission.

MAY EVERY GOD-PRESENCE NOW INDIVIDUALIZED CHOOSE TO MAGNIFY THE GOOD IN EACH OTHER. When that is done, we shall have a universal heart, and a body, soul, and spirit made up of every lifestream belonging to the Father-Mother God, that will truly embody the nature of the World Teacher. To your hearts, to your families, to your loved ones, I direct the energy of the flame of my Presence, for your beautiful hospitality and for your exquisite remembrance of me, in your daily life. Your devotion draws us closer and closer, and gives us opportunity, without limit, to bless you, individually, and collectively.

For myself, I shall magnify the light in your hearts, for I believe in you. You know that I helped to create those hearts and I SHALL SEE YOU GOD-FREE!

I bless you and thank you. Now I shall say "Good Evening."

**ACCEPTING ONLY PERFECTION****By Beloved Mother Mary**

Jesus was positive when he made that long trip over the Himalayas to see the Divine Director, to learn those magnificent words, "I AM the Resurrection and the Life!" Was he not positive when he went into Jerusalem, knowing of the trial that was to come, yet willing to give the physical body, temporarily, to the powers of evil, to PROVE there is no death? POSITIVE QUALITIES are required of the worthy chela of Light. THERE CAN BE NO LUKEWARM CHELAS. We must be positive, qualified by love and understanding, and manifest it in every experience of life.

So from Jesus, himself, from the angelic kingdom, from all that it represents, I send and give my gift to you. Shall it be like paper, burned away, or shall it be a living, breathing enthusiasm in you, to make you truly a Christus! Many sermons will be spoken, today, songs will be sung, but they all feel the ONE JESUS did THE ENTIRE JOB. OH, BELOVED ONES, THAT IS NOT A TRUTH – EVERY BEING MUST BECOME A DIVINE BEING, HIMSELF.

COME NOW, AWAKEN AND BE THAT CHRIST, whoever you are. Right here, be still, and in my presence, let go of distress and accept perfection – for yourselves and all living things! This is our Christmas gift to you. YOUR ACCEPTANCE OF OUR REALITY IS YOUR GIFT TO US.

**HOLDING THE IMMACULATE CONCEPT OF MAN**  
**By Beloved Mother Mary**

To hold, constantly, to the immaculate concept, amidst all the effluvia of the present untransmuted astral plane, requires a great deal of concentration upon the part of unascended beings. It required all of the energy of my life, as well as of the angels who guarded me, and the Ascended Master Saint Germain (who was Joseph), to hold the immaculate concept for Jesus, from the time of his conception and birth, through our flight to Egypt, and yet allow him full freedom to enter into the rigorous tests at Luxor, when he met, face to face, its mighty Hierarch, Serapis Bey. We, then, at divine direction, brought him back, while still a young boy, to Judea, where both he and I were labeled, by malicious individuals, as rather imperfect characters.

I held that immaculate concept, beloved ones, for him. It was comparatively easy, because he was a beautiful baby, a beautiful child, a beautiful youth and young man. When Jesus met, in consciousness, the beloved Lord Maitreya, he had to learn to hold the divine concept for himself and his mission, because that is the Law. I held that divine concept, too, with all the energies of my being, until Good Friday.

I did my humble service, in teaching him so to do. He was born without sin or taint of this world (untransmuted karma), and he had senses more alert, because of his spiritual development. He had eyes that could see sights that you see no more, because the present civilization hides them from you through various institutions. He had ears to hear, and hands most delicate and beautiful, to touch the flower, the bird, the

rabbit, the man, woman or child in the street, who required assistance. His hands were beautiful and delicate, but yet strong enough, through the teaching of Joseph, to become a skilled carpenter. No yoke he ever made hurt a beast of burden. No spinning wheel he ever made had a splinter upon it. His hands could HEAL and yet SERVE and were practically directed by a mind alert, always, to do God's will, in love.

I cannot describe to you the love of my son for you, for all mankind and for every living thing. There are no words which can describe that type of pure, divine love, which takes a man in the fullness of his youth – thirty-three years of age, by human count – from an Earth that he loved, from a mother who had lost her husband, from disciples not yet anchored in the understanding of what he was endeavoring to teach them, in the most simple terminology, through the experience of the crucifixion. During those three hours, I held that immaculate concept for him, knowing that neither the spear, nor the crown of thorns, nor the cross, nor the nails could hurt him! I had seen his Holy Christ Self from the day I first cradled him in my arms, until the day when his beloved body hung between two thieves, for three long hours.

John, The Beloved, and I stood watch during those three hours and gave to him all of the love of our hearts, holding that immaculate concept for him, so that he might pass through that initiation, resuscitating his physical form, resurrecting it on Easter Morn, for the benefaction of a doubting discipleship, and ascending, PUBLICLY, in the sight of over 500 people.

NOW I AM RENDERING THAT SAME SERVICE FOR YOU. As I left one young man in the bloom of youth, on Golgotha's Hill, and walked with John to my shelter in Bethany, I became, and I am, the mother of all of you.

Beloved! DO NOT ACCEPT FEELINGS OF DEPRESSION, WHICH ARE LOOKING FOR A HOME – BECAUSE THEY ARE A VAMPIRE ACTIVITY, WHICH REQUIRE ENERGY TO LIVE! Anchor your feeling world into mine, if you desire, or into that of any other Ascended Being, and draw, from them, the feelings of illumined buoyancy, confidence, faith and God-conviction that ALL IS WELL AND SHALL BE BETTER.

Blessed, Beloved Ones, I come to plead the cause of a mother for her children. You are in a COSMIC MOMENT – a moment when our beloved Saint Germain desires to make Earth freedom's holy star, to straighten the axis of this Earth, to help each and every one of you, before your ascension, to experience some of the ecstasy of consciously serving with the Great White Brotherhood, instead of experiencing a feeling of drudgery, which so often impregnates your service to life.

When I achieved my own ascension, when I had spoken with the disciples and apostles, when John received his ascension and I joined beloved Jesus in the Ascended Master Realm, I was given the same choice that you will be given, to go to higher glory. I said, "No, I shall mother the Earth, the laggards and all upon it, holding, for that Earth and all that lives upon it, in, through and around it, the immaculate concept, until it is manifest." And this I am doing! Are you doing as much for even one – human, animal or elemental – that you love?

I DO NOT ASK YOU TO TAKE ON THE ENTIRE HUMAN RACE, BELOVED ONES, FOR I KNOW IT WOULD BE AN IMPOSSIBILITY, BUT I WOULD LIKE YOU TO TRY IT ON SOMEONE FOR WHOM YOU HAVE AN ANTIPATHY. It is easy to love those you love. It is easy to have a feeling of happy gratitude for association with those for whom you have an affinity, surely, just as easy as it is for me and Lord Raphael to work with God-free angels or in the Temple of the Sacred Heart, or with Jesus, or the Ascended Master Saint Germain.

I personally go through the gutters of your cities, states and nations, as does Kwan Yin, holding the Immaculate Concept for the untouchables of every nation, race and creed. THEY SHALL RESPOND, by the power of God, for they, too, have a Holy Christ Self within, awaiting expansion and love.

My son said, "Love your enemies; treat kindly those who despitefully use you." He spoke in the most simple terms, and in easy parables, which the man on the street could understand, but, somehow, the diabolical forces, that still roam through the world, have emphasized the wrong part of his mission. They glorified a crucified Christ, muting a resurrected Christ and a man among men, who walked on Earth, doing good until he was called, at the age of thirty-three, for his cosmic mission, and the Dove of the Holy Spirit [Lord Maha Chohan, Ed.], who is also your particular benefactor, blessed him at Jordan's River.

Jesus used only a few words, "I AM THE RESURRECTION AND THE LIFE," but he had the constancy of repeating them, again and again, to gain HIS VICTORY.

### THE POWER OF THOUGHTFORMS

By Beloved Mother Mary

Beloved and blessed children of my bosom, friends of my heart, co-workers with God in establishing the glory and majesty of His kingdom, how I love you! How my solicitude, my friendship, my devotion has flowed toward your life-flame, that has burned so brilliantly, so constantly and so enthusiastically, amid the great seas of maya. Each of you tends the candle of your own light, breathing, upon your individual vows, the enthusiasms of your personal selves. However, by your cooperative service, you are emitting a light which has encompassed the entire planet, THROUGH THE ENDEAVORS OF JUST A HANDFUL OF EARNEST, DEVOTED AND BLESSED LIFESTREAMS!!! [the group in Philadelphia, Ed.]

One does not know just how far a blessing will go, when it is sent forth from the heart of love. A thoughtform of blessing, no larger than the size of one's fingernail, with beautiful wings upon it, created by love within the heart, and released to bless life, may encircle the entire planet. It may rest upon the shoulder of some man, woman or child who is "downhearted," giving just the right strength and courage required for that one to again "take heart" and face, victoriously, the problems of his daily life. Such a one would be encouraged, anew, by a blessing born in your breast, issued from your heart or lips, but always propelled by feeling.

Lovely ones, as you stood together, today, and in the preceding days of this class, your sanctuary looked like one of those beautiful Eucharist Cups, which has been fashioned in memory of the first communion service. From it have poured

forth these various thoughtforms, each qualified by your own particular vibratory action, and the ray to which you belong. All of them had tiny wings and they have gone north, south, east and west, anchoring in many human hearts and in many of the forces of nature. They are remaining here, ensouled by a devic being or a cherubic being, as an encouragement of your light and as a lasting and permanent gift from this class.

You see, it is not enough to issue the decrees, the fiats and the blessings and then, when they have spent themselves, to let the world return to sleep again. Those decrees, fiats and blessings must be made "alive" and sustained in light eternal, so that they live and grow, even as does the light of my son, increasing in splendor, in magnetism and in the power, to stir other lifestreams to a like accomplishment. That is the activity of "The Light of God that Never Fails", which is the activity of those of us who serve it.

BELOVED ONES, DO YOU KNOW WHAT IT MEANS, TO A CITY, TO BE GIVEN THE OPPORTUNITY OF FOUR SUCCESSIVE VISITATIONS? [by the presence of beloved Mother Mary, Ed.]. Also, do you know what it means to give, to me, the opportunity to draw, from the energies of my world, and from those Temples of the Sacred Heart, where I serve, those cosmic currents of life and light eternal? THROUGH YOUR "FORCEFIELD," THESE CAN THEN ENERGIZE THE MENTAL AND FEELING WORLDS OF ALL THE PEOPLE IN THIS GREAT METROPOLIS, AS WELL AS THEIR PHYSICAL BODIES AND THEIR ETHERIC GARMENTS.

In the Ascended Masters' Realm, every thought, every

feeling and every spoken word is so perfect, so beautiful, that it has earned the right to live forever, and become a permanent radiation of blessing to this universe. So, this week, we have carefully "combed over" the energies which you have released. We have sent forth those which have earned the right to live in this physical appearance world, and in the mental and feeling worlds of mankind, as well. From the Eucharist Cup (which is the spiritual body of this class), made up of the living cells of your own life and light, there has flowed a benediction to the nature kingdom, and the human kingdom too, which will be felt long after you return, individually [from a spiritual journey in projected consciousness, Ed.] to your small orbits and your respective localities.

## HOW THE ASCENDED MASTERS CREATE

By Beloved Mother Mary

You are attaining great freedom and enjoying the one eternal happiness that results from becoming Master of circumstances, rather than victims of fate. The lifestreams who begin to perceive the powers of the Sacred Fire and avail themselves of the opportunity of drawing the Sacred Fire into focus, both for the purification of cosmic causes known and unknown and for the creation of new fundamental rates of vibration, are passing through the door from the realm of three dimensions, which is a prison, into the realm of cosmic cause, which is the Fourth Dimensional activity of the Ascended Masters' Octave. It is the fulfillment of the promise of Serapis Bey, when he said you would consciously pass over the bridge into the realm of divine ideation and while yet wearing the garments of flesh you would no longer be at the mercy of your own misuse of the creative energy or that of others.

### The Realm of Consciousness

You are studying consciousness and you have come to a realization that within the realm of consciousness is the cause of every effect, good and evil, that has appeared or will appear in the lifestream of the individual.

Consciousness is the EFFECT of the use of the God-principle by a self-conscious intelligence who has woven out of the universal light substance an invisible aura, in which there rests the causes to which we refer. You cannot say, for

fact, that man is his consciousness. Man experiences the results created by him through the use of energy and vibration, and his consciousness is the effect of his use of free will.

#### **Consciousness is the Instrument of Creation**

The consciousness is the instrument of creation. The Ascended Masters' Consciousness is their instrument and they create, in their realm of consciousness, just as the artist creates within his workroom or studio. The brush and easel are the implements used within the studio, as are the thought and feeling faculties the implements by which consciousness is formed.

#### **How Consciousness is Created**

You have therefore a fourfold differentiation:

- a) The self-conscious intelligence, which is the individuality.
- b) The thought and feeling faculties, which are implements of the self-conscious intelligence.
- c) The primal life energy, and
- d) The finished product, which is consciousness.

#### **The Use of the Sacred Fire**

Consciousness, evolved through thought and feeling and the use of the Sacred Fire, becomes an instrument through which every idea passes into the third dimensional world to become form.

Consciousness is the conductor from the unseen to the

manifest. The Ascended Master Consciousness is used by the Master within, which he creates through the faculties of thought and feeling, but in order to have his manifestation come forth into the physical appearance world, he must use the medium of some consciousness who still belongs to the vibratory action of the race, on the planet which he is assisting.

#### **Offering Your Consciousness to the Ascended Masters**

The cosmic consciousness flows through some highly-evolved pure human consciousness. Such lifestreams become cosmic conductors of divinity and you have no greater example than that of our beloved Jesus.

OFFERING YOUR CONSCIOUSNESS TO THE ASCENDED MASTERS, AS THE BELOVED MAHA CHOCHAN EXPLAINED, WILL ALLOW SUCH GLORIOUS, DIVINE IDEAS TO BE CREATED WITHIN THE SCOPE OF YOUR INTELLECTUAL ACCEPTANCE AND RECOGNITION, AS WILL AMAZE YOU. These, fed by your thought and feeling, will come forth to create with greater and greater clarity, fed with your great creative experiments.

## THE CONSCIOUS QUALIFICATION OF ENERGY

By Beloved Mother Mary

Beloved children of God, I who have guarded, guided, loved, protected and sustained you through many, many ages, bring to you today the blessings of our beloved Jesus, the radiation and the presence of the beloved Uriel and that particular vibration of divine love which changes hate, bitterness and distress into peace and well being, will you accept it, please? The negative qualities mentioned above have caused the accumulations of hardness in both the mental and emotional bodies.

As warmth entering into a room changes its atmosphere into a more pleasant one, raising the vibratory action of that atmosphere into comfort, so does the radiation of grace and pure, impersonal divine love carry through the lifestream of an unascended being, the transmuting action of the Sacred Fire to energies which have been solidified through many bitter experiences in the course of the ages. These are the causes of all "hard feelings."

Beloved ones, I have been asked to present to you the inner pattern of this week's activities in their very simplest form. They are the creation by conscious application of a spirit of grace, kindness, tolerance and understanding by which true world brotherhood is expressed. This spirit of grace is a substance! It is a radiation and a pressure of energy! Just as the pressures of discord, the whirls of anger and those various discordant qualities entering into the world of another lifestream can cause distress, so do pressures of a constructive radiation bring peace and healing.

The mastery of your own energies becomes the path for your own individual ascension. The magnetic center within the heart, drawing the electrons from the I AM Presence, creates a focus of energy enabling the individual to have thoughts, feelings, etheric memories and physical acts.

You are dealing primarily with energy. In fact, you are "energy centers, vibratory centers" sending out into the universe that which is a blessing to life or that which adds to the distress of the world. You chose, as did every man and woman who is upon the planet today, to use life to experiment with energy. You chose to learn through trial and error what energy could do. The returning circle of that energy which carries the stamp of your lifestream (the electronic pattern which can bring you either blessings or distress in the experiences of your world according to the feelings with which you qualified it when you sent it out.)

Now, beloved ones, we come to a point where we desire some members of the race to understand just the simple principle – THAT ENERGY DOES NOT ACT EXCEPT UNDER THE DIRECTION OF SOME SELF-CONSCIOUS INTELLIGENCE. If you are going to let the bodies which were fashioned for you by the great builders of form direct your life, you will have to handle the return of the indiscriminate qualification of the energies which the etheric, mental, emotional and physical bodies have catapulted forth into the universal.

Instead of this, you should give the dignity, authority and power of directing that energy back into the glorious Three-fold Flame of God within your heart. Your vehicles were fashioned, blessed hearts of light, as instruments through which

you might create as the Godhead himself creates, through which you might pour forth into the mental, emotional, etheric and physical realms, the perfection of your own I AM Presence. THESE BODIES WERE NOT CREATED TO BE INDEPENDENT, INDULGENT, REBELLIOUS, GLUTTONOUS VEHICLES WHICH STEAL THE ENERGY OF THE GODHEAD AND SEND IT FORTH TO DISTRESS LIFE!

When you find the center within your heart, when you enter deep within that immortal flame and you can accept the mastery which is there, then in dignity and firmness you can put your house in order. You know, you are afraid of your own bodies! You are afraid of what you will do under stress and strain, of how your thoughts and feelings will act and of how the etheric memories will surge forth. Therefore, you are not fully master in your own home! Can you not give to this Three-fold Flame (this I AM Presence within you), the confidence to control the servants of your household? Can you not release yourself from the tensions which are so evident, and allow the Lord of Life (the very God of heaven!) to assume the mastery of your vehicles? Holding your mind up to your own I AM Presence, use it to receive its divine ideas, use your emotional body to radiate forth whatever constructive quality is required in your homes at any given moment, in your group activities, in your nation or in the world.

The emotional body was created primarily in a very pliable and elastic form. All of the world, beloved ones, is your schoolroom. There will not be a day pass in which you will not meet energy from the consciousness of individuals who have no idea of mastery and control, which will either change your energy into a like turmoil or which you will sub-

limate and transmute, NOT BY WILL BUT BY LOVE!

When you are dealing with individuals who require instruction on the Law or when you are dealing with people in pain and distress, in fear or in anger, the very first thing you must do is to draw from your Causal Body God-qualified energies which fill the atmosphere of the room and are the master control, before you attempt your service. When you come to the service of handling great numbers are you going to be able to connect your emotional world with mine, your mental world with Lord Maitreya, your physical bodies with Lord Michael? Are you going to be able to plant your feet firmly upon the rocking surface of the Earth or the rushing tides of the sea as Jesus did, commanding and securing PEACE? Are you going to be a comfort, a balance, a protection, a healing "conductor," or are you going to be swept into the chaos of the uncontrolled?

Cosmic moments come and go! I have lived through many! In those moments, if you are not prepared and at peace, you are temporarily cut off from the Brotherhood as a channel for their outgoing controlled force which would but energize your chaos, were they to pour it out to you when you were in distress. The Great and Holy Brotherhood is one and within it is all the gathered consciousness of every Being who has attained the right to become a member. Within it is all the light, love and momentum of Jesus' victory, all the fire, strength and will of El Morya, all the wisdom and kindness of Kuthumi, all the tolerance and selflessness of Paul, the Venetian, all the purity of Serapis, all the scientific knowledge of Hilarion and all of the gathered momentums of the power of invocation of beloved Saint Germain.

Every one who enters that Brotherhood gives his all to it. It is enriched by each one who has ascended and becomes a part of it. That total momentum of Light is accessible and available at the moment of any cosmic crisis. The Great Cosmic Silent Watcher, may see certain vortices of destructively qualified energy. He then notifies local Silent Watchers of this situation. These individual Silent Watchers in turn often use the bodies of harmonious chelas as a conductor to funnel constructively qualified energy into these destructive vortices, transmuting their cause and core. In this case, the fully gathered momentum of the Great White Brotherhood may be channeled through the mind, feelings, etheric body and physical body of a harmonious chela.

IF THE PARTICULAR CHELA WHO HAS BEEN SPONSORED BY SOME MEMBER OF THE ASCENDED HOST IS IN A CONDITION OF DISTRESS, THE GREAT SERAPHIM HAVE TO LOOK ELSEWHERE to find some harmonious lifestream, perhaps one wholly "unconscious" of the Ascended Masters and therefore not as good a "conductor" as a student who has used the purifying Violet Flame. Through such an "unconscious conductor," a thread of benediction flows, whereas a conscious chela would be a great conduit of light. Do you see?

The "unconscious conductors" have served us often through the ages and they are blessed indeed! However, just as the inside of a pipe becomes corroded and filled with impure substance, so does the consciousness of the average individual become filled with impure thought, feeling and etheric substance, unless there is conscious use by that individual of the Violet Fire which compels the purification of

their individual lifestreams. Therefore "unconscious conductors" do not make as wide an open door for the Masters' service as do conscious chelas who have used the Violet Fire of purification. IT IS A TRAGEDY INDEED FOR ONE TO HAVE WORKED TWENTY YEARS WITH THE VIOLET FIRE AND, AT A COSMIC MOMENT, BE UNFIT TO CONDUCT THE PROTECTION WHICH MIGHT SAVE A CITY! Preparation, application and purification are magnificent because, through the forcefields of your groups and through your individual selves, they create a wider and wider conduit of light. The radiation and pressures of the Great Ones, flowing through them are a great blessing to mankind.

Remember my words! Do less if you must, but hold your state of grace, hold the harmony, hold the peace, hold those feelings of love and tolerance so that you may be ready when you are needed to serve. You are going to deal with great numbers of people in the near future, particularly when you learn to become a "conductor" of the light and gifts of your Causal Body. Your radiation will be different from that of any other person because the creation of your Causal Body has been an individual accomplishment. Your Causal Body has been builded from the day you first received conscious life. All through the ages which you have lived, your Causal Body has grown like a beautiful flame flower, an aureole of living color. The services you have rendered, whether they have been patriotic, educational, philanthropic, artistic, scientific, or religious, have become your gifts to the Earth. This momentum of good awaits release through your vehicles as a radiation of light which can benefit the Earth and her people.

Now, why let the glory of that Causal Body function only in the inner realms while you are in limitation, while you are experiencing age, disease and distress down here, when it is so easy to consciously call forth from your Causal Body into your magnificent Tubes of Light, the qualities of perfection which you require to bless life? Why do you not externalize for the blessing of the race that which you have prepared yourselves for centuries? Why do you not this day, entering into that "Secret Place of the Most High" (deep within the Sacred Fire in your heart) begin the release of your own harmoniously qualified energies of life which abide within your Causal Body, awaiting your call?

Build today, my friends! Build today! Those of you who are Group Directors, use this activity in your class work. Use it! Where you have a group of harmonious students, there is no limit to the activities which can be released from the Great White Brotherhood to benefit the Earth at your call. Before you begin the services of your group, silently call through the energy in the room those Flames of Purity, Peace, Understanding and Comfort and then you can more easily accomplish that which should be done.

I love you beyond all words to describe. I have worked with you so often individually and collectively through the ages. I speak to you today hoping to reach your minds and your hearts.

### DAILY RADIATION OF THE CHOHANS

By Beloved Mother Mary

Each of us, in the Ascended Master Octave, is dedicated to some particular and specific activity and service. Individually and collectively, as you develop and mature, you also will find yourselves specializing more and more. You will find yourselves drawing the energies from primal life, and qualifying them with a specific God-virtue to bless life. Thus, you become specialists in the fields of healing, illumination, education, or the other various activities which will benefit and bless the race. In order for you to develop and mature these faculties, which enable you to draw forth that primal substance, passing the energy of your feeling world through it, and giving it a specific God-quality, you must have the characteristic of spiritual concentration. To gather a momentum of any quality to be used as a specific blessing to the race, life essence must receive a rhythmic charge from the feeling world, which is the qualifying agent of each lifestream.

If you should choose to stay all day with the presiding Master of that day (Each of the seven days of the week receives consecutively the radiation of each of the Seven Chohans of the Rays, (i.e., Sunday: El Morya; Monday: Lanto; Tuesday: Paul the Venetian; Wednesday: Serapis Bey; Thursday: Hilarion; Friday: Nada; Saturday: Saint Germain), it would be very helpful to the student if he would try to wear something in the color of the ray corresponding to the Master of the Day. This helps to keep the individual reminded of the concentration he is endeavoring to hold. (For further information on the above, we refer you to our booklet "Daily Meditations").

YOU COULD ASK THAT PARTICULAR MASTER TO ASSIST YOU IN QUALIFYING THOSE ENERGIES WITH HIS QUALITY AND POWER OF RADIATION. Thus, you can become acquainted with the various Masters' radiations and become sensitive to the pressure and direction of each specific ray. This will signify, to you, which Master Presence is radiating, through you, at any particular time. Students upon the path, who have passed through the metaphysical stage of development, must come to a place where they recognize vibration, in itself. This requires great harmony and balance, beloved ones, and it requires a great stillness in your heart. It also requires the silence of your lips and that you "tell no man."

### BECOMING A CONDUCTOR OF GOD-QUALITIES

By Beloved Mother Mary

Beloved children, I come to bring, to you, my love and gratitude, for your deep interest in life, and I endeavor, through conveyed consciousness, to show you the ways and means by which your individual worlds might, again, be set into divine order. I do this that you may find yourselves conductors of that presence of God, which MENTALLY you have accepted as filling this universe, but which requires the confirmation of your FEELINGS, to be ever active, through you, in this world of form.

In a measure, each of you is a bridge, conducting the consciousness of the inner realms into the world of form, and acting as mediators between the fullness of God and the intelligences which represent him, and the mass mind.

Mankind may rebel, all they wish, at the necessity for mediation between the fullness of the Godhead and the outer consciousness. However, the Law of Life and the intelligence that governs the great universal scheme of creation, has provided these "step-down" transformers, in mercy. This is done so that those who voluntarily and consciously descended into the pit, might have a chain of energy over which the blessings, which sustain mankind, may flow.

Each of you has developed (over the ages and through the centuries) certain momentums, that make you conductors for specific qualities that represent the nature of God. These momentums are your individual and voluntary gift to life. They are the treasures stored up in heaven. They are that part of you which we can use to externalize our work

and service, in the world of form. They are the only part of any lifestream with which we are concerned.

It is our desire, at all times, to emphasize and externalize, more and more, the nature of God through the "leaven" in the individual lifestream. This "leaven" may be faith, purity, peace, happiness, or it may be a momentum of teaching or healing. These examples are just to give you a "bird's-eye" picture, you might say, of the way we, in the hierarchy, work, in drawing around ourselves, certain lifestreams who we feel can best serve the divine plan, in cooperation with our life. We then endeavor to connect our energies with those individuals, through whatever means are at hand.

When students contemplate our presence, we send our energy by means of radiation. We connect our energies with mankind by radiation. We also use the spoken word, at those rare intervals when life allows us this privilege. In every instance, every Perfected Being contacts unascended beings solely to expand the borders of God's kingdom, and to draw more light and more of the God gifts to mankind.

**CHELAS ACTING AS STEP-DOWN TRANSFORMERS****By Beloved Mother Mary**

Beloved friends of my heart! I bring to you, tonight, all the love and devotion with which I once cared for a small child. To you I bring the blessings of this holy season, as we open the magnificent cosmic currents which have flowed through your conscious endeavors and dedicated "forcefields," as an open door to bless all the sons and daughters of God, who know not, yet, the way to the Father's throne.

Your blessed hands, your sweet hearts and your gentle spirits hold open the doors to the heavenly kingdom. Have you thought of that? Have you realized, in its fullness, what it means to magnetize those spiritual currents of energy from above, which form a "forcefield?" Through your heartbeat, beloved ones, flows the primal substance of life. Through free-will, you have chosen to give that life to the magnetizing of the angelic host, the cherubic beings, the seraphic kingdom, the Cosmic Masters and devas, and those individual consciousnesses who dwell in what has been called, for centuries, "The Kingdom of Heaven." These beings do not concentrate their energies earthward, except through "conductors."

Such "conductors" are consecrated, unascended lifestreams, who magnetize the Masters' energies, and form the open door through which blessings, tremendously subtle, and currents, extremely vibrant, enter into the atmosphere and the mental and feeling worlds of mankind. THESE UNUSUAL BENEDICTIONS COULD NEVER REACH THE SLOWER -

VIBRATING ACTION OF THE OUTER CONSCIOUSNESS, IF THERE WERE NOT, EMBODIED, "STEP-DOWN TRANSFORMERS," IN THE FORM OF INDIVIDUAL CONSCIOUSNESSES WHO ARE YET A PART OF THE RACE.

So, each one of you, whose vital energies, week after week, month after month, year after year, have magnetized the presence of the eternal God-free, has formed a jewel of blazing light, in the heart of this great metropolis. From the center of this blazing jewel has flowed forth, to the millions of people who live here, blessings, purification and spiritual upliftment, of which your dear outer selves will never be conscious, until you stand, with me, in the God-free realm. Then you may look back at the record which has been written by your own lives and see the pure energy that has replaced the effluvia of those who yet know not how to control thought and feeling.

Magnificent, indeed, is the consciousness of an embodied chela who CAN EVEN BELIEVE IN OUR PRESENCE in this universe, and most blessed are they who, in believing, weave the substance and energy of their own lives into an activity which is of benefit to the race. Do you know how many children are born, every twenty-four hours, within the hundred mile radius covered by the center of your "forcefield?" Do you know how many bodies are fashioned by the builders of form? DO YOU KNOW HOW MANY COME IN WITH MUCH CLEARER SIGHT, MORE PERFECT HEARING AND BETTER USE OF THEIR FACULTIES, BECAUSE OF YOUR CONSTANT, UNBROKEN, RHYTHMIC CALLS?

Do you know how many children embody each year with

vehicles and envelopes through which the Holy Christ Self can externalize its divine plan, where otherwise they would have been born idiotic, or in some manner of distress? Is it not worth the use of your life energy, woven into invocation, decree and song? Some day, in your God-free estate, you will look, with joy, upon those firm bodies and those strong lifestreams (those who are to be the builders of the new era) and you will know that your calls and your invocations, MORNING AFTER MORNING, have made possible, conditions by which a soul is allowed opportunity to fulfill its divine plan in dignity, with head erect, body firm and pure, and mind clear. Otherwise, these same lifestreams would have been destined to live their life through, in darkness or confusion.

O, beloved ones, I have fashioned, with my own hands, the substance of your very hearts. I have stood, each year, before all those who are to embody in that twelve-month cycle, I have seen the pitiful elemental substance charged with impurity and imperfection, through the mistakes of past lives. Therefore, I can tell you what a mercy it is, to these individuals, when you call forth the Violet Fire for them. As they hold the best substance they have earned, through millions of years of living, and offer that to me for a heart – well, as I look upon it, I think: "Is this the BEST that soul can offer?"

MANY TIMES THAT VIOLET FIRE RISES FROM YOUR GROUPS, AT YOUR CALL, AND PASSES THROUGH THE SUBSTANCE, EVEN AS IT IS HELD WITHIN THE TREMBLING HAND OF THE SOUL, ITSELF. Thus, instead of an impure garment, the mercy and the kindness of embodied lifestreams [the students making their calls, Ed.] make it possible for us to

give them added opportunity – an opportunity for redemption and service that they would not otherwise have earned. I tell you, then does my heart swell with a mother's pride, for incarnate children who can and do draw and wield the Sacred Fire, sending that fire forth, impersonally, on behalf of lifestreams whom they do not even know exist! It is one thing, beloved, to work for those for whom you feel a close heart-tie, but, to work, impersonally, for the great body of mankind – that shows the cosmic nature of your own developed Causal Body – and that is the hope of this shadow planet (Earth), which we are endeavoring to fashion into freedom's star!

**GROUP ACTIVITY AND FORCEFIELDS****By Beloved Mother Mary**

You may enjoy knowing that your blessed "forcefield," which has been drawn this morning, is in the form of a glorious Maltese Cross, made of many Easter lilies. As that "forcefield" expands, I call upon you, upon the souls of all incarnate mankind, upon the great angel devas over every church in this great metropolitan area, and over every hospital and asylum, the holy grace of the mighty Maha Chohan. I call that "grace" forth, also, through the hearts, souls and spirits of every priest, minister and rabbi – every religion in this great metropolis – and through the spirit and very selves of everyone dedicated to God's good, throughout the planet.

In the name of the Ascended Jesus Christ, I make this call, and, even as these words are spoken, that glorious sweet anointing flows from the Heart of the Universal, nourishing the shoots of spiritual accomplishment, within the souls of men. As this class closes, today, and the release is given to the angelic host, through Lord Michael's charge, the angels of Uriel shall take those lilies, which have been drawn in this lovely "forcefield," and expand that magnificent Maltese Cross, which form they make, until the planet is held within that cross. Then, from above, the angels of the Madonna Temple [Temple of the Sacred Heart] shall shower the inner atmosphere of Earth with the form of the lily. This form represents the ascension, the redemption of the Earth and the ascension of all mankind. So, truly do we live in an hour of accomplishment.

Now, as you enter into the glory of the sacred weeks ap-

proaching the Christmas season, I believe you will feel a closeness to beloved Jesus, beloved Saint Germain and myself. Remember, I am willing to intercede for you, as a friend and an advocate, if you wish me to. I am willing to offer my prayers and invocations with yours. Just as you would take a small candle flame and enfold it in a mighty compass of a bonfire, so does the prayer, invocation and aspiration of an Ascended Being enfold the small, slender, aspiration and the timid application of the unascended. In that combined, upward rush of energy, your call can reach and be accepted by the higher heavens, through the momentum of that which we offer.

Can you realize, for a moment, the intelligence that is within energy, and the power of magnetization that is within your heart? I would like you to focus on this, for a moment. WITHIN YOUR HEART IS A MAGNET AND THAT MAGNET SUSTAINS LIFE WITHIN YOUR PHYSICAL BODY, FOR AS LONG AS YOUR HOLY CHRIST SELF DESIRES TO HAVE MANIFESTATIONS IN THIS WORLD. A constant flowing stream of electrons, from the great source of all life, flows into your heart, with such rapidity, that there is no outer means by which it can be photographed. HOWEVER, IN THE NEAR FUTURE, THERE IS COMING A MUCH GREATER SENSITIVITY IN THE PHOTOGRAPHIC WORLD AND MANY OF THE MAGNIFICENT THINGS OF WHICH WE HAVE SPOKEN WILL BE RECORDED AND CONFIRMED TO THE SIGHT OF MAN.

This stream of living light, that pours from your Electronic Presence into your heart, is what you have lightly called your "silver cord." It is a river of living, breathing force and intelligence. It is primal life, unqualified, awaiting the command of

man's free-will to become, for him, whatever he shall decide to make it. This primal life is already qualified to obey; it is the elemental substance that has taken the command, from the universal, to obey the creative principle of man. Out of that primal life you have woven your chains and your limitations, even as you have woven the glory of your Causal Body. You have also woven the magnificent momentums, upon which we depend, to draw mankind again "out of the pit," into the glory and the victory of their own God-free estate!

AS THIS LIFE FLOWS THROUGH YOU, IT IS YOURS TO COMMAND. Your thoughts and feelings qualify it, and the invisible inner garments which you wear (the etheric, mental and emotional bodies). Your aura and your Causal Body are a conglomerate mass of the thoughts and feelings of your daily life. Many men have come under the influence of evil. Conversely, many other men and women have come under the influence of a good man, or a saintly person, and on the impetus of that one individual's magnetized and qualified life, have lived a holy life, themselves. In time, they returned to their God-estate.

Your individual sphere of influence is important – more important than you realize! Some of you, humble of heart and sweet of spirit, feel that the individual self matters little, but YOUR SPHERE OF INFLUENCE AND YOUR RADIATION ARE ALL WE HAVE WITH WHICH TO WORK IN THIS WORLD OF FORM. The quality of your sphere of influence can be changed by your conscious application, and the conscious qualifying of this beautiful, primal light through your feeling world. Then the hem of your spiritual garment becomes an

influence for good, wherever you move among mankind. Even though you never use your lips to speak at all, just the radiation, passing out from your body, becomes a healing, raising power, and you become "the leaven in the loaf."

Now, as you join together in a constructive activity, what happens? All of your individual lifestreams combine, drawing rivers of life flowing from the Presence; all of them join together and, descending, make a great, mighty river of force, magnetized by the heartbeat of each one of you who chooses to come to these magnificent classes and give of your energy. Then, as you make invocation to the Great Masters of Light and speak their holy names in word, in song, even in silent visualization, your magnetic heartbeat draws a tremendous current from each Great Being whom you magnetized by thought and feeling. It is exactly as if a little rivulet that had trickled down from the mountaintop, by the very first melting of the snow, was caught up, then, in the great, mighty rush of the mountain torrents, when the glaciers melt. That tremendous added impetus then sweeps down into the valley, carrying the currents of energy and fertilization to the plain.

The magnetic power within a group of unascended beings to form an open door to the Ascended Masters' Realm, cannot be overemphasized. Beloved Jesus said: "Where two or three are gathered together in my name (my nature), there I AM in the midst of them." Every group of dedicated lifestreams, whether they are orthodox, metaphysical, occult or spiritualistic, who are sincere and deep in their desire to draw forth greater good from the heart of the universal, magnetizes and draws these cosmic currents from these glo-

rious beings. Those currents then flood out from the center of these "forcefields," north, east, south and west. According to the intensity and power of the group, the feeling and sincerity of the leader, according to the energy that is released and the power of concentration among the assembly, is mankind blessed, cosmically, and bathed in that radiation of purifying essence.

Your individual sphere of influence, your individual aura, is a conglomerate mass of good and evil. When you join together to form the "forcefield" for a cosmic activity, for the radiation of the Ascended Masters and for the magnetization of the angelic host, the portion of your personal sphere of influence that is not constructive, is muted, for the moment.

The portion which is constructively – qualified, is emphasized, and the great angel devas and builders of form, together, weave, from the assembly, a magnificent pattern. That pattern conducts the blessings of the group and the blessings of the beings who gather in the atmosphere above the meeting place, back into your homes, into your blessed families, into your worlds and into the consciousness of those who need such assistance.

Beloved children, in my position I hear so many calls for help. If you knew the prayers that come up to me from this metropolis, alone, you would realize how grateful I am to be given this open door and opportunity to bring, to your great city, this gift of my energy – my life – the river of light which comes from my presence. To these are added the blessings of the beloved Jesus and of the beloved angelic host, who work with me. We direct those currents through your

"forcefield" and then allow that to bless and bless and bless life, everywhere. Each one of you, who has come and given of your own life to make this opportunity possible – each one of you is dear to my heart, and my gratitude shall flow to you, eternally.

Will you please remember, each evening, to consciously direct, into your own city, your own sanctuary and your own home, a mighty ray of intelligent life and light substance from this class? This ray of light substance can duplicate there, the same activity which we draw forth here and make it active in those portions of the country from where you have come. You see, as much as you will personally do for yourselves, you spare me, in the use of my energy. Then my service can be given you in more powerful currents, for the purification of your inner and flesh bodies.

You know the law, in intellect at least, that WHAT IS DONE WITH ANY GIFT DETERMINES HOW MUCH MORE OF THAT GIFT AND HOW MUCH GREATER DEXTERITY IN THE USE OF THAT GIFT, SHALL BE GIVEN. IT IS ALSO TRUE WITH THE SPIRITUAL LAW; WHAT YOU DO WITH WHAT YOU HAVE RECEIVED WILL DETERMINE HOW MUCH MORE YOU CAN RECEIVE. Otherwise, before the Karmic Board, your debt would be too great. Much knowledge must be directed into application and making the planet a better place on which to live. Much knowledge so given would be a great responsibility on our part, and we, of course, would have to make good for that knowledge and not allow it to be dormant within the intellect or mental vehicle of the student.

Will you do something for me tonight? WILL YOU PLEASE

ACCEPT THE PRESENCE OF MY HUMBLE SELF IN YOUR MIDST WITH AT LEAST AS MUCH FAITH AS THE PILGRIMS AT LOURDES? Will you accept, deep within your heart, that healing momentum which has become the hem of my garment? That garment covers this entire building tonight and each one will take as much or as little as he or she may choose, ACCORDING TO THE POWER OF HIS OR HER ACCEPTANCE. As my gift of thanksgiving to you, accept the substance of the radiation of one who has been your mother for countless centuries.

Accept this into your blessed minds, your bodies and your worlds. Then, beloved children, as your gift to the beloved Jesus, this holy season, will you specialize in drawing forth some particular God-quality into the spiritual garment which you wear? You can charge your glorious tube of light with a particular essence, so that as you move through the great metropolis, as you rub elbows with mankind, some of the virtue, consciously drawn forth by yourself, may be absorbed by them. Then the "hem of your spiritual garment" will be a blessing and an uplifting power to life, everywhere. This would be the greatest of the gifts of the season, to one who gave so much a long time ago.

### RESPECTING AND MAINTAINING THE RADIATION IN A SANCTUARY

**By Beloved Mother Mary**

There is quite an assembly here this morning of Cosmic Beings, Ascended Masters, cherubim and angels, you can feel it by the radiation. This radiation can be sustained and expanded, if you will keep the atmosphere of your Sanctuary as holy as possible at all times. Do you realize that sometimes when you enter the Sanctuary, there is a Master of Light upon your platform addressing a whole group of lifestreams from the inner levels or angels?

SOMETIMES THESE VERY CHAIRS UPON WHICH YOU ARE NOW SEATED ARE BEING OCCUPIED BY ANGELIC AND SOMETIMES ASCENDED BEINGS (of course, while no class of yours is in session). It is so! Sometimes there is a mighty Master or Cosmic Being of Light upon your platform, giving instruction to some audience of lifestreams with which he is working at inner levels. All of a sudden someone bursts noisily into the room and there is a shattering of the finer vibrations drawn here, I know you would not want that to happen.

When we need some place in the physical octave in which to render some service to life that cannot be rendered elsewhere, is it not perfectly natural for us to use a place which has been dedicated and consecrated to our service and into which the Sacred Fire has been rhythmically drawn in a given momentum? It would be well for all to hold a very sacred and reverent attitude toward and in these lovely places which have become just what their name implies, sanctuaries of peace, love and light, away from the pressures of the

chaos and confusions of the outer world. Won't you all try to make and keep them so?

Please do not impress upon the ethers of your sanctuaries any thought, feeling, spoken word or deed that is not of Godliness. Render the service you wish to give in grace and please remember the transcendent blessings which have been brought to you by our presence with you in your meetings. Whether there is an actual address by the Master or not, where the heart-calls of the lifestreams present are sincere, there is always one or more of us in attendance to answer those calls and give you all the help you can and will accept. There are many, many lovely and sincere lifestreams devoted wholly to the service of the Christian Church who would really worship for the rest of their embodiment fore just one visitation from "The blessed Mother." Yet we come to you again and again to help you!

Think about these things, dear hearts! Think often upon them and upon us – upon the beloved Saint Germain who, as Saint Joseph, was so good to me in that time long ago, think often upon my son and the great Archangel Gabriel, Archangel Raphael and all the angels of heaven. Think upon these often for, you know the Law, "What your attention is upon you become." Wherever you work, wherever you stop, wherever you go, go and act there as though you were on a spiritual pilgrimage and the angels will accompany you, if you do. If you will hold the peace in your feelings everywhere you go and in all you do, you have no concept in the outer mind of just what can be done through you, what transcendent beings will give you protection and help you in many ways of which you know nothing now.

Now, in the name of the Father and of the son and of the Holy Spirit, in the name of my own beloved Jesus and in my own name, I make the call for the Lord to bless you with his peace, sustain you in good works, illumine your souls as to the pattern and fulfillment of your own divine plan, keep you from bodily harm, keep you supplied with the limitless abundance of every good thing, unity of feeling required to create, sustain and expand "The Diamond Heart." May Lord Michael with his own blazing Sword of Blue Flame remove now and forever the causes and cores of all in your worlds that can hurt you, your families, your loved ones and your fellow students!

**THE LAW OF HEALING EXPLAINED**  
**An Address By Beloved Mother Mary**

My beloved children, each and everyone of you represent such a deep part of my heart. I follow you throughout the course of every embodiment with such hope, just as every unascended mother does, delighting in your victories and, wherever possible, glossing over those temporary failures, until that hour when you stand and know the full release and relief from every human tie, and in dignity, your course run, return home to dwell with us in the realm where there is no pain, where there is no suffering and distress, where even temporary partings cause no unhappiness. That is the realm towards which your sweet endeavor is preparing. It is the realm in which we love to abide, except for those hours when, as servants of the Law of Love, we choose to come earthward whenever and wherever necessary.

Beloved Gabriel, beloved Jesus and our beloved Saint Germain often refer to me as having exceeding grace, but I would like to say to them that I too, received the power to sustain that grace through the great Lord Maitreya who is now your Buddha, and through the presence of the Archangels and through the help and assistance of beloved Charity and the various members of the divine kingdom who enfolded me, as we now enfold you, as much as you will allow us in our feeling of love, purity and happiness.

### **My Activity Has Been Healing**

Beloved ones, my activity has been concerned with healing for many, many centuries. Naturally, as my beloved son Jesus rendered many miraculous healings during his lifetime, so far as the outer mind of the people was concerned, although he used merely the spiritual law of love, so too, have I devoted my life, all during the time since my own ascension, to helping those who sincerely desire to heal the minds, bodies and souls of men in whatsoever constructive activity they serve: whether they are advanced students who know the mystical science of healing, whether they are the missionaries, whether they are the doctors and nurses under Hilarion's care, whether they are those who work under the ray of purity and in the cloister, whether they are those who work for world brotherhood, the humanitarian aspect of beloved Paul, the Venetian, whether they are the men and women who use the activities of the second ray in research and accretion of knowledge which they put to use, or whether they are the honest and sincere individuals who heal by faith.

### **Few Desired To Know The Law**

With Jesus, particularly, so many of the consciousnesses of mankind rejected him in life but have accepted him hundreds of years later. But that is the way of human consciousness. Only when one has passed safely beyond the gate of so-called death, is it safe for the human to accept their truths. That will not always be! I saw a man, majestic beyond all words to describe, walk humbly in Judea and speak

to men and women by the hundreds, giving them the Law, and then proving that Law in raising the so-called dead, making the blind to see, making the deaf to hear, the lame to walk again and the lepers whole. That man was my Son! I SAW HOW FEW DESIRED TO KNOW THE LAW, HOW MANY WANTED THE FRUIT THEREOF!

#### **Protect Yourself First**

Today we see on the screen of life, as we measure each dear chela, that more and more among you are those who apply the law yourselves and this is magnificent, for it was not so in our time on this Earth. I say to you who are particularly dealing with the activities of healing, will you constantly remember while you are unascended, TO ENFOLD YOURSELVES IN THE LUMINOUS PRESENCE OF SOME MEMBER OF THE ASCENDED MASTERS REALM, BEFORE YOU EVEN BEGIN TO DEAL WITH THE PROBLEMS AND DISTRESSES THAT WILL COME TO YOUR ATTENTION so that you do not, as the Maha Sahib said yesterday, draw that distress into you, but rather locked, sealed and insulated in my presence or the beloved Jesus or Lord Michael or the Ascended Master Saint Germain, you may then direct the healing currents into those individuals who need the assistance either from their own I AM Presence or any Ascended Master, calling all of the flames and rays of God's kingdom with which you have been acquainted into those lifestreams to give the assistance.

**Remove The Cause And Core Of Distress**

Let me again remind you, although all of us have, FIRST YOU MUST REMOVE THE CAUSE AND CORE OF THE DISTRESS AT INNER LEVELS, WHERE IT IS NOT SEEN, BEFORE YOU CAN HAVE PERMANENT HEALING here on the Earth plane. Otherwise you do exactly like this: you place, through mental power, a 'kerchief over the condition and for the time it is not apparent, particularly while the practitioner or healer is alive, whose very energy and life repels that cause and core and very often accepts it into himself or herself. But when the individual who is rendering that healing or service is removed from the body, preceding the individual who has been afflicted, most often the condition returns even while in that embodiment, or if the individual who has been temporarily healed passes on, and the cause and core of the condition at inner levels is not removed, they will have to again experience that condition until someone makes that call.

THERE IS A CAUSE AND CORE BEHIND EVERY CONDITION, WHETHER IT IS MENTAL, EMOTIONAL, ETHERIC, PHYSICAL, FINANCIAL OR WHATEVER IT MAY BE. When that is plucked out by the roots by any of the Divine Beings who offer to do so, myself, the Goddess of Light, Astrea, Kwan Yin, any number of us, when that is removed THEN YOU HAVE A PERMANENTLY HEALED PATIENT!

**Don't Create Distress, Create Comfort**

INDIVIDUALS ARE CREATING CONSTANTLY, WAKING, SLEEPING, DAY AND NIGHT, CONSTRUCTIVELY OR OTHERWISE. As our beloved Maha Chohan said yesterday, they create either more distress, requiring more comfort, or they create more comfort, more light.

Those of you who are interested in healing will know VERY OFTEN THE INDIVIDUALS YOU HEAL, OR WHOM GOD HEALS THROUGH YOU, WILL RE-CREATE THOSE CONDITIONS UNLESS YOU ARE ALERT AND CALL TO THE I AM PRESENCE OF THAT ONE TO REMOVE THE CAPACITY TO CREATE A NEW CAUSE AND CORE. I have practiced this, beloved ones, I have done it now for almost two thousand years. I give it to you as an explanation of the law of healing for those who choose to have it.

**Accepting My Healing**

And now, as I stand within the heart of the Flame of Healing, will you accept my reality and my presence, and be WILLING TO LET GO OF THOSE LIMITATIONS THAT DISTRESS! Then accept the healing power, which is mine to give, as my gift to your life! Today is Good Friday! Thank God, that in all of the efforts to concentrate mankind's attention on death, they have at least called it "Good" Friday. It is one of those miracles that come through the sieve of the human mind. It is a day of life, it is a day when I intend to use you to remove all sense of loss of a loved one and all sense of grief, particularly for those who have lost loved ones in the service and for that terrific fear which the word "war" engenders in

the outer consciousness.

Now, accepting, into yourself, my healing and accepting, through me, relief and release, I shall join Lord Raphael and we shall begin the expansion of those currents of life and immortality throughout this Earth. In the name of my beloved son, Jesus the Christ, I bless you as an individual and as a communal unit, serving God and life and constructive purpose, until the day when you are called home. That day I shall say to you, "Has not everything that I have promised you, been so?" And we shall stand together on equal terms, expanding life. I shall take you to those schoolrooms and let you visit with the little Buddhas and the ones of your families, who have received the dispensation {given to founding members of the Bridge to Freedom, Ed.] and give you every experience that your heart desires.

#### **Ask Beloved Mary To Help You Accept In Your Feelings**

Oh, precious ones – especially those of you who have served so long with the Earth's people – ACCEPT TONIGHT THE HEALING GRACE WHICH IT IS MY GREAT JOY AND HONOR TO DIRECT EARTHWARD! LET IT MANIFEST PRACTICALLY FOR YOU NOW! Accept the presence here with you (and all who will read these words) of the great angels from Raphael's Legions and the mighty angels from my own temple, for I am sending them into your atmosphere and homes tonight. Won't you please let those angels BE A SUSTAINING POWER of the grace which I am and which I now flood into your worlds?

Beloved ones, you need not descend from grace, when once you have been raised into the higher vibrations of our consciousness by your attention upon us. When we enfold you in the actual essence of our hearts' love, when the angels intermingle with your precious selves in these meetings and your auras are filled with the vibrant colors of our radiant energies, which are of heaven, ALL OF THIS CAN BE SUSTAINED FOR YOU! ACCEPT THAT! Accept that, after the meeting, you no longer need to return to the conditions of distress and limitation which have been your past and recent experiences but, from now on, if you will accept it as possible for you, you can remain in this state of grace, harmony, healing and peace!

This is the perfection of the sphere in which we have become fitted to dwell and into which we are endeavoring to raise you when we have an opportunity to come close to you, reaching into your worlds through radiation, our spoken word, and your attention upon us – which attention is the “open door” into your world.

When we see you gathered together from time to time – so comfortable and happy during the short time while you are in our radiation, temporarily (at least) raised out of the conditions which distress you, it seems so unfortunate to us that, at the close of the meeting and our communion with you, through thought and feeling you return, again, into the unhappy conditions and the experiencing of appearances which really need no longer exist for you except as your mental body searches them out, again, and as your senses then energize the destructive etheric records thereof, by the energy which is flowing through you NOW! Thus are those

thought and feeling forms re-created by yourselves! They have been dissolved for you over and over again – hundreds of times by your Ascended Master Friends of Light!

### **I Share With You My Light**

It is not always too comfortable to have the full truth presented, and I know it is always more comfortable to just tell you, and this is true, that I love you with all my heart. I love you enough to share with you my light, to believe in you as I believed in Jesus, even on the cross on Golgotha, when every cell and fiber of my being cognized the reality of light immortal, sustaining that feeling for him, until his resurrected form gave me relief from that particular vigilance.

So I believe in you, and I hold for you the immaculate concept, for you each one, and for each other, even when you lose, for a time, the pattern of your own path home. Lovingly, kindly and always,

Your mother in the Light,

Mother Mary

**THE ESTABLISHMENT OF HEALING CENTERS**  
**By Beloved Mother Mary**

Why are certain places upon the surface of this planet chosen as foci of protection, of healing and of purity? There are many reasons, beloved ones, all in accord with scientific law. In ages that have been, there were golden eras, when the angelic host were visible and tangible to the sight of men, and God-beings, who had never taken flesh bodies, were the recognized authority governing the life of the race. During these times, many foci were drawn forth at the various points upon the surface of the Earth, and beautiful temples were built. Within those temples, lifestreams were drawn together who had an affinity for the vibratory action of the blessings that were radiated. As I already told you, these blessings flowed like living rivers of force, down from those temples, and out, to bless the masses. The priests and priestesses in those temples sustained the Light that was given, and it became the spiritual nourishment and focus of balance for the people.

In the Atlantean days, right here within the compass of your city, a mighty focus of healing was manifest. Here, as you have been told, was a great Temple of Light and the lesser temples were visible, too. Mankind was able to come into this temple, from all over the planet, and receive a certain balancing of the mind and body, which was required, to maintain perfect health and to sustain their physical bodies, in dignity, for as long as their Holy Christ Self desired that they should remain embodied. At the close of this Atlantean culture, when the physical temples were destroyed, the etheric temples remained there. The great and mighty deva

LIBERTY chose to sustain those activities and currents pouring forth at inner levels, as well as the blessings that poured forth, previously, through the mental and physical worlds.

Why do you think certain people are drawn to certain locations? It is because of the great light which has been focused there in the past, and which has become a magnet for the cities which rise in those locations. The people, in their outer consciousness, do not know what drew them.

There are now new opportunities, brought through the dispensations made possible by the advent of the Seventh Ray of the Ascended Master Saint Germain. Now, the lifestreams who have been active, before, in those same temples in earlier ages, have volunteered to re-embody. They come from various points on the Earth, in answer to the heart-call of the soul, and they are prepared, again, to magnetize and draw forth some of the etheric perfection which was known in the previous eras.

Many of you have come across the oceans; you have come from faraway places, to this great metropolis, and here you have made your home. You have come because of the opportunity to again magnetize and externalize certain healing currents, to the glory of God and Saint Germain. That opportunity now lies within the palm of your hand. No man or God knows what any other man will do with opportunity, but those of us who are free – when we see opportunities so resting in the hands of frail chelas – send our prayers to the heart of the eternal. We make intercession that you may determine to see manifest and externalized, that portion of the divine plan into which your gracious lifestreams may be woven.

What do you think is required to so draw forth a healing focus of light? It is a good question for those who are deeply interested. Many qualities are required. Mankind seeks surcease from pain, from illness, from disease, and also from death. Mankind is like a sea that no longer has the control of the tide, but rushes ruthlessly toward that which will satisfy the need of the moment. I speak of this because I saw my son having to go out into the Sea of Galilee, to snatch a moment's peace, for an hour's sleep and, in those days, there was not the means of communication, which would allow the entire planet to know what he was doing. Then, it was only the surge of local humanity.

Beloved Ones! For establishing such a mighty healing focus here, you will need INVINCIBLE PROTECTION. Invoke the protection of Lord Michael and his great legions of angels. See them standing around this building, with their swords of flame. This protection will have to be consciously drawn about you and your environment, long before the hour comes when the spiritual hem of your garment performs that first instantaneous healing.

You will need ASCENDED MASTER DISCRIMINATION – the capacity to seal the lips against revealing either the needs or the confidences of those who come for help.

The complete ABSENCE OF SPIRITUAL PRIDE is also an absolute essential to successful accomplishment here, lest you unconsciously betray that which you do in secret behind closed doors, and draw such a surge of energy toward you, a surge that your small numbers and frail strength cannot yet handle.

In order to have such a magnificent activity of cosmic healing, there are also other requisites which are very important. One must be willing to become an absolutely SELF-LESS SERVANT OF THE LORD. This is the great individual surrender which every man makes, within the secret recesses of his own heart, and not in the presence of any other person: the willingness to lay, upon the altar of humanity, every personal satisfaction and pleasure, in order to become as pure and selfless a vessel as possible, and a willingness to endure and stand by, until accomplishment is attained.

Then comes the activity of PERCEPTION – the training of the faculties by which conscious healings take place – the holding of the thoughtform, energizing it by feeling and giving forth the radiation, which enables that healing to be lowered into externalized manifestation.

It takes real DIVINE LOVE and FAITH. It takes the kind of love that beloved Buddha had when first he saw mankind's distresses – those distresses which had been hidden from him by the over-solicitude of his father. It is the love for mankind that will not let you rest, while any among the race know imperfection, distress or limitation. It also takes faith in recognizing that, in its scientific accuracy, THE LAW CANNOT FAIL! One must know, beyond the shadow of the faintest doubt, that the efficacy of that Law is dependent upon the constancy of the application. That application must be held until the condition yields, and the necessary PURITY is drawn to produce and sustain the healing.

This PURITY of which we speak is the purity of mind, that keeps the mental body free from dwelling, in secret (not only

in class time but all during the 24 hours of each day), upon any impure thoughts and feelings. Such impurity would requalify the crystal light substance through which might flow the directed healing current of the immaculate concept of the lifestream. That purity requires nothing for itself, not even recognition or thanksgiving, and is absolutely selfless, in every way. IT LIVES JUST LIKE A BEAM OF LIGHT AND ALLOWS THE INFINITE POWER OF THE FATHER TO RENDER THE SERVICE, THROUGH YOU.

Another requisite to success, along these lines of endeavor, is the POWER OF CONCENTRATION, staying with something until it is fulfilled, consciously. How many of you have the constancy to remain with one application until any one lifestream is completely released and relieved of every distress? Multiply that by 10 billion souls, representing every brother and sister of humanity, and you will know something of the demand of constancy. When no one face is more dear to you than another, when no one countenance draws, from you, more healing than another, but all mankind become your children – that is divine constancy!

Then the INFINITE RHYTHM pours into your application, systematically, through visualization and through calls, until you have the manifestation, NO MATTER HOW LONG IT TAKES! O, watch the rhythm of the sea – its rise and its fall – the rhythm of your seasons, your Spring, Autumn, Winter and Summer, the rhythm of your tide, incoming and outgoing, and the rhythm with which you feed your physical body. Then you will have some understanding of the rhythm of application which is required to enable you become a healing fountain for the masses. Spasmodic feeding of the

energy of your life into spiritual activity does not make for cosmic momentum, children. If mankind were as spasmodic in the feeding of the intellect while they learn the arts, or while they learn the professions, there would be very few who could act with efficacy. However, in spiritual matters, mankind feels that rhythm is so unimportant. IT IS ONE OF THE MOST IMPORTANT ACTIVITIES and it is one reason why I am so grateful for the unbroken rhythm of these four days [of class meetings, Ed.]. It enables me to bring an increase, each day, of the currents and substance of myself into your worlds and, through you, to mankind.

Last, but not least, there is required, the INDESTRUCTIBLE HARMONY AND PEACE maintained among your physical bodies, your mental, emotional and etheric bodies and your Holy Christ Selves. Each individual who becomes a part of a healing group, must have his own bodies in accord, before he becomes a "conductor" of merit. Then, each such member must be in accord with the group director. Then that group, as one, becomes a magnifying power of whatever God-being you invoke. The group becomes a radiating center of those currents, that flow forth into the atmosphere, like the spokes of a wheel. That unbroken harmony, maintained undisturbed, year after year, does draw forth magnificent activities for the blessings of Earth and her people.

Beloved Ones, if you are desirous of specializing in the activity of healing, through the natural affinity of your city and your own lifestreams, PLEASE TAKE IT SERIOUSLY AND ENDEAVOR TO PERFECT YOUR OWN VEHICLES, SO THAT YOU MAY BECOME A GLORIOUS POWER HERE. From this center there can flow forth Light and blessings to all of the race. It

is an opportunity without parallel – one that has drawn me into your presence. It has drawn the attention of Kwan Yin and all of the angelic host, particularly beloved Archangel Uriel and the Angels of Ministration. It has also drawn my beloved Jesus and Lord Maitreya, for all of us desire to use your energies to conduct the blessings of healing to mankind, at large.

At Lourdes, as well as at Fatima, there were visitations, but we were able to say very little, since we dealt with the consciousness of children, who could not grasp the deeper Law, and who were not prepared and ready to understand more than the beauty of the actual, visible presence. Yet, through these visitations, we were able to anchor, into those localities, a sufficient cosmic current, which has remained to this day, and has made possible the healing and the freeing of lifestreams who have been encompassed, for centuries, in limitations of their own making.

It is time, then, that you, who are entrusted with our confidence, with our very presence, and with our instruction, should accept, in the DEEPEST RECESSES OF YOUR FEELING, those currents of energy which we bring with us, AND LEAVE AS A PERMANENT RIVER OF LIVING FORCE. This surges forth from the heart-center of the established “forcefield” and, with a far greater efficacy than the thin stream of energy we have been able to draw forth at the healing shrines. It can be directed into your hospitals and asylums, into your homes, and into the consciousness of your people, everywhere.

If there is one thing in this world I love to do, it is to

make life comfortable. You know, in our activities of healing, through the temples, I always instruct the devas and the brothers and sisters who assist me, to first make the energies of the physical bodies as comfortable as possible. YOU SEE, THE CONSCIOUSNESS IS NOT RECEPTIVE TO HEALING OR TO ANY GRACE OR VIRTUE WHILE THE BODY IS RESENTFUL OR IN DISCOMFORT. Therefore, I would advise you, individually, (particularly when you come to class) to make your bodies as comfortable as possible, but in an alert and positive way – not in lethargy! Then you will receive the blessing that is ours to give.

Please accept the actual currents which flow from my heart, magnifying that particular quality which you chose to charge into your tube of light. This latter suggestion is for those of you who accepted my previous idea of charging your individual tube of light with a specific quality of blessing to mankind, as a Christmas gift to our beloved Jesus. At your call, this can be a sustained gift to your fellowmen.

**PERSEVERANCE**  
**By Beloved Mother Mary**

I have come, primarily, to bring you peace, beloved one; to confirm the Ascended Masters' faith in your Light, to confirm the trust and belief of the Brotherhood in your spiritual integrity and to tell you, each one, that you are precious, beyond words, in the sight of God. This may seem of very little import to the human senses, but the registration of the outer thoughts and feelings of the masses is no measure for that which is God-confirmed.

Beloved children, it is a beautiful thing to look at hearts which I fashioned thirty, forty or fifty years ago, and see them so little changed; in many cases, to see the crystal light having raised the vibratory action of every cell. It is a beautiful thing, when one gives a lovely piece of handiwork to any of God's children and finds it sustained in grace, often burnished by the light and fire of suffering, until it is a more beautiful chalice. One day, when you lay these bodies down, and carry the replica of that heart into the Halls of Karma, it will be lovely to see it with the light shining through, containing, within it, the harvest of your service in all your embodiments. I, for one, am looking forward to that day, with great joy.

YOU MUST PERSEVERE! I know what perseverance means! For long years after Jesus' victory, "persevere" used to be written in the atmosphere. Oftentimes, during a so-called difficult experience, endeavoring to hold the harmony and balance of light, I could see that word. Sometimes it would be written right on the forehead of the individual, whom I

was endeavoring to serve. Sometimes it would be written on a flowing brook, next to which I would sit for a moment, and endeavor to contact the Godhead, to sustain my endeavors. It was written on the great Mediterranean Sea, as we sailed across it, and THAT SENSE OF PERSEVERANCE AND CONSTANCY OF ENDEAVOR, FOR AS LONG AS YOU REMAIN HERE, IS ALL THAT IS REQUIRED.

Beloved children, you are given a great opportunity to serve in this large city [Philadelphia, Ed.] – an opportunity to become a heart-center of healing light, which IF YOU ENDURE, can become planetary, in its radiation. Many opportunities come to mankind from time to time, AND TO THOSE WHO ENDURE UNTO THE END, THERE IS GIVEN THE WHITE GARMENT OF VICTORY!

So, persevere in the name of my son, Jesus the Christ, and you shall know the reward for one who is constant! Thank you and God bless you!

**CONSECRATING YOURSELF**  
**By Beloved Mother Mary**

Kwan Yin and I, the beloved Meta, and the ladies of heaven, have determined to give this understanding to those who choose to accept it. I am hoping that you, who are blessed this morning, may accept my mantle around your shoulders, hold my concept of your perfection in your own consciousness, and choose to dedicate and consecrate your eyes to see perfection.

Where imperfection is, see only opportunity. Let your lips fashion only words that bring confidence, hope and comfort, and never distorted concepts of any part of life. Your ears should hear the signal of the Master, his word, and his message, and should also hear the call of your fellowman. Your hands should bless, should be a grasp of friendship, a pat on the shoulder, a helping hand, through which your life may make it easier for another. Your feet should be consecrated to carrying your body forward to render service to life, and your whole vehicle should be an instrument through which God may further himself.

This is the service of consecration, which we performed in the temple every day, from the time I was three years of age, when my mother, Anne, and Father, Joachim, left me with those who were to guide my spiritual training, until I became ready to enter the greater service with Joseph. I CANNOT ASK THAT YOU CONSECRATE YOUR LIFE – BUT I CAN HOPE THAT YOU WILL.

**AMTF PUBLICATIONS**

Archangel Uriel, referring to the teachings of the Bridge to Freedom, said on May 16, 1954, "Genesis and all of the succeeding Biblical Law is being written again. It is a Bible made up of the energies of the Archangels and the Ascended Masters, that will stand for the rest of the civilizations being brought forth on this planet Earth."

**ASCENDED MASTERS AND THEIR RETREATS**, 448 pp. Compiled from the teachings of the "Bridge to Freedom" by W. Schroeder. Presented in the first part are biographies of 107 Ascended Masters. Details include the tests, trials and initiations they had to undergo during their last embodiment to gain the ascension. The knowledge gained from the personal experiences of these Masters will help the students in successfully passing similar tests and initiations and in gaining their freedom as well. The second part of the books contains many details of 31 Ascended Master Retreats, including those that were active during the historic Transmission Flame Services which greatly helped our planet during critical times.

**THE LAW OF PRECIPITATION**, 256 pp. Compiled by W. Schroeder. How to successfully meet your daily needs. Using a step-by-step method, this book describes, in detail, the necessary building blocks in manifesting your wishes. In addition to describing the theory of precipitation, dozens of examples are given, showing how individuals have used this information to their own advantage. Included are 30 episodes, illustrating how William J. Cassiere, a messenger appointed by Saint Germain, used the laws of precipitation in healing others.

**MAN, HIS ORIGIN, HISTORY AND DESTINY** by W. Schroeder, 368 pp. Using a variety of sources, this title pre-

sents mankind's unrecorded history. Much of this material has not been researched before, and it has not been available to the general public. Written in chronological order, the reader learns of the conditions prevailing during the advent of man on Earth, including his origin, his age, the place where mankind first embodied and the coming of the laggards from other planets, causing the "Fall of Man" on Earth. Fascinating highlights of the Lemurian and Atlantean civilizations are given. Also depicted are accounts of the unchronicled history of Jesus and the oracles of Delphi. Archangel Michael's report of July 17, 1959 on the division of all of mankind. The new criteria is given that will be used in dividing mankind into two separate groups, one of which will find embodiment on a newly-created planet. The significance of this new process for the students of this teaching.

**UNVEILED MYSTERIES**, by Godfre Ray King, 288 pp.  
This book contains Mr. Ballard's first experiences, following his meeting with the Ascended Master Saint Germain on Mount Shasta. We are happy to present to the students a full, unabridged copy of this priceless book, which heralded in the New Age. The new edition contains biographies of the Ascended Masters Saint Germain, Guy Ballard, and David Lloyd. A Chinese translation is also available.

**THE SEVEN MIGHTY ELOHIM SPEAK ON THE SEVEN STEPS TO PRECIPITATION** by Thomas Printz, 304 pp.  
This book contains the unique and historic account of the principles employed in the creation of our planet, by the Builders of the Universe, known as the Seven Elohim. The Elohim explain how these principles may be applied by today's students in their daily affairs. Explanation of chakric centers and how to purify them. Why group activities form a

magnetic field of energy that can be used by the Ascended Host.

**THE INITIATIONS OF THE FIRST RAY, 304 pp.**

Description of the initiations necessary to gain the ascension, with emphasis on mastering the initiation of the God-virtues of the First Ray. The history of the "Bridge to Freedom" Organization from the very beginning all the way to its dissolution, including how the dispensation for the "Bridge to Freedom" was obtained, and the purpose of this endeavor.

The history of the AMTF, including how the teaching of the "Bridge to Freedom" was saved from falling into oblivion. We added the article "The Teaching of the 'Bridge to Freedom' and Other Groups." Here we are emphasizing that none of the persons, considered today as channels, supported the effort of saving the teaching, or republishing and distributing it.

El Morya's trip to the birthplace of Jesus, as one of the Three Wisemen. In the chapter, "The Spiritual Caravan," El Morya extends an invitation to students to join him in a global effort, bringing in the New Golden Age. Why the "Bridge to Freedom" was established and the tasks of the Bridge Builders of today.

**THE INITIATIONS OF THE SEVENTH RAY, 304 pp.** Description of the initiations necessary to gain the ascension, with emphasis on mastering the initiation of the God-virtues of the Seventh Ray. The Law of Karma including the Karma of Omission. The Law of Forgiveness.

How to establish and conduct Ascended Master Teaching Groups. Featured are primal requirements for an efficacious service, and the responsibilities of each group member, in-

cluding its leader. The book is an indispensable aid for those involved in group activities.

Beneficial Radiations (weekly cycle, 2000 year cycle, radiation of the Elohim and other Ascended Beings, the retreats of the Ascended Masters, and the 12 temples around the Sun, also called "the Zodiac"). How to take advantage of these radiations.

**MEMORIES OF BELOVED JESUS AND MOTHER MARY,** 416 pp. These dictations by Jesus and Mother Mary, presented in chronological order, give the reader a complete account of their last embodiment. Many of the events are not given in the Bible, such as early life experiences of Jesus and Mary, Jesus trip to India and details of his ascension. Jesus explains the true purpose of his mission. The reader learns of Mary's journey to Europe, including her travels to Fatima, Lourdes and Glastonbury. Mother Mary explains the Law of Healing and the establishment of healing centers.

**THE ANGELIC KINGDOM,** 448 pp. This new title contains ALL of the dictations by Ascended Beings on the subject of angels, including text from the booklet "Archangel Michael and his Helpers." These dictations allow the reader to get a comprehensive view of the activities of our unselfish, loving, helpers from the Angelic Kingdom. Each of the Archangels radiates one of the virtues of the Godhead, such as protection, illumination, and peace. This book contains personal addresses to the students from members of the Angelic Kingdom, showing them how to use these virtues for achieving their own freedom.

**MANIFESTING VICTORIOUS ACCOMPLISHMENT,** 304 pp. (formerly "I AM Discourses," by the Cosmic Being Mighty Victory). It was Mighty Victory who was able to set

the Occult Law aside. This tall Master from Venus embodies the God-Virtue of Victorious Accomplishment. He has offered to assist students to manifest this God-Quality in their daily affairs.

We added dictations by the Cosmic Being Mighty Victory, given through Geraldine Innocente. These dictations complement the discourses previously given through Mr. Ballard, demonstrating that all of these published dictations came from the Great White Brotherhood, as presented through their accredited messengers.

**21 ESSENTIAL LESSONS** by W. Schroeder, in 2 Volumes. These graded instructions contain a summary of the teaching and all information necessary, if applied, to make the ascension in this embodiment. They are written in an easy-to-understand manner. A must for both group leaders and dedicated students, who study alone.

**Volume 1**, 336 pp. It contains the basic concepts of the teaching, such as the I AM Presence, the Violet Flame, the Protective Pillar of Light, the Law of Karma and why and how we should decree. It also describes the functions of the elemental and angelic kingdoms.

Descriptions of the God-virtues of the Seven Rays and how to attune to Ascended Masters, Elohim and Archangels.

**Volume 2** (320 pp.) is intended for those students who wish to become chelas of the Ascended Masters. It describes the functions of the Hierarchy (Governing Board) of the Earth, how their messengers to mankind are selected and group activity. It is also explained how a chela may achieve the ascension, by successfully completing the various initiations and by performing the required service to God and to mankind.

**ELECTRONS, THE BUILDING BLOCKS OF THE UNIVERSE, AND THE ELEMENTAL KINGDOM**, 320 pp. 101 dictations explaining the origin and function of electrons as well as their relationship to individual life. Explains energy and vibration. Dictations by the Directors of the Kingdom of Nature (earth, air, water, fire). The chapter on elementals explains the different types of elementals and their function in the kingdom of nature. These details lead to a better understanding of elementals such as sylphs, undines, gnomes and salamanders. Causes of catastrophes and how to mitigate them.

**SONGS AND DECREES**, 80 pp. For personal application and group work.

**DAILY MEDITATIONS**, 48 pp. These meditations make use of the prevailing radiation of each day of the week. This knowledge and application accelerates the spiritual progress of the student and blesses the location as well.

**TEACHINGS FOR THE NEW GOLDEN AGE**, 288 pp. Compiled by W. Schroeder. Presented in this publication is a series of addresses by the Ascended Master Kuthumi, present World Teacher. Students will welcome the opportunity of becoming acquainted with messages that are vital in bringing in a new Golden Age. The study and application of this material will enable students to become teachers, themselves, thus assisting the Ascended Host in implementing their plans.

**MOTHER MARY'S ASSISTANCE TODAY**, W. Schroeder, 352 pp. Mother Mary describes, in great detail, the cycle of life, death and re-embodiment, including the experiences after so-called death. This detailed information has never been published, by anyone. Experiences after death include: meeting family members, judgment before the Karmic Board,

assignment by the Karmic Board to Temples of Learning (in preparation for re-embodiment), Mother Mary's assistance and her service at the Temple of the Sacred Heart, the selection process for embodiment, creation of the pattern for a future physical body, preparation and schooling for new embodiment and how parents are selected. Explains how to maintain perfect health. Learn about the "Fountain of Youth," how individuals can have a longer life-span and steps everyone can take to have perfectly-born and healthy children.

**BRIDGE TO FREEDOM JOURNAL.** These original dictations of the Ascended Masters were published in the monthly magazine of the "Bridge to Freedom" Activity. **These messages are the very core of the teaching** and cannot be found in any other book. They are a practical guide, leading to spiritual development and a better understanding of the activities of the Ascended Ones.

Book 1: 4/1952–3/54; Book 2: 4/1954–3/1956; Book 3: 4/1956–11/1957; Book 4: 12/57–7/59; Book 5: 8/59–6/1961. All in soft cover. Books vary from 368 to 500 pp.

**DICTATIONS**, 99 Dictations by the Ascended Host. 448 pp. The dictations give actual reports of the meetings of the Karmic Board, how to develop discrimination, Kuthumi's Mystic Mantle and the Masters' efforts in the 19th century through Helen Blavatsky.

**BRIDGE TO FREEDOM BULLETINS**, Original dictations of the Masters of Wisdom, published on a weekly basis, approx. 560 pp. each.

Book 1: 4/1952 - 3/1957; Book 2: 4/1957 - 6/1961.

For a free booklist of all AMTF-Publications, incl. lectures on CD's and prices, please write to AMTF, P.O. Box 466, Mt. Shasta, CA 96067, or search the Internet at: [www.ascendedmaster.org](http://www.ascendedmaster.org)







P347 blank



P352 end